

NETWORK RAIL  
Anglia

Forward Look Ahead (FWLA)  
April 2026 to September 2026 – Weeks 2 to 26  
Section 5 - Midweek Night Possession Plan Summary

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## ANGLIA ROUTE

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160	Liverpool Street Weeknight Strategy - Monday Night Part 1: Suburban  Liverpool Street  Liverpool Street and Cambridge Heath	03, 04, 05, 06, 07, 09, 10, 11, 12, 13, 15, 16, 17, 18, 19, 21, 22, 23, 24, 25  Platforms 1-4 POSSESSION 0040 to 0505 Tue  Down and Up Suburban POSSESSION 0040 to 0505 Tue	WA SERVICES TO TRAVEL OVER THE DOWN AND UP FAST BETWEEN HACKNEY DOWNS L/END JN AND BETHNAL GREEN EAST JN FROM 0040 TO 0125 TUE  NO TRAINS TO BE STABLED IN PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0040 TO 0505 TUE TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 13-17 AT LIVERPOOL STREET FROM 0110 TO 0450 TUE TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 5-12 AT LIVERPOOL STREET FROM 0125 TO 0425 TUE

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Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160	Liverpool Street Weeknight Strategy - Monday Night: (GE-3 WEEKS)	06, 12, 18, 24	WA SERVICES TO TRAVEL OVER THE DOWN AND UP FAST BETWEEN HACKNEY DOWNS L/END JN AND BETHNAL GREEN EAST JN FROM 0040 TO 0125 AND 0425 TO 0505 TUE GE/WA SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN PLATFORMS 5- 12 AT LIVERPOOL STREET AND BOW JN FROM 0110 TO 0125 AND 0425 TO 0450 TUE
	Liverpool Street	Platforms 13-17 POSSESSION 0110 to 0450 Tue	
	Liverpool Street and Bow Jn	Down and Up Electric POSSESSION 0110 to 0450 Tue	TOCS TO BID FOR LINE CHANGES ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI- DIRECTIONAL LINE
	Liverpool Street	Platforms 5-12 POSSESSION 0125 to 0425 Tue	
	Liverpool Street and Bow Jn	Down and Up Main POSSESSION 0125 to 0425 Tue	NO TRAINS TO BE STABLED IN PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0040 TO 0505 TUE
	Bethnal Green East Jn and Cambridge Heath	Down and Up Fast POSSESSION 0125 to 0425 Tue	TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 13-17 AT LIVERPOOL STREET FROM 0110 TO 0450 TUE TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 5-12 AT LIVERPOOL STREET FROM 0125 TO 0425 TUE
			ANY ISOLATION OF PLATFORMS 5-17 AT LIVERPOOL STREET TO BE GIVEN UP AT 0405 TUE

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**ANGLIA ROUTE – continued**

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160 EA1400 XR001	Liverpool Street Weeknight Strategy - Monday Night Part 2: Electrics and Mains Lines (BASE WEEKS)	03, 05, 07, 09, 11, 13, 15, 17, 19, 21, 23, 25	WA SERVICES TO TRAVEL OVER THE DOWN AND UP FAST BETWEEN HACKNEY DOWNS L/END JN TO BETHNAL GREEN EAST JN FROM 0040 TO 0125 TUE  GE/WA SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN PLATFORMS 5-12 AT LIVERPOOL STREET TO FOREST GATE JN 0110 TO 0125 AND 0425 TO 0450 TUE  TOCS TO BID FOR LINE CHANGES ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI-DIRECTIONAL LINE  NO TRAINS TO BE STABLED IN PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0040 TO 0505 TUE TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 13-17 AT LIVERPOOL STREET FROM 0110 TO 0450 TUE TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 5-12 AT LIVERPOOL STREET FROM 0125 TO 0425 TUE  ISOLATION OF PLATFORMS 5-17 TO BE GIVEN UP AT 0405 TUE IF REQUIRED
	Liverpool Street	Platforms 13-17 POSSESSION 0110 to 0450 Tue	
	Liverpool Street and Forest Gate Jn	Down and Up Electric POSSESSION 0110 to 0450 Tue	
	Bow Jn and Gas Factory Jn	Up Stratford Down POSSESSION 0110 to 0450 Tue	
	Pudding Mill Lane	CRL Eastbound/CRL Westbound POSSESSION 0110 to 0450 Tue	
	Liverpool Street	Platforms 5-12 POSSESSION 0125 to 0425 Tue	
	Liverpool Street and Stratford	Down and Up Main POSSESSION 0125 to 0425 Tue	
	Bethnal Green East Jn and Cambridge Heath	Down and Up Fast POSSESSION 0125 to 0425 Tue	
	Bow Jn and Bow Midland	Down Temple Mills POSSESSION 0125 to 0425 Tue	
Stratford Central Jn West and Bow Jn	Up Temple Mills POSSESSION 0125 to 0425 Tue		

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**ANGLIA ROUTE – continued**

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160 EA1400 XR001	Liverpool Street Weeknight Strategy - Monday Night Part 2: Electrics and Mains Lines (WA-B WEEKS)	04, 10, 16, 22	WA SERVICES TO TRAVEL OVER THE DOWN AND UP FAST BETWEEN HACKNEY DOWNS L/END JN TO BETHNAL GREEN EAST JN FROM 0040 TO 0125 TUE  GE/WA SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN PLATFORMS 5-12 AT LIVERPOOL STREET TO FOREST GATE JN FROM 0110 TO 0125 AND 0425 TO 0450 TUE  TOCS TO BID FOR LINE CHANGES ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI-DIRECTIONAL LINE  NO TRAINS TO BE STABLED IN PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0040 TO 0505 TUE TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 13-17 AT LIVERPOOL STREET FROM 0110 TO 0450 TUE TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 5-12 AT LIVERPOOL STREET FROM 0125 TO 0425 TUE  ISOLATION OF PLATFORMS 5-17 TO BE GIVEN UP AT 0405 TUE IF REQUIRED
	Liverpool Street	Platforms 13-17 POSSESSION 0110 to 0450 Tue	
	Liverpool Street and Forest Gate Jn	Down and Up Electric POSSESSION 0110 to 0450 Tue	
	Bow Jn and Gas Factory Jn	Up Stratford Down POSSESSION 0110 to 0450 Tue	
	Pudding Mill Lane	CRL Eastbound/CRL Westbound POSSESSION 0110 to 0450 Tue	
	Liverpool Street	Platforms 5-12 POSSESSION 0125 to 0425 Tue	
	Liverpool Street and Stratford	Down and Up Main POSSESSION 0125 to 0425 Tue	
	Bethnal Green East Jn and Cambridge Heath	Down and Up Fast POSSESSION 0125 to 0425 Tue	
	Bow Jn and Bow Midland	Down Temple Mills POSSESSION 0125 to 0425 Tue	
Stratford Central Jn West and Bow Jn	Up Temple Mills POSSESSION 0125 to 0425 Tue		

**ANGLIA ROUTE – continued**

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160	Liverpool Street Weeknight Strategy - Tuesday Night: (GE-3 WEEKS)	06, 12, 18, 24	GA ECS TO/FROM ORIENT WAY TO RUN VIA HACKNEY DOWNS AND TOTTENHAM HALE (REV) WA SERVICES TO TRAVEL OVER THE DOWN AND UP FAST BETWEEN HACKNEY DOWNS L/END JN AND BETHNAL GREEN EAST JN FROM 0040 TO 0125 AND 0430 TO 0455 WED  TOCS TO BID FOR LINE CHANGES ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI- DIRECTIONAL LINE  NO TRAINS TO BE STABLED IN PLATFORMS 1- 10 AT LIVERPOOL STREET FROM 0040 TO 0455 WED TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 11-17 AT LIVERPOOL STREET FROM 0125 TO 0430 WED  ANY ISOLATION OF PLATFORMS 11-17 AT LIVERPOOL STREET TO BE GIVEN UP AT 0405 WED
	Liverpool Street	Platforms 1-10 POSSESSION 0040 to 0455 Wed	
	Liverpool Street and Cambridge Heath	Down and Up Suburban POSSESSION 0040 to 0455 Wed	
	Liverpool Street	Platforms 11-12 POSSESSION 0125 to 0430 Wed	
	Liverpool Street and Bow Jn	Down and Up Main POSSESSION 0125 to 0430 Wed	
	Bethnal Green East Jn and Cambridge Heath	Down and Up Fast POSSESSION 0125 to 0430 Wed	
	Liverpool Street	Platforms 13-17 POSSESSION 0125 to 0430 Wed	
	Liverpool Street and Bow Jn	Down and Up Electric POSSESSION 0125 to 0430 Wed	

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EA1010 EA1160 EA1400 XR001	Liverpool Street Weeknight Strategy - Tuesday Night: (BASE WEEKS)	03, 05, 07, 09, 11, 13, 15, 17, 19, 21, 23, 25	WA SERVICES TO TRAVEL OVER THE DOWN AND UP FAST BETWEEN HACKNEY DOWNS L/END JN TO BETHNAL GREEN EAST JN FROM 0040 TO 0110 WED
	Liverpool Street	Platforms 1-10 POSSESSION 0040 to 0455 Wed	GE SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN PLATFORMS 13-17 AT LIVERPOOL STREET TO BOW JN FROM 0110 TO 0125 AND 0430 TO 0455 WED
	Liverpool Street and Cambridge Heath	Down and Up Suburban POSSESSION 0040 to 0455 Wed	STANSTED AIRPORT SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN PLATFORMS 13-17 AT LIVERPOOL STREET AND BOW JN, AND VIA PLATFORMS 11-12 AT STRATFORD FROM 0430 TO 0455 WED
	Liverpool Street	Platforms 11-12 POSSESSION 0110 to 0455 Wed	TOCS TO BID FOR LINE CHANGES ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI-DIRECTIONAL LINE
	Liverpool Street and Bow Jn	Down and Up Main POSSESSION 0110 to 0455 Wed	NO TRAINS TO BE STABLED IN PLATFORMS 1-10 AT LIVERPOOL STREET FROM 0040 TO 0455 WED TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 11-12 AT LIVERPOOL STREET FROM 0110 TO 0455 WED
	Bethnal Green East Jn and Cambridge Heath	Down and Up Fast POSSESSION 0110 to 0455 Wed	TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 13-17 AT LIVERPOOL STREET FROM 0125 TO 0430 WED
	Bow Jn and Bow Midland	Down and Up Temple Mills POSSESSION 0110 to 0455 Wed	ISOLATION OF PLATFORMS 11-17 TO BE GIVEN UP AT 0405 WED IF REQUIRED
	Liverpool Street	Platforms 13-17 POSSESSION 0125 to 0430 Wed	
	Liverpool Street and Maryland East Crossovers	Down and Up Electric POSSESSION 0125 to 0430 Wed	
	Bow Jn and Gas Factory Jn	Up Stratford Down POSSESSION 0125 to 0430 Wed	
	Pudding Mill Lane	CRL Eastbound/CRL Westbound POSSESSION 0125 to 0430 Wed	

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**ANGLIA ROUTE – continued**

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160 EA1400 XR001	Liverpool Street Weeknight Strategy - Tuesday Night: (WA-B WEEKS)	04, 10, 16, 22	WA SERVICES TO TRAVEL OVER THE DOWN AND UP FAST BETWEEN HACKNEY DOWNS L/END JN AND BETHNAL GREEN EAST JN FROM 0040 TO 0110 WED
	Liverpool Street	Platforms 1-10 POSSESSION 0040 to 0455 Wed	
	Liverpool Street and Cambridge Heath	Down and Up Suburban POSSESSION 0040 to 0455 Wed	GE SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN PLATFORMS 13- 17 AT LIVERPOOL STREET AND BOW JN FROM 0110 TO 0125 AND 0430 TO 0455 WED
	Liverpool Street	Platforms 11-12 POSSESSION 0110 to 0455 Wed	STANSTED AIRPORT SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN PLATFORMS AT 13-17 LIVERPOOL STREET AND BOW JN, AND VIA PLATFORMS 11-12 AT STRATFORD FROM 0430 TO 0455 WED
	Liverpool Street and Bow Jn	Down and Up Main POSSESSION 0110 to 0455 Wed	
	Bethnal Green East Jn and Cambridge Heath	Down and Up Fast POSSESSION 0110 to 0455 Wed	TOCS TO BID FOR LINE CHANGES ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI- DIRECTIONAL LINE
	Bow Jn and Bow Midland	Down and Up Temple Mills POSSESSION 0110 to 0455 Wed	NO TRAINS TO BE STABLED IN PLATFORMS 1- 10 AT LIVERPOOL STREET FROM 0040 TO 0455 WED
	Liverpool Street	Platforms 13-17 POSSESSION 0125 to 0430 Wed	TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 11-12 AT LIVERPOOL STREET FROM 0110 TO 0455 WED
	Liverpool Street and Maryland East Crossovers	Down and Up Electric POSSESSION 0125 to 0430 Wed	TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 13-17 AT LIVERPOOL STREET FROM 0125 TO 0430 WED
	Bow Jn and Gas Factory Jn	Up Stratford Down POSSESSION 0125 to 0430 Wed	ISOLATION OF PLATFORMS 11-17 TO BE GIVEN UP AT 0405 WED IF REQUIRED
	Pudding Mill Lane	CRL Eastbound/CRL Westbound POSSESSION 0125 to 0430 Wed	

**ANGLIA ROUTE – continued**

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160 EA1400 XR001	Liverpool Street Weeknight Strategy - Wednesday Night: (BASE WEEKS)	03, 05, 07, 09, 11, 13, 15, 17, 19, 21, 23, 25	GE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN PLATFORMS 5-12 AT LIVERPOOL STREET AND MARYLAND EAST CROSSOVERS FROM 0005 TO 0045 THU GE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN PLATFORMS 5-12 AT LIVERPOOL STREET AND FOREST GATE JN FROM 0045 TO 0110 AND 0430 TO 0450 THU WA SERVICES TO TRAVEL OVER THE DOWN AND UP SUBURBAN BETWEEN HACKNEY DOWNS NORTH JN AND PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0110 TO 0125 THU
	Liverpool Street	Platforms 13-17 POSSESSION 0005 to 0450 Thu	
	Liverpool Street and Pudding Mill Lane	Down and Up Electric POSSESSION 0005 to 0045 Thu	
	Bow Jn and Gas Factory Jn	Up Stratford Down POSSESSION 0005 to 0450 Thu	
	Liverpool Street and Forest Gate Jn	Down and Up Electric POSSESSION 0045 to 0450 Thu	
	Pudding Mill Lane	CRL Eastbound/CRL Westbound POSSESSION 0045 to 0450 Thu	ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI-DIRECTIONAL LINE
	Liverpool Street	Platforms 5-12 POSSESSION 0110 to 0430 Thu	TOCS TO BID FOR LINE CHANGES
	Liverpool Street and Stratford	Down and Up Main POSSESSION 0110 to 0430 Thu	ACCESS AVAILABLE TO/FROM CENTRAL OPERATING SECTION UNTIL 0045 THU
	Bethnal Green East Jn and Cambridge Heath	Down and Up Fast POSSESSION 0110 to 0430 Thu	NO TRAINS TO BE STABLED IN PLATFORMS 13-17 AT LIVERPOOL STREET FROM 0005 TO 0450 THU
	Bow Jn and Bow Midland	Down Temple Mills POSSESSION 0110 to 0430 Thu	TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 5-12 AT LIVERPOOL STREET FROM 0110 TO 0430 THU
	Stratford Central Jn West and Bow Jn	Up Temple Mills POSSESSION 0110 to 0430 Thu	TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0125 TO 0430 THU
	Liverpool Street	Platforms 1-4 POSSESSION 0125 to 0430 Thu	
	Liverpool Street and Cambridge Heath	Down and Up Suburban POSSESSION 0125 to 0430 Thu	ISOLATION OF PLATFORMS 1-12 TO BE GIVEN UP AT 0400 THU IF REQUIRED

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Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160 EA1400 XR001	Liverpool Street Weeknight Strategy - Wednesday Night: (WA-B Weeks)	04, 10, 16, 22 and Monday to Thursday nights in (WA-D Weeks) 02, 08, 14, 20, 26	GE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN PLATFORMS 5-12 AT LIVERPOOL STREET AND MARYLAND EAST CROSSOVERS FROM 0005 TO 0045 THU GE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN PLATFORMS 5-12 AT LIVERPOOL STREET AND FOREST GATE JN FROM 0045 TO 0110 AND 0430 TO 0450 THU WA SERVICES TO TRAVEL OVER THE DOWN AND UP SUBURBAN BETWEEN HACKNEY DOWNS NORTH JN AND PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0110 TO 0125 THU
	Liverpool Street	Platforms 13-17 POSSESSION 0005 to 0450 Thu	
	Liverpool Street and Pudding Mill Lane	Down and Up Electric POSSESSION 0005 to 0045 Thu	
	Bow Jn and Gas Factory Jn	Up Stratford Down POSSESSION 0005 to 0450 Thu	ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI-DIRECTIONAL LINE
	Liverpool Street and Forest Gate Jn <sup>1</sup>	Down and Up Electric POSSESSION 0045 to 0450 Thu	TOCS TO BID FOR LINE CHANGES ACCESS AVAILABLE TO/FROM CENTRAL OPERATING SECTION UNTIL 0045 THU
	Pudding Mill Lane	CRL Eastbound/CRL Westbound POSSESSION 0045 to 0450 Thu	
	Liverpool Street	Platforms 5-12 POSSESSION <sup>3</sup> 0110 to 0430 Thu	NO TRAINS TO BE STABLED IN PLATFORMS 13-17 AT LIVERPOOL STREET FROM 0005 TO 0450 THU
	Liverpool Street and Stratford	Down and Up Main POSSESSION <sup>3</sup> 0110 to 0430 Thu	TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 5-12 AT LIVERPOOL STREET FROM 0110 TO 0430 THU
	Bethnal Green East Jn and Cambridge Heath	Down and Up Fast POSSESSION <sup>3</sup> 0110 to 0430 Thu	TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0125 TO 0430 THU ISOLATION OF PLATFORMS 1-12 TO BE GIVEN UP AT 0400 THU IF REQUIRED
	Bow Jn and Bow Midland	Down Temple Mills POSSESSION <sup>3</sup> 0110 to 0430 Thu	<sup>1</sup> Possession to be to Maryland East Crossovers on the Tuesday and Thursday nights in Weeks 02, 08, 14, 20, 26
	Stratford Central Jn West and Bow Jn	Up Temple Mills POSSESSION <sup>3</sup> 0110 to 0430 Thu	<sup>2</sup> Platforms 1-4 and Down and Up Suburban to finish at 0425 Tue- Thu and 0335 Fri in Weeks 02, 08, 14, 20, 26 (unit to form 1B98 to stable overnight at Liverpool Street)
	Liverpool Street	Platforms 1-4 POSSESSION <sup>2</sup> 0125 to 0430 Thu	<sup>3</sup> Platforms 5-12, Down and Up Main/Fast/Temple Mills to finish at 0425 Tue-Thu and 0400 Fri in Weeks 02, 08, 14, 20, 26
	Liverpool Street and Cambridge Heath	Down and Up Suburban POSSESSION <sup>2</sup> 0125 to 0430 Thu	

**ANGLIA ROUTE – continued**

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160	Liverpool Street Weeknight Strategy - Wednesday Night: (GE-3 WEEKS)	06, 12, 18, 24	GE SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN PLATFORMS 13- 17 AT LIVERPOOL STREET TO ILFORD DEPOT L/END FROM 0055 TO 0110 AND 0430 TO 0450 THU
	Liverpool Street	Platforms 5-12 POSSESSION 0055 to 0450 Thu	WA SERVICES TO TRAVEL OVER THE DOWN AND UP SUBURBAN BETWEEN HACKNEY DOWNS NORTH JN AND PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0055 TO 0125 AND 0430 TO 0450 THU
	Liverpool Street and Bow Jn	Down and Up Main POSSESSION 0055 to 0450 Thu	ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI- DIRECTIONAL LINE
	Bethnal Green East Jn and Bethnal Green North Jn	Down and Up Fast POSSESSION 0055 to 0450 Thu	TOCS TO BID FOR LINE CHANGES
	Liverpool Street	Platforms 1-4 POSSESSION 0125 to 0430 Thu	TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 5-12 AT LIVERPOOL STREET FROM 0055 TO 0450 THU
	Liverpool Street and Bethnal Green North Jn	Down and Up Suburban POSSESSION 0125 to 0430 Thu	NO TRAINS TO BE STABLED IN PLATFORMS 13- 17 AT LIVERPOOL STREET WITH THE EXCEPTION OF STOCK TO FORM 1K50 AND 2W02, WHICH IS TO BE STABLED IN ANY OF PLATFORMS 13-17 AT LIVERPOOL STREET FROM 0125 TO 0430 THU IN WEEKS 37, 43, 49, 03, 09, 15, 21, 27, 33 ICW GE-3A
	Liverpool Street	Platforms 13-17 POSSESSION 0125 to 0430 Thu	TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0125 TO 0430 THU
	Liverpool Street and Bow Jn	Down and Up Electric POSSESSION 0125 to 0430 Thu	ANY ISOLATION OF PLATFORMS 1-12 AT LIVERPOOL STREET TO BE GIVEN UP AT 0400 THU

**ANGLIA ROUTE – continued**

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160	Liverpool Street Weeknight Strategy - Thursday Night: (GE-3 WEEKS)	06, 12, 18, 24	GE SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN PLATFORMS 13- 17 AT LIVERPOOL STREET TO ILFORD DEPOT L/END FROM 0030 TO 0105 AND 0430 TO 0500 FRI
	Liverpool Street	Platforms 5-12 POSSESSION 0030 to 0500 Fri	WA SERVICES TO TRAVEL OVER THE DOWN AND UP SUBURBAN BETWEEN HACKNEY DOWNS NORTH JN AND PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0030 TO 0125 AND 0315 TO 0500 FRI
	Liverpool Street and Bow Jn	Down and Up Main POSSESSION 0030 to 0500 Fri	ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI- DIRECTIONAL LINE
	Bethnal Green East Jn and Cambridge Heath	Down and Up Fast POSSESSION 0030 to 0500 Fri	TOCS TO BID FOR LINE CHANGES
	Liverpool Street	Platforms 13-17 POSSESSION 0105 to 0430 Fri	NO TRAINS TO BE STABLED IN PLATFORMS 5- 12 AT LIVERPOOL STREET FROM 0030 TO 0500 FRI
	Liverpool Street and Bow Jn	Down and Up Electric POSSESSION 0105 to 0430 Fri	TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 13-17 AT LIVERPOOL STREET FROM 0105 TO 0430 FRI
	Liverpool Street	Platforms 1-4 POSSESSION 0125 to 0315 Fri	TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0125 TO 0315 FRI
	Liverpool Street and Bethnal Green North Jn	Down and Up Suburban POSSESSION 0125 to 0315 Fri	ANY ISOLATION OF PLATFORMS 13-17 AT LIVERPOOL STREET TO BE GIVEN UP AT 0405 FRI. NO ISOLATION TO AFFECT PLATFORMS 1- 4 AT LIVERPOOL STREET

**ANGLIA ROUTE – continued**

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160 EA1400 XR001	Liverpool Street Weeknight Strategy - Thursday Night: (BASE WEEKS)	03, 04 <sup>1</sup> , 05, 07, 09, 10 <sup>1</sup> , 11, 13, 15, 16 <sup>1</sup> , 17, 19, 21, 22 <sup>1</sup> , 23, 25	GE SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN PLATFORMS 13-17 AT LIVERPOOL STREET AND FOREST GATE JN FROM 0030 TO 0105 FRI AND 0430 TO 0500 FRI
	Liverpool Street	Platforms 5-12 POSSESSION 0030 to 0500 Fri	
	Liverpool Street and Stratford	Down and Up Main POSSESSION 0030 to 0500 Fri	WA SERVICES TO TRAVEL OVER THE DOWN AND UP SUBURBAN BETWEEN HACKNEY DOWNS NORTH JN (BETHNAL GREEN NORTH JN IN WEEKS 43, 49, 03, 09, 15, 21, 27 AND 33 IN CONJUNCTION WITH THE WA CYCLIC TYPE B) AND PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0030 TO 0125 FRI AND 0315 TO 0500 FRI
	Bethnal Green East Jn and Cambridge Heath*	Down and Up Fast POSSESSION 0030 to 0500 Fri	
	Bow Jn and Bow Midland	Down Temple Mills POSSESSION 0030 to 0500 Fri	TOCS TO BID FOR LINE CHANGES ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI-DIRECTIONAL LINE
	Stratford Central Jn West and Bow Jn	Up Temple Mills POSSESSION 0030 to 0500 Fri	
	Liverpool Street	Platforms 13-17 POSSESSION 0105 to 0430 Fri	NO TRAINS TO BE STABLED IN PLATFORMS 5-12 AT LIVERPOOL STREET FROM 0030 TO 0500 FRI
	Liverpool Street and Maryland East Crossovers	Down and Up Electric POSSESSION 0105 to 0430 Fri	TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 13-17 AT LIVERPOOL STREET FROM 0105 TO 0430 FRI
	Bow Jn and Gas Factory Jn	Up Stratford Down POSSESSION 0105 to 0430 Fri	TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0125 TO 0315 FRI
	Pudding Mill Lane	CRL Eastbound/CRL Westbound POSSESSION 0105 to 0430 Fri	ISOLATION OF PLATFORMS 13-17 TO BE GIVEN UP AT 0405 FRI IF REQUIRED / NO ISOLATION TO AFFECT PLATFORMS 1-4 AT LIVERPOOL STREET
	Liverpool Street	Platforms 1-4 POSSESSION 0125 to 0315 Fri	
	Liverpool Street and Bethnal Green North Jn	Down and Up Suburban POSSESSION 0125 to 0315 Fri	* Possession to be to Bethnal Green North Jn exc on the Thu night of Weeks 04, 10, 16, 22 (WA-B Weeks)

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EA1010 EA1160 EA1400 XR001*	Liverpool Street Weeknight Strategy - Friday Night: (BASE WEEKS)	02, 03 <sup>1</sup> , 04, 05 <sup>1</sup> , 06, 07 <sup>1</sup> , 08, 09 <sup>1</sup> , 10, 11 <sup>1</sup> , 12, 13 <sup>1</sup> , 14, 15 <sup>1</sup> , 16, 17 <sup>1</sup> , 18, 19 <sup>1</sup> , 20, 21 <sup>1</sup> , 22, 23 <sup>1</sup> , 24, 25 <sup>1</sup> , 26	WA SERVICES TO TRAVEL OVER THE DOWN AND UP SUBURBAN BETWEEN HACKNEY DOWNS NORTH JN AND PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0110 TO 0430 SAT
	Liverpool Street	Platforms 5-12 POSSESSION 0110 to 0430 Sat	TOCS TO BID FOR LINE CHANGES
	Liverpool Street and Bow Jn	Down and Up Main POSSESSION 0110 to 0430 Sat	NO TRAINS TO BE STABLED IN PLATFORMS 11-17 AT LIVERPOOL STREET FROM 0110 TO 0430 SAT TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 5-10 AT LIVERPOOL STREET FROM 0110 TO 0430 SAT
	Liverpool Street	Platforms 13-17 POSSESSION 0110 to 0430 Sat	
	Liverpool Street and Forest Gate Jn/ Pudding Mill Lane <sup>1</sup>	Down and Up Electric POSSESSION 0110 to 0430 Sat	<sup>1</sup> Possession to be to Pudding Mill Lane Jn to allow for RfL infrastrure monitoring vehicle (IMV) to run to Stratford ex COS and return (PUDDING MILL LANE)
	Bethnal Green East Jn and Cambridge Heath	Down and Up Fast POSSESSION 0110 to 0430 Sat	
	Bow Jn	Up Stratford Down POSSESSION 0110 to 0430 Sat	
	Pudding Mill Lane <sup>1</sup>	CRL Eastbound/CRL Westbound POSSESSION 0110 to 0430 Sat	

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EA1010	GE 4 Track Strategy (Monday Night Base South)  Forest Gate Jn and Ilford Depot L/End Jn  Manor Park and Ilford L/End  Ilford L/End and Forest Gate Jn	02, 03, 04, 05, 07, 08, 09, 10, 11, 13, 14, 15, 16, 17, 19, 20, 21, 22, 23, 25, 26  Down and Up Electric POSSESSION 0010 to 0425 Tue  Down Passenger Avoiding POSSESSION 0010 to 0425 Tue  Up Passenger Avoiding POSSESSION 0010 to 0425 Tue	ELECTRIC LINE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN STRATFORD C/END JN AND ILFORD DEPOT L/END JN  SERVICES TO/FROM THAMESIDE TO TRAVEL OVER THE ELECTRIC LINES TO/FROM FOREST GATE JN  ACCESS AVAILABLE TO/FROM ILFORD DEPOT AT THE L/END JN

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**ANGLIA ROUTE – continued**

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EA1010 EA1011 EA1050	GE 4 Track Strategy (Monday Night Base North)  Seven Kings and Romford L/End Jn  Chadwell Heath  Ilford Depot L/End Jn and Shenfield C/End  Gidea Park  Shenfield  Shenfield C/End and Mountnessing Jn  Ilford Depot <sup>1</sup>	02, 03 <sup>1</sup> , 04, 05 <sup>1</sup> , 07 <sup>1</sup> , 08, 09 <sup>1</sup> , 10, 11 <sup>1</sup> , 13 <sup>1</sup> , 14, 15 <sup>1</sup> , 16, 17 <sup>1</sup> , 19 <sup>1</sup> , 20, 21 <sup>1</sup> , 22, 23 <sup>1</sup> , 25 <sup>1</sup> , 26  Down and Up Electric POSSESSION 0025 to 0130 Tue  Turnback Line POSSESSION 0025 to 0500 Tue  Down and Up Electric POSSESSION 0130 to 0500 Tue  Stabling Lines 1-4 POSSESSION 0130 to 0500 Tue  Turnback Line POSSESSION 0130 to 0500 Tue  Platforms 4-6/Bay Line POSSESSION 0130 to 0500 TUE  Stabling Sidings 1-3 SIDINGS POSSESSION 0130 to 0500 TUE  Southend Loop POSSESSION 0130 to 0500 TUE  Inlet/Outlet Road/Siding Spur LINE BLOCKAGE 0130 to 0500 TUE	ELECTRIC LINE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN STRATFORD C/END JN AND ROMFORD FROM 0025 TO 0130 TUE ELECTRIC LINE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN STRATFORD C/END JN AND SHENFIELD FROM 0130 TO 0500 TUE SOUTHEND LINE SERVICES TO TRAVEL OVER THE DOWN AND UP SOUTHEND LINES BETWEEN SHENFIELD AND MOUNTNESSING JN BETWEEN 0430 AND 0500 TUE  ACCESS AVAILABLE TO/FROM ILFORD DEPOT AT L/END JN ONLY FROM 0130 TUE NO ACCESS AVAILABLE TO/FROM GIDEA PARK STABLING LINES FROM 0130 TO 0500 TUE  MTREL TO STABLE TRAINS IN PLATFORM 1 AND THE UP PASSENGER LOOP AT SHENFIELD MTREL TO STABLE ONE UNIT AT LIVERPOOL STREET  <sup>1</sup> Ilford Depot Inlet/Outlet Road/Siding Spur in Patrol North Weeks

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EA1010 EA1011	GE 4 Track Strategy (Tuesday Night Base South)  Maryland East Crossovers and Romford L/End Jn  Manor Park and Ilford L/End  Ilford L/End and Forest Gate Jn	02, 03, 04, 05, 07, 08, 09, 10, 11, 13, 14, 15, 16, 17, 19, 20, 21, 22, 23, 25, 26  Down and Up Main POSSESSION 0035 to 0505 Wed  Down Passenger Avoiding POSSESSION 0035 to 0505 Wed  Up Passenger Avoiding POSSESSION 0035 to 0505 Wed	MAIN LINE SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN MARYLAND EAST CROSSOVERS AND GIDEA PARK C/END JN  ACCESS AVAILABLE TO/FROM ROMFORD SIDINGS

**ANGLIA ROUTE – continued**

<b>Route</b>	<b>At or Between</b>	<b>Week Numbers</b>	<b>Traffic Remarks</b>
EA1011 EA1040 EA1050	GE 4 Track Strategy (Tuesday Night Base North)  Romford L/End Jn and Shenfield Jn  Romford and Upminster  Shenfield Jn and Mountnessing Jn  Shenfield	02, 03, 04, 05, 07, 08, 09, 10, 11, 13, 14, 15, 16, 17, 19, 20, 21, 22, 23, 25, 26  Down and Up Main POSSESSION 0040 to 0505 Wed  Single POSSESSION 0040 to 0505 Wed  Down and Up Southend POSSESSION 0040 to 0505 Wed  Platforms 1-3 and Up Passenger Loop POSSESSION 0040 to 0505 Wed	MAIN LINE SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN ROMFORD L/END JN AND SHENFIELD SOUTHEND LINE SERVICES TO TRAVEL OVER THE SOUTHEND LOOP BETWEEN SHENFIELD AND MOUNTNESSING JN  ACCESS AVAILABLE TO/FROM ROMFORD SIDINGS  MTREL TO STABLE TRAINS IN PLATFORMS 5-6 AT SHENFIELD

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**ANGLIA ROUTE – continued**

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EA1010	GE 4 Track Strategy (Wednesday Night Base South)  Forest Gate Jn and Ilford Depot C/End Jn  Manor Park and Ilford L/End  Ilford L/End and Forest Gate Jn  Ilford Depot <sup>1</sup>	02, 03 <sup>1</sup> , 04, 05 <sup>1</sup> , 07 <sup>1</sup> , 08, 09 <sup>1</sup> , 10, 11 <sup>1</sup> , 13 <sup>1</sup> , 14, 15 <sup>1</sup> , 16, 17 <sup>1</sup> , 19 <sup>1</sup> , 20, 21 <sup>1</sup> , 22, 23 <sup>1</sup> , 25 <sup>1</sup> , 26  Down and Up Electric POSSESSION 0040 to 0425 Thu  Down Passenger Avoiding POSSESSION 0040 to 0425 Thu  Up Passenger Avoiding POSSESSION 0040 to 0425 Thu  Inlet/Outlet Road/Goods Line/Carriage Shed Lines/No.1 & No.2 Sidings LINE BLOCKAGE 0040 to 0425 Thu	ELECTRIC LINE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN STRATFORD C/END JN AND ROMFORD L/END JN SERVICES TO/FROM THAMESIDE TO TRAVEL OVER THE ELECTRIC LINES TO/FROM FOREST GATE JN  NO ACCESS TO ILFORD DEPOT VIA L/END JN FROM 0040 TO 0425 THU TRAINS TO DIVERT VIA COUNTRY END  <sup>1</sup> Ilford Depot Inlet/Outlet Road/Siding Spur in Patrol South Weeks

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Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1011	GE 4 Track Strategy (Wednesday Night Base Central)	02, 03, 04, 05, 07, 08, 09, 10, 11, 13, 14, 15, 16, 17, 19, 20, 21, 22, 23, 25, 26	ELECTRIC LINE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN STRATFORD C/END JN AND ROMFORD FROM 0025 TO 0130 THU ELECTRIC LINE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN STRATFORD C/END JN AND SHENFIELD L/END JN FROM 0130 TO 0500 THU  ACCESS AVAILABLE TO/FROM ILFORD DEPOT AT C/END JN NO ACCESS AVAILABLE TO/FROM GIDEA PARK STABLING LINES FROM 0130 TO 0500 THU  MTREL TO STABLE ONE UNIT AT LIVERPOOL STREET
	Seven Kings and Romford L/End Jn	Down and Up Electric POSSESSION 0025 to 0130 Thu	
	Chadwell Heath	Turnback Line POSSESSION 0025 to 0500 Thu	
	Seven Kings and Harold Wood	Down and Up Electric POSSESSION 0130 to 0500 Thu	
	Gidea Park	Stabling Lines 1-4/Turnback Line POSSESSION 0130 to 0500 Thu	

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EA1010 EA1011 EA1050	GE 4 Track Strategy (Wednesday Night Base North)  Harold Wood and Shenfield L/End Jn  Harold Wood and Shenfield C/End  Shenfield  Shenfield C/End and Mountnessing Jn	02, 03, 04, 05, 07, 08, 09, 10, 11, 13, 14, 15, 16, 17, 19, 20, 21, 22, 23, 25, 26  Down and Up Electric POSSESSION 0025 to 0115 Thu  Down and Up Electric POSSESSION 0115 to 0500 Thu  Platforms 4-5/Bay Line/Platform 6 POSSESSION 0115 to 0500 Thu  Stabling Sidings 1-3 SIDINGS POSSESSION 0115 to 0500 Thu  Southend Loop POSSESSION 0115 to 0500 Thu	ELECTRIC LINE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN GIDEA PARK C/END JN AND SHENFIELD L/END FROM 0025 TO 0115 THU ELECTRIC LINE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN GIDEA PARK C/END JN AND SHENFIELD FROM 0115 TO 0500 THU  SOUTHEND LINE SERVICES TO TRAVEL OVER THE DOWN AND UP SOUTHEND LINES BETWEEN SHENFIELD AND MOUNTNESSING JN FROM 0115 TO 0500 THU  MTREL TO STABLE TRAINS IN PLATFORM 1 AND THE UP PASSENGER LOOP AT SHENFIELD  ISOLATION OF SHENFIELD PLATFORMS 4-6 PERMITTED 0115 TO 0430 ONLY

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EA1010 EA1011	GE 4 Track Strategy (Thursday Night Base South)  Maryland East Crossovers and Romford L/End Jn  Manor Park and Ilford L/End  Ilford L/End and Forest Gate Jn	02, 03, 04, 05, 07, 08, 09, 10, 11, 13, 14, 15, 16, 17, 19, 20, 21, 22, 23, 25, 26  Down and Up Main POSSESSION 0035 to 0505 Fri  Down Passenger Avoiding POSSESSION 0035 to 0505 Fri  Up Passenger Avoiding POSSESSION 0035 to 0505 Fri	MAIN LINE SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN MARYLAND EAST CROSSOVERS AND GIDEA PARK C/END JN  ACCESS AVAILABLE TO/FROM ROMFORD SIDINGS
EA1011 EA1040 EA1050	GE 4 Track Strategy (Thursday Night Base North)  Romford L/End Jn and Shenfield Jn  Romford and Upminster  Shenfield Jn and Mountnessing Jn  Shenfield	02, 03, 04, 05, 07, 08, 09, 10, 11, 13, 14, 15, 16, 17, 19, 20, 21, 22, 23, 25, 26  Down and Up Main POSSESSION 0040 to 0505 Fri  Single POSSESSION 0040 to 0505 Fri  Down and Up Southend POSSESSION 0040 to 0505 Fri  Platforms 1-3 and Up Passenger Loop POSSESSION 0040 to 0505 Fri	MAIN LINE SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN ROMFORD L/END JN AND SHENFIELD SOUTHEND LINE SERVICES TO TRAVEL OVER THE SOUTHEND LOOP BETWEEN SHENFIELD AND MOUNTNESSING JN  ACCESS AVAILABLE TO/FROM ROMFORD SIDINGS  MTREL TO STABLE TRAINS IN PLATFORMS 5-6 AT SHENFIELD

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EA1010 EA1011	GE 4 Track Strategy (Friday Night)  Ilford L/End and Shenfield L/End Jn  Shenfield L/End Jn and Ilford L/End	02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26  Down Main POSSESSION 0130 to 0430 Sat  Up Electric POSSESSION 0130 to 0430 Sat	DOWN MAIN LINE SERVICES TO TRAVEL OVER THE DOWN AVOIDING/DOWN ELECTRIC BETWEEN ILFORD AND SHENFIELD L/END JN UP ELECTRIC LINE SERVICES TO TRAVEL OVER THE UP MAIN/UP PASSENGER AVOIDING BETWEEN SHENFIELD L/END JN AND FOREST GATE JN

**ANGLIA ROUTE – continued**

Route	At or Between	Week Numbers	Traffic Remarks
EA1010	GE 4 Track Strategy (Monday Night GE-3 South)  Manor Park and Ilford Depot L/End Jn  Manor Park and Ilford L/End  Ilford L/End and Forest Gate Jn	06, 12, 18, 24  Down and Up Electric POSSESSION 0115 to 0425 Tue  Down Passenger Avoiding POSSESSION 0115 to 0425 Tue  Up Passenger Avoiding POSSESSION 0115 to 0425 Tue	ELECTRIC LINE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN STRATFORD C/END JN AND ILFORD DEPOT L/END JN SERVICES TO/FROM THAMESIDE TO TRAVEL OVER THE ELECTRIC LINES TO/FROM FOREST GATE JN  ACCESS TO ILFORD DEPOT AVAILABLE VIA L/END JN
EA1010 EA1011	GE 4 Track Strategy (Monday Night GE-3 North)  Seven Kings and Romford L/End Jn  Chadwell Heath  Ilford Depot L/End Jn and Gidea Park C/End Jn  Gidea Park	06, 12, 18, 24  Down and Up Electric POSSESSION 0025 to 0130 Tue  Turnback Line POSSESSION 0025 to 0500 Tue  Down and Up Electric POSSESSION 0130 to 0500 Tue  Stabling Lines 1-4 POSSESSION 0130 to 0500 Tue  Turnback Line POSSESSION 0130 to 0500 Tue	ELECTRIC LINE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN ILFORD DEPOT C/END JN AND ROMFORD FROM 0025 TO 0130 TUE ELECTRIC LINE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN STRATFORD C/END JN AND SHENFIELD FROM 0430 TO 0500 TUE  ACCESS AVAILABLE TO/FROM ILFORD DEPOT AT L/END JN ONLY FROM 0130 TUE NO ACCESS AVAILABLE TO/FROM GIDEA PARK STABLING LINES FROM 0130 TO 0500 TUE  MTREL TO STABLE ONE UNIT AT LIVERPOOL STREET

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Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1011	GE 4 Track Strategy (Tuesday Night GE-3 South)  Manor Park and Romford L/End Jn  Manor Park and Ilford L/End  Ilford L/End and Forest Gate Jn	06, 12, 18, 24  Down and Up Main POSSESSION 0025 to 0505 Wed  Down Passenger Avoiding POSSESSION 0025 to 0505 Wed  Up Passenger Avoiding POSSESSION 0025 to 0505 Wed	MAIN LINE SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN BETHNAL GREEN WEST JN AND GIDEA PARK C/END JN  ACCESS AVAILABLE TO/FROM ROMFORD SIDINGS
EA1011 EA1040	GE 4 Track Strategy (Tuesday Night GE-3 North)  Romford L/End Jn and Gidea Park C/End Jn  Romford and Upminster	06, 12, 18, 24  Down and Up Main POSSESSION 0030 to 0505 Wed  Single POSSESSION 0030 to 0505 Wed	MAIN LINE SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN ROMFORD L/END JN AND SHENFIELD L/END JN  ACCESS AVAILABLE TO/FROM ROMFORD SIDINGS

**ANGLIA ROUTE – continued**

Route	At or Between	Week Numbers	Traffic Remarks
EA1010	GE 4 Track Strategy (Wednesday Night GE-3 South)  Manor Park and Ilford Depot C/End Jn  Manor Park and Ilford L/End  Ilford L/End and Forest Gate Jn	06, 12, 18, 24  Down and Up Electric POSSESSION 0115 to 0425 Thu  Down Passenger Avoiding POSSESSION 0115 to 0425 Thu  Up Passenger Avoiding POSSESSION 0115 to 0425 Thu	ELECTRIC LINE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN STRATFORD C/END JN AND ROMFORD L/END JN SERVICES TO/FROM THAMESIDE TO TRAVEL OVER THE ELECTRIC LINES TO/FROM FOREST GATE JN  NO ACCESS TO ILFORD DEPOT VIA L/END JN FROM 0115 TO 0425 THU TRAINS TO DIVERT VIA ILFORD DEPOT COUNTRY END
EA1010 EA1011	GE 4 Track Strategy (Wednesday Night GE-3 North)  Seven Kings and Romford L/End Jn  Chadwell Heath  Seven Kings and Gidea Park C/End Jn  Gidea Park	06, 12, 18, 24  Down and Up Electric POSSESSION 0025 to 0130 Thu  Turnback Line POSSESSION 0025 to 0130 Thu  Down and Up Electric POSSESSION 0130 to 0500 Thu  Stabling Lines 1-4 POSSESSION 0130 to 0500 Thu  Turnback Line POSSESSION 0130 to 0500 Thu	ELECTRIC LINE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN ILFORD DEPOT C/END JN AND ROMFORD FROM 0025 TO 0130 THU ELECTRIC LINE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN STRATFORD C/END JN AND SHENFIELD L/END JN FROM 0430 TO 0500 THU  ACCESS AVAILABLE TO/FROM ILFORD DEPOT AT C/END JN ONLY  NO ACCESS AVAILABLE TO/FROM GIDEA PARK STABLING LINES 0130 TO 0500 THU

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EA1010 EA1011	GE 4 Track Strategy (Thursday Night GE-3 SOUTH)  Manor Park and Romford L/End Jn  Manor Park and Ilford L/End  Ilford L/End and Forest Gate Jn	06, 12, 18, 24  Down and Up Main POSSESSION 0025 to 0505 Fri  Down Passenger Avoiding POSSESSION 0025 to 0505 Fri  Up Passenger Avoiding POSSESSION 0025 to 0505 Fri	MAIN LINE SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN BETHNAL GREEN WEST JN AND GIDEA PARK C/END JN  ACCESS AVAILABLE TO/FROM ROMFORD SIDINGS
EA1011 EA1040	GE 4 Track Strategy (Thursday Night GE-3 NORTH)  Romford L/End Jn and Gidea Park C/End Jn  Romford and Upminster	06, 12, 18, 24  Down and Up Main POSSESSION 0030 to 0505 Fri  Single POSSESSION 0030 to 0505 Fri	MAIN LINE SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN ROMFORD L/END JN AND SHENFIELD L/END JN  ACCESS AVAILABLE TO/FROM ROMFORD SIDINGS

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EA1010 EA1020	GE CYCLIC TYPE 4  Bow Jn and Stratford Central Jn West  Carpenters Road South Jn and Carpenters Road North Jn  Bow Midland	06, 12, 18, 24  Down and Up Temple Mills LINE BLOCKAGE +DETONATORS 1135 to 1455 Mon-Fri (Line Blockage Between Trains +Detonators 1455 to 1550 Mon-Fri)  Carpenters Road Curve LINE BLOCKAGE +DETONATORS 1135 to 1455 Mon-Fri (Line Blockage Between Trains +Detonators 1455 to 1550 Mon-Fri)  Bow Yard SIDINGS POSSESSION 1135 to 1455 Mon-Fri	NO ACCESS TO/FROM BOW YARD 1135 TO 1455 MON-FRI  6M51 TO BE RETIMED TO THE UP CHANNELSEA LOOP AND AWAIT BOOKED PATH  GE CYCLIC TYPE 4

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EA1010 EA1020 EA1030 EA1150 EA1280 EA1320 EA1350 EA1400 XR001	GE CYCLIC TYPE 3	06, 12, 18, 24	THAMESIDE FREIGHT DIVERTED VIA THE T&H
	Bow Jn and Manor Park	Down and Up Main POSSESSION 0050 to 0435 Tue-Fri	FELIXSTOWE FREIGHT SERVICES TO BE DIVERTED VIA BACON FACTORY CURVE / HAUGHLEY JN / BURY ST EDMUNDS / ELY / PETERBOROUGH / STAMFORD / LEICESTER AND NUNEATON
	Stratford and Maryland	Platform 10A/Avoiding Line POSSESSION 0050 to 0435 Tue-Fri	FREIGHTLINER 4V37 TO RUN EARLIER AS 4V59  FREIGHTLINER 6V53 TO BE RETIMED AND RUN LATER FROM BOW DEPOT
	Bow Jn and Temple Mills East Jn	Down and Up Temple Mills POSSESSION 0050 to 0435 Tue-Fri	FREIGHTLINER 7M16 TO BE RETIMED AND DIVERTED VIA COPPERMILL AND SOUTHCOLE
	Carpenters Road South Jn and Carpenters Road North Jn	Carpenters Road Curve POSSESSION 0050 to 0435 Tue-Fri	DB CARGO 6O26/FREIGHTLINER 7L31 TO BE RE-TIMED  ARL TO STABLE TRAINS IN PLATFORMS 1-2 AT STRATFORD ON MONDAY AND TUESDAY NIGHT NO TRAINS TO BE STABLED IN PLATFORMS 1-2 AT STRATFORD ON WEDNESDAY AND THURSDAY NIGHT ARL TO STABLE ADDITIONALLY AT LONDON EUSTON ON WEDNESDAY AND THURSDAY NIGHT
	Channelsea North Jn and Lea Jn	Up Channelsea Loop POSSESSION 0050 to 0435 Tue-Fri	
	Channelsea South Jn and Stratford Central Jn West	Down and Up Channelsea Curve POSSESSION 0050 to 0435 Tue-Fri	ACCESS AVAILABLE TO ORIENT WAY CS VIA TEMPLE MILLS WEST JN, HACKNEY DOWNS AND TOTTENHAM HALE (REVERSE)
	Lea Jn and High Meads Jn	Down and Up Lea Curve POSSESSION 0050 to 0435 Tue-Fri	0115 START FOR ANY EL POSSESSIONS WHOLLY BETWEEN MANOR PARK AND SEVEN KINGS L/END
	High Meads Jn and Channelsea North Jn	Down and Up High Meads Curve POSSESSION 0050 to 0435 Tue-Fri	GE CYCLIC TYPE 3
	High Meads Jn and Temple Mills East Jn	Down and Up High Meads Loop POSSESSION 0050 to 0435 Tue-Fri	

	<p>Lea Jn and Stratford</p> <p>Stratford</p> <p>Bow Jn and Manor Park</p> <p>Bow Jn and Gas Factory Jn</p> <p>Pudding Mill Lane</p> <p>Forest Gate Jn and Woodgrange Park Jn</p> <p>Manor Park and Forest Gate Jn</p> <p>Bow Midland</p>	<p>Down and Up North London POSSESSION 0050 to 0435 Tue-Fri</p> <p>Platforms 1-2 POSSESSION 0050 to 0435 Thu-Fri</p> <p>Down and Up Electric POSSESSION 0110 to 0435 Tue-Fri</p> <p>Up Stratford Down POSSESSION 0110 to 0435 Tue-Fri</p> <p>CRL Eastbound/CRL Westbound POSSESSION 0110 to 0435 Tue-Fri</p> <p>Down and Up Branch POSSESSION 0110 to 0435 Tue-Fri</p> <p>Up Passenger Avoiding POSSESSION 0110 to 0435 Tue-Fri</p> <p>Bow Yard SIDINGS POSSESSION 0110 to 0435 Tue-Fri</p>	
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Route	At or Between	Week Numbers	Traffic Remarks
EA1011 EA1080 EA1090	GE CYCLIC TYPE 126 SOUTH “GEM1 1 in 6”  Witham C/End and Ardleigh  Colchester L/End and Colchester  Colchester  Marks Tey C/End and Marks Tey Jn  Marks Tey Jn and Sudbury  Colchester and Colchester L/End  Colchester Jn and Hunwick Jn  Colchester and Colchester Jn	06, 12, 18, 24  Down and Up Main POSSESSION 0030 to 0500 Tue-Thu  Down and Up Goods/Up & Down Goods POSSESSION 0030 to 0500 Tue-Thu  Down Passenger Loop/Platforms 1-6 POSSESSION 0030 to 0500 Tue-Thu  Up Passenger Loop POSSESSION 0030 to 0500 Tue-Thu  Down & Up Sudbury POSSESSION 0030 to 0500 Tue-Thu  Up Passenger Loop POSSESSION 0030 to 0500 Tue-Thu  Up and Down Avoiding POSSESSION 0030 to 0500 Tue-Thu  Up and Down Clacton POSSESSION 0030 to 0500 Tue-Thu	2348, 0018 & 0046 LIVERPOOL STREET TO COLCHESTER TO TERMINATE AT WITHAM 2302 LIVERPOOL STREET TO IPSWICH SERVICE TO TERMINATE AT COLCHESTER 0443 COLCHESTER TO LIVERPOOL STREET TO START FROM WITHAM  RAIL REPLACEMENT ROAD SERVICE BETWEEN WITHAM & COLCHESTER  FELIXSTOWE / IPSWICH FREIGHT SERVICES TO BE DIVERTED VIA BACON FACTORY CURVE / HAUGHLEY JN / BURY ST EDMUNDS / ELY / PETERBOROUGH / STAMFORD / LEICESTER AND NUNEATON  6L58, 6L98, 6L99, 4L60, 4M45, 4L71, 4L77 AND 4V38 TO BE RETIMED 4V37 TO BE RETIMED AND RUN EARLIER AS 4V36 IN THE PATH OF 4V59  GA TO STABLE TRAINS IN PLATFORMS 1, 4 AND THE UP PASSENGER LOOP AT WITHAM GA TO STABLE TRAINS IN PLATFORMS 5-6 AT COLCHESTER, BRIDGE ROAD AND SUDBURY DOCK  ISOLATION OF COLCHESTER CS NOT PERMITTED  GE CYCLIC TYPE 126 SOUTH

**ANGLIA ROUTE – continued**

Route	At or Between	Week Numbers	Traffic Remarks
EA1011 EA1012 EA1080 EA1090 EA1120	GE CYCLIC TYPE 126 “GEM1 1 in 6”  Witham C/End and Ipswich Goods Jn  Colchester L/End and Colchester  Manningtree East Jn and Manningtree North Jn  Marks Tey C/End and Marks Tey Jn  Marks Tey Jn and Sudbury  Colchester Jn and Hunwick Jn  Colchester and Colchester Jn  Manningtree South Jn and Mistley L/End  Mistley L/End and Manningtree  Manningtree  Ipswich and East Suffolk Jn  Ipswich	06, 12, 18, 24  Down and Up Main POSSESSION 0200 to 0449 0425 Fri  Platforms 1-6/Down and Up Goods/Up & Down Goods/Up Passenger Loop/Down Passenger Loop POSSESSION 0200 to 0449 0425 Fri  North Curve POSSESSION 0200 to 0449 0425 Fri  Up Passenger Loop POSSESSION 0200 to 0449 0425 Fri  Down & Up Sudbury POSSESSION 0200 to 0449 0425 Fri  Up and Down Avoiding POSSESSION 0200 to 0449 0425 Fri  Up and Down Clacton POSSESSION 0200 to 0449 0425 Fri  Down Harwich POSSESSION 0200 to 0449 0425 Fri  Up Harwich POSSESSION 0200 to 0449 0425 Fri  Platform 1 POSSESSION 0200 to 0449 0425 Fri  Down & Up Lowestoft POSSESSION 0200 to 0449 0425 Fri  Platforms 1-4 POSSESSION 0200 to 0449 0425 Fri	FELIXSTOWE / IPSWICH FREIGHT SERVICES TO BE DIVERTED VIA BACON FACTORY CURVE / HAUGHLEY JN / BURY ST EDMUNDS/ ELY/ PETERBOROUGH/ STAMFORD/ LEICESTER AND NUNEATON  6L58, 4L60, 4M45 AND 4L77 TO BE RETIMED 4V37 TO BE RETIMED AND RUN EARLIER AS 4V36 IN THE PATH OF 4V59  GA TO STABLE TRAINS IN PLATFORMS 1, 4 AND THE UP PASSENGER LOOP AT WITHAM GA TO STABLE TRAINS IN PLATFORMS 5-6 AT COLCHESTER, BRIDGE ROAD AND SUDBURY DOCK GA TO STABLE TRAINS IN PLATFORMS 1 AND 4 AT IPSWICH NO TRAINS TO BE STABLED IN PLATFORM 2 AT IPSWICH  ACCESS AVAILABLE TO/FROM IPSWICH YARD VIA EAST SUFFOLK JN ONLY ACCESS AVAILABLE TO/FROM IPSWICH FUELLING POINT  ISOLATION OF COLCHESTER CS NOT PERMITTED ISOLATION OF IPSWICH STATION, IPSWICH CS/LHS AND IPSWICH TOP YARD TO BE WITHDRAWN BY 0405 PANTOGRAPHS TO BE LOWERED ON ANY STABLED TRAINS  GE CYCLIC TYPE 126

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Route	At or Between	Week Numbers	Traffic Remarks
EA1011 EA1012 EA1120 EA1130	GE CYCLIC TYPE 126 NORTH "GEM1 1 in 6"	06, 12, 18, 24	2302 LIVERPOOL STREET TO IPSWICH SERVICE TO TERMINATE AT COLCHESTER
	Ardleigh and Ipswich Goods Jn	Down and Up Main POSSESSION 0050 to <del>0445</del> 0425 Tue-Thu	FELIXSTOWE / IPSWICH FREIGHT SERVICES TO BE DIVERTED VIA BACON FACTORY CURVE / HAUGHLEY JN / BURY ST EDMUNDS / ELY / PETERBOROUGH / STAMFORD / LEICESTER AND NUNEATON
	Manningtree East Jn and Manningtree North Jn	North Curve POSSESSION 0050 to <del>0445</del> 0425 Tue-Thu	6L58, 4L60, 4M45 AND 4L77 TO BE RE-TIMED TO BE RETIMED 4V37 TO BE RETIMED AND RUN EARLIER AS 4V36 IN THE PATH OF 4V59
	Manningtree South Jn and Mistley L/End	Down Harwich POSSESSION 0050 to <del>0445</del> 0425 Tue-Thu	GA TO STABLE TRAINS IN PLATFORMS 1 AND 4 AT IPSWICH NO TRAINS TO BE STABLED IN PLATFORM 2 AT IPSWICH
	Mistley L/End and Manningtree	Up Harwich POSSESSION 0050 to <del>0445</del> 0425 Tue-Thu	ACCESS AVAILABLE TO/FROM IPSWICH YARD VIA EAST SUFFOLK JN ONLY ACCESS AVAILABLE TO/FROM IPSWICH FUELLING POINT
	Manningtree	Platform 1 POSSESSION 0050 to <del>0445</del> 0425 Tue-Thu	ISOLATION OF IPSWICH STATION, IPSWICH CS/LHS AND IPSWICH TOP YARD TO BE WITHDRAWN BY 0405 PANTOGRAPHS TO BE LOWERED ON ANY STABLED TRAINS
	Halifax Jn and Griffin Wharf	Single POSSESSION 0050 to <del>0445</del> 0425 Tue-Thu	GE CYCLIC TYPE 126 NORTH
	Ipswich and East Suffolk Jn	Down & Up Lowestoft POSSESSION 0050 to <del>0445</del> 0425 Tue-Thu	
	Ipswich	Platforms 1-4 POSSESSION 0050 to <del>0445</del> 0425 Tue-Thu	

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Route	At or Between	Week Numbers	Traffic Remarks
EA1011 EA1050	GE CYCLIC TYPE 126B  Chelmsford C/End and Gidea Park C/End Jn  Shenfield and Mountnessing Jn  Shenfield  Gidea Park C/End Jn and Chelmsford C/End  Ingatestone L/End and Ingatestone  Gidea Park C/End Jn and Shenfield  Shenfield  Shenfield C/End and Mountnessing Jn  Shenfield	06, 12, 18, 24  Up Main POSSESSION 0045 to 0500 Tue-Fri  Down and Up Southend POSSESSION 0045 to 0500 Tue-Fri  Platforms 1-2/Up Passenger Loop POSSESSION 0045 to 0500 Tue-Fri  Down Main POSSESSION 0140 to 0430 Tue-Fri  Down Passenger Loop POSSESSION 0140 to 0430 Tue-Fri  Down and Up Electric POSSESSION 0140 to 0430 Tue-Fri  Platform 3, Platforms 5-6/Bay Line POSSESSION 0140 to 0430 Tue-Fri  Southend Loop POSSESSION 0140 to 0430 Tue-Fri  Stabling Sidings 1-3 SIDINGS POSSESSION 0140 to 0430 Tue-Fri	MAIN LINE SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN GIDEA PARK C/END JN AND SHENFIELD FROM 0045 TO 0140 AND 0430 TO 0500 TUE- FRI SOUTHEND SERVICES TO TRAVEL OVER THE SOUTHEND LOOP BETWEEN MOUNTNESSING JN AND SHENFIELD FROM 0045 TO 0140 AND 0430 TO 0500 TUE-FRI  FELIXSTOWE/IPSWICH FREIGHT SERVICES TO BE DIVERTED VIA BACON FACTORY CURVE / HAUGHLEY JN/ BURY ST EDMUNDS / ELY / PETERBOROUGH / STAMFORD / LEICESTER AND NUNEATON 6L58, 4L60, 4M45 AND 4L77 TO BE RE-TIMED 4V37 TO BE RETIMED AND RUN EARLIER AS 4V36 IN THE PATH OF 4V59  MTREL TO STABLE TRAINS IN PLATFORMS 4 AND 6 AT SHENFIELD  GE CYCLIC TYPE 126B

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Route	At or Between	Week Numbers	Traffic Remarks
EA1011	GE CYCLIC TYPE 126C  Chelmsford and Witham L/End	06, 12, 18, 24  Down Main POSSESSION 0145 to 0445 Tue-Fri  Up Main POSSESSION 0030 to 0445 Tue-Fri	FELIXSTOWE/IPSWICH FREIGHT SERVICES TO BE DIVERTED VIA BACON FACTORY CURVE / HAUGHLEY JN / BURY ST EDMUNDS / ELY / PETERBOROUGH / STAMFORD / LEICESTER AND NUNEATON  6L58, 4L60, 4M45 AND 4L77 TO BE RE- TIMED  4V37 TO BE RETIMED AND RUN EARLIER AS 4V36 IN THE PATH OF 4V59  GE CYCLIC TYPE 126C

**ANGLIA ROUTE – continued**

Route	At or Between	Week Numbers	Traffic Remarks
EA1011	GE CYCLIC TYPE 126D  Shenfield C/End and Chelmsford L/End  Ingatestone	04, 10, 16, 22  Down Main POSSESSION 0005 to 0525 Tue-Wed  Down Passenger Loop POSSESSION 0005 to 0525 Tue-Wed  If the possession on the Down line imports any kind of delay to Up services, this must finish by 0510. No impact to Up service beyond 0510 Tue and Wed	TRAINS TO TRAVEL OVER THE UP MAIN BI-DIRECTIONAL LINE BETWEEN SHENFIELD C/END AND CHELMSFORD L/END STRUCTURE FOR THE AMENDED TRAIN PLAN NETWORK RAIL TO OFFER REVISED TRAIN SCHEDULE PATHS TO OPERATORS DOWN TRAINS TO BE RETIMED WITH THE ENGINEERING ALLOWANCE OF 6 MINS TO BE USED AS REQUIRED FOR TPR COMPLIANCE UP TRAINS TO BE RETIMED IF NECESSARY WITH THE ENGINEERING ALLOWANCE OF 6 MINS (SHOWN IN THE WTT APPROACHING SHENFIELD) TO BE USED AS PATHING TIME AS REQUIRED  GE CYCLIC TYPE 126D
EA1011	GE CYCLIC TYPE 126E  Arbour Lane Crossover and Shenfield C/End	04, 10, 16, 22  Up Main POSSESSION 2355 Wed-Thu to 0510 Thu-Fri  If the possession on the Up line imports any kind of delay to Down services, this must not commence until 0005. No impact to down service until 0005 Thu and Fri	TRAINS TO TRAVEL OVER THE DOWN MAIN BI-DIRECTIONAL LINE BETWEEN ARBOUR LANE CROSSOVER AND SHENFIELD C/END STRUCTURE FOR THE AMENDED TRAIN PLAN NETWORK RAIL TO OFFER REVISED TRAIN SCHEDULE PATHS TO OPERATORS UP TRAINS TO BE RETIMED WITH THE ENGINEERING ALLOWANCE OF 6 MINS TO BE USED AS REQUIRED FOR TPR COMPLIANCE DOWN TRAINS TO BE RETIMED IF NECESSARY WITH THE ENGINEERING ALLOWANCE OF 6 MINS (SHOWN IN THE WTT AS APPROACHING COLCHESTER) TO BE USED AS PATHING TIME AS REQUIRED.  GE CYCLIC TYPE 126E

**ANGLIA ROUTE – continued**

Route	At or Between	Week Numbers	Traffic Remarks
EA1011	GE CYCLIC TYPE 114 (UP)  Witham L/End and Chelmsford L/End	05, 11, 17, 23  Up Main POSSESSION 2355 Wed-Thu to 0455 Thu-Fri  If the possession on the Up line imports any kind of delay to Down services, this must not commence until 0015 Thu and Fri No impact to down service until 0015 Thu and Fri	TRAINS TO TRAVEL OVER THE DOWN MAIN BI-DIRECTIONAL LINE BETWEEN WITHAM AND CHELMSFORD L/END STRUCTURE FOR THE AMENDED TRAIN PLAN  FREIGHTLINER 4L77 TO DIVERT CROSS COUNTRY  NETWORK RAIL TO OFFER REVISED TRAIN SCHEDULE PATHS TO OPERATORS UP TRAINS TO BE RETIMED WITH THE ENGINEERING ALLOWANCE OF 6 MINS TO BE USED AS REQUIRED FOR TPR COMPLIANCE DOWN TRAINS TO BE RETIMED IF NECESSARY WITH THE ENGINEERING ALLOWANCE OF 6 MINS (SHOWN IN THE WTT AS APPROACHING COLCHESTER) TO BE USED AS PATHING TIME AS REQUIRED  GE CYCLIC TYPE 114
EA1011	GE CYCLIC TYPE 114 (DOWN)  Arbour Lane Crossover and Witham L/End	05, 11, 17, 23  Down Main POSSESSION 0015 to 0525 Tue-Wed  If the possession on the Down line imports any kind of delay to Up services, this must finish by 0455 Tue and Wed No impact to Up service beyond 0455 Tue and Wed	TRAINS TO TRAVEL OVER THE UP MAIN BI-DIRECTIONAL LINE BETWEEN ARBOUR LANE CROSSOVERS AND WITHAM L/END STRUCTURE FOR THE AMENDED TRAIN PLAN  NETWORK RAIL TO OFFER REVISED TRAIN SCHEDULE PATHS TO OPERATORS DOWN TRAINS TO BE RETIMED WITH THE ENGINEERING ALLOWANCE OF 6 MINS TO BE USED AS REQUIRED FOR TPR COMPLIANCE UP TRAINS TO BE RETIMED IF NECESSARY WITH THE ENGINEERING ALLOWANCE OF 6 MINS (SHOWN IN THE WTT APPROACHING SHENFIELD) TO BE USED AS PATHING TIME AS REQUIRED  GE CYCLIC TYPE 114

**ANGLIA ROUTE – continued**

Route	At or Between	Week Numbers	Traffic Remarks
EA1011	GE CYCLIC TYPE 112 (UP)  Colchester L/End and Kelvedon  Marks Tey C/End and Marks Tey Jn  Colchester L/End	07, 13, 19, 25  Up Main POSSESSION 2345 Mon-Tue to 0440 Tue-Wed  Up Passenger Loop POSSESSION 2345 Mon-Tue to 0440 Tue-Wed  Up Passenger Loop POSSESSION 2345 Mon-Tue to 0440 Tue-Wed  If the possession on the Up Main imports any kind of delay to Down services, this must not commence until 0025. No impact to down service until 0025 Tue and Wed	TRAINS TO TRAVEL OVER THE DOWN MAIN BI-DIRECTIONAL LINE BETWEEN COLCHESTER AND KELVEDON  FREIGHTLINER 4L77 TO DIVERT CROSS COUNTRY  STRUCTURE FOR THE AMENDED TRAIN PLAN: NETWORK RAIL TO OFFER REVISED TRAIN SCHEDULE PATHS TO OPERATORS UP TRAINS TO BE RETIMED WITH THE ENGINEERING ALLOWANCE OF 6 MINS TO BE USED AS REQUIRED FOR TPR COMPLIANCE DOWN TRAINS TO BE RETIMED IF NECESSARY WITH THE ENGINEERING ALLOWANCE OF 6 MINS (SHOWN IN THE WTT APPROACHING COLCHESTER) TO BE USED AS PATHING TIME AS REQUIRED  GA TO STABLE TRAINS IN THE UP PASSENGER LOOP AT COLCHESTER  GE CYCLIC TYPE 112
EA1011 EA1080	GE CYCLIC TYPE 112 (DOWN)  Kelvedon and Colchester L/End  Marks Tey Jn and Sudbury	07, 13, 19, 25  Down Main POSSESSION 0025 to 0505 Thu-Fri  Down & Up Sudbury POSSESSION 0025 to 0505 Thu-Fri  If the possession on the Down Main imports any kind of delay to Up services, this must finish by 0440. No impact to Up service beyond 0440 Thu and Fri	TRAINS TO TRAVEL OVER THE UP MAIN BI-DIRECTIONAL LINE BETWEEN KELVEDON AND COLCHESTER L/END  STRUCTURE FOR THE AMENDED TRAIN PLAN: NETWORK RAIL TO OFFER REVISED TRAIN SCHEDULE PATHS TO OPERATORS DOWN TRAINS TO BE RETIMED WITH THE ENGINEERING ALLOWANCE OF 6 MINS TO BE USED AS REQUIRED FOR TPR COMPLIANCE UP TRAINS TO BE RETIMED IF NECESSARY WITH THE ENGINEERING ALLOWANCE OF 6 MINS (SHOWN IN THE WTT APPROACHING SHENFIELD) TO BE USED AS PATHING TIME AS REQUIRED  GE CYCLIC TYPE 112

**ANGLIA ROUTE – continued**

Route	At or Between	Week Numbers	Traffic Remarks
EA1011	GE CYCLIC TYPE 113 (UP)  Kelvedon and Witham L/End  Witham C/End and Witham	02, 08, 14, 20, 26  Up Main POSSESSION 2320 Mon-Tue to 0445 Tue-Wed  Up Passenger Loop/Platform 1 POSSESSION 2320 Mon-Tue to 0445 Tue-Wed	TRAINS TO TRAVEL OVER THE DOWN MAIN BI-DIRECTIONAL LINE BETWEEN KELVEDON AND WITHAM L/END STRUCTURE FOR THE AMENDED TRAIN PLAN  NETWORK RAIL TO OFFER REVISED TRAIN SCHEDULE PATHS TO OPERATORS UP TRAINS TO BE RETIMED WITH THE ENGINEERING ALLOWANCE OF 6 MINS TO BE USED AS REQUIRED FOR TPR COMPLIANCE DOWN TRAINS TO BE RETIMED IF NECESSARY WITH THE ENGINEERING ALLOWANCE OF 6 MINS (SHOWN IN THE WTT APPROACHING COLCHESTER)  GE CYCLIC TYPE 113
EA1011 EA1070	GE CYCLIC TYPE 113 (DOWN)  Witham L/End and Kelvedon  Witham and Witham C/End  Witham Jn and Braintree	02, 08, 14, 20, 26  Down Main POSSESSION 0100 to 0450 Thu-Fri  Down Passenger Loop/Platform 4 POSSESSION 0100 to 0450 Thu-Fri  Up & Down Braintree POSSESSION 0100 to 0450 Thu-Fri	TRAINS TO TRAVEL OVER THE UP MAIN BI-DIRECTIONAL LINE BETWEEN WITHAM L/END AND KELVEDON STRUCTURE FOR THE AMENDED TRAIN PLAN  NETWORK RAIL TO OFFER REVISED TRAIN SCHEDULE PATHS TO OPERATORS DOWN TRAINS TO BE RETIMED WITH THE ENGINEERING ALLOWANCE OF 6 MINS TO BE USED AS REQUIRED FOR TPR COMPLIANCE UP TRAINS TO BE RETIMED IF NECESSARY WITH THE ENGINEERING ALLOWANCE OF 6 MINS (SHOWN IN THE WTT APPROACHING SHENFIELD) TO BE USED AS PATHING TIME AS REQUIRED  GE CYCLIC TYPE 113

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EA1012 EA1530 EA1744	GE CYCLIC TYPE 125 "IPS-PBO 1in6"	03, 09, 15, 21	2330 ex LIVERPOOL STREET TO NORWICH, TO BE REPLACED BY ROAD TRANSPORT BETWEEN IPSWICH AND NORWICH. (Tue-Thu)
	East Suffolk Jn and Trowse Jn	Down and Up Main POSSESSION 0040 to 0450 Tue-Thu	4L73 TO BE RETIMED FROM WEMBLEY TO AVOID CLASH WITH 4L96 (Tue-Fri)
	Claydon GF	Down Goods Loop POSSESSION 0040 to 0450 Tue-Thu 0110 to 0450 Fri	CROSS COUNTRY FREIGHT SERVICES TO BE DIVERTED VIA THE GREAT EASTERN MAIN LINE / NORTH LONDON LINE (Tue-Fri)
	Stowmarket L/End and Stowmarket	Down & Up Goods Loop POSSESSION 0040 to 0450 Tue-Thu 0110 to 0450 Fri	POSSESSION TO BE TAKEN AFTER PASSAGE OF 4E45 (Tue-Thu)
	Europa Jn and Boss Hall Jn	Down and Up Bacon Factory Curve POSSESSION 0040 to 0450 Tue-Thu 0110 to 0450 Fri	FREIGHT SERVICES TO USE PLATFORM 3 AND THE UP MAIN (MIDDLE ROAD) AT IPSWICH AS REQUIRED
	Bury St. Edmunds and Haughley Jn	Down Main/Down Bury POSSESSION 0040 to 0450 Tue-Thu 0110 to 0450 Fri	GA TO STABLE IN PLATFORMS 1,2 AND 4 AT IPSWICH (Tue-Thu) GA TO STABLE IN PLATFORMS 1 AND 4 AT IPSWICH (Fri)
	Haughley Jn and Bury St. Edmunds	Up Bury/Up Main POSSESSION 0040 to 0450 Tue-Thu 0110 to 0450 Fri	GE CYCLIC TYPE 125
	Barham & Diss	Sidings SIDINGS POSSESSION 0040 to 0450 Tue-Thu	
	East Suffolk Jn and Diss	Down and Up Main POSSESSION 0110 to 0450 Fri	
	Barham	Sidings SIDINGS POSSESSION 0110 to 0450 Fri	

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EA1012	GE Cyclic Type E2  Haughley Jn and Trowse Jn	04, 10, 16, 22  Up Main POSSESSION 2335 Mon-Wed to 0455 Tue-Thu  Down Main POSSESSION 0150 to 0455 Tue-Thu	GE CYCLIC TYPE E2

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EA1012 EA1013 EA1580	GE CYCLIC TYPE G NORWICH STATION AREA	05, 11, 17, 23	
	Trowse Swing Bridge and Lakenham	Up Main POSSESSION 0015 to 0530 Wed-Thu	FROM 0015 TO <del>0445 0135</del> AND FROM <del>0445 0455</del> TO 0530 WED / THU TRAINS TO TRAVEL OVER DOWN BI-DIRECTIONAL LINE BETWEEN TROWSE SWING BRIDGE AND LAKENHAM
	Trowse Swing Bridge and Trowse Jn	Down & Up Passenger Loop POSSESSION 0015 to 0530 Wed-Thu	ACCESS AVAILABLE TO/FROM CROWN POINT THROUGH SIDINGS VIA CO2849 PTS UNTIL <del>0445 0135</del> WED / THU
	Hethersett GF and Trowse Jn	Down and Up Thetford POSSESSION 0015 to 0530 Wed-Thu	<del>5Y00 TO BE DIVERTED AND RE-TIMED VIA STP</del>
	Lakenham and Thorpe Jn	Down Main/Single/Line D POSSESSION <del>0445 0135</del> to <del>0445 0455</del> Wed-Thu	GE CYCLIC TYPE G
	Thorpe Jn and Trowse Swing Bridge	Line C POSSESSION <del>0445 0135</del> to <del>0445 0455</del> Wed-Thu	
	Crown Point	Wensum Curve SIDINGS POSSESSION <del>0445 0135</del> to <del>0445 0455</del> Wed-Thu	

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EA1013	INSPECTIONS TYPE CP  Crown Point Depot	02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26  Carriage Sidings SIDINGS POSSESSION 1020 to 1500 Wed  By-pass Line SIDINGS POSSESSION 1020 to 1500 Wed  Reception Lines 1-2 SIDINGS POSSESSION 1020 to 1500 Wed  All Lines SIDINGS POSSESSION 1020 to 1500 Wed  Washer Road SIDINGS POSSESSION 1020 to 1500 Wed  Wensum Curve SIDINGS POSSESSION 1020 to 1500 Wed	NO TRAINS TO BE STABLED ON RECEPTION ROADS 1 AND 2, LAVATORY FLUSHING, BYPASS LINE AND CARRIAGE WASHER  WENSUM CURVE SIDINGS POSSESSION TO BE GIVEN UP FOR THE PASSAGE OF 6P41 (0957 HARWICH REFINERY TO NORTH WALSHAM - 12/12 TROWSE JN) AND 6A33 1427 NORTH WALSHAM TO HARWICH REFINERY - 15/11 WHITLINGHAM JN) AND 5P16 NORWICH STATION TO CROWN POINT  CROWN POINT DEPOT OPERATIONS TO BE REDUCED 1020 TO 1500 WED, SIDINGS POSSESSION TO BE HANDED BACK FOR GA ECS MOVES WITH ADEQUATE NOTICE UNLESS AGREED LOCALLY  ROBUST METHOD OF COMMUNICATION TO BE ESTABLISHED BETWEEN PERSON IN CHARGE OF TAKING CROWN POINT DEPOT ALL LINES SIDING POSSESSION & CROWN POINT DEPOT STAFF TO BE AGREED  INSPECTIONS TYPE CP

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EA1013 EA1470	NORWICH STATION WEEKNIGHT STRATEGY: BASE WEEKS	02, 04, 05, 06, 07, 08, 10, 11, 12, 13, 14, 16, 17, 18, 19, 20, 22, 23, 24, 25, 26	ON TUE NIGHT, PLATFORMS 2 AND 5 AT NORWICH TO BE KEPT CLEAR OF STABLED ROLLING STOCK TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 1, 3, 4, 6 AND JUBILEE SIDINGS AT NORWICH
	Trowse Swing Bridge and Norwich	Lines A,B,C,D,E,W POSSESSION 0200 to 0400 Wed-Fri	ON WED NIGHT, PLATFORMS 1 AND 6 AT NORWICH TO BE KEPT CLEAR OF STABLED ROLLING STOCK TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 2-5 AND JUBILEE SIDINGS AT NORWICH
	Norwich	Riverside Spur/Platform 1-6 POSSESSION 0200 to 0400 Wed-Fri	ON THU NIGHT, PLATFORMS 3 AND 4 AT NORWICH TO BE KEPT CLEAR OF STABLED ROLLING STOCK TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 1, 2, 5, 6 AND JUBILEE SIDINGS AT NORWICH
	Norwich	Thorpe Yard/Middle Road/Engine Neck POSSESSION 0200 to 0400 Wed-Fri	TRACK MAINTENANCE AND BASIC VISUAL INSPECTIONS NO WORK IS TO BE LINKED TO THIS POSSESSION WITHOUT PRIOR DECONFLICTION WITH IMDM COLCHESTER
	Thorpe Jn and Norwich	Jubilee Sidings POSSESSION 0200 to 0400 Wed-Fri	
	Thorpe Jn and Wensum Jn	Down and Up POSSESSION 0200 to 0400 Wed-Fri	
	Crown Point Depot	Wensum Curve/Reception Lines 1-2 POSSESSION 0200 to 0400 Wed-Fri	

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EA1013 EA1470	NORWICH STATION WEEKNIGHT STRATEGY: GE-125 WEEKS	03, 09, 15, 21	
	Trowse Swing Bridge and Norwich	Lines A,B,C,D,E,W Line Blockage Between Trains 0200 to 0400 Wed-Fri	ON TUE NIGHT, PLATFORMS 2 AND 5 AT NORWICH TO BE KEPT CLEAR OF STABLED ROLLING STOCK TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 1, 3, 4, 6 AND JUBILEE SIDINGS AT NORWICH
	Norwich	Riverside Spur/Platform 1-6 Line Blockage Between Trains 0200 to 0400 Wed-Fri	ON WED NIGHT, PLATFORMS 1 AND 6 AT NORWICH TO BE KEPT CLEAR OF STABLED ROLLING STOCK TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 2-5 AND JUBILEE SIDINGS AT NORWICH
	Norwich	Thorpe Yard/Middle Road/Engine Neck Line Blockage Between Trains 0200 to 0400 Wed-Fri	ON THU NIGHT, PLATFORMS 3 AND 4 AT NORWICH TO BE KEPT CLEAR OF STABLED ROLLING STOCK TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 1, 2, 5, 6 AND JUBILEE SIDINGS AT NORWICH
	Thorpe Jn and Norwich	Jubilee Sidings Line Blockage Between Trains 0200 to 0400 Wed-Fri	
	Thorpe Jn and Wensum Jn	Down and Up Line Blockage Between Trains 0200 to 0400 Wed-Fri	
	Crown Point Depot	Wensum Curve/Reception Lines 1-2 Line Blockage Between Trains 0200 to 0400 Wed-Fri	TRACK MAINTENANCE AND BASIC VISUAL INSPECTIONS NO WORK IS TO BE LINKED TO THIS POSSESSION WITHOUT PRIOR DECONFLICTION WITH IMDM COLCHESTER

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Route	At or Between	Week Numbers	Traffic Remarks
EA1013 EA1470	NORWICH STATION WEEKNIGHT STRATEGY: GE-G WEEKS	05, 11, 17, 23	
	Trowse Swing Bridge and Norwich	Lines A,B,C,D,E,W POSSESSION* 0200 to 0400 Wed-Fri	ON TUE NIGHT, PLATFORMS 2 AND 5 AT NORWICH TO BE KEPT CLEAR OF STABLED ROLLING STOCK TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 1, 3, 4, 6 AND JUBILEE SIDINGS AT NORWICH
	Norwich	Riverside Spur/Platform 1-6 POSSESSION* 0200 to 0400 Wed-Fri	ON WED NIGHT, PLATFORMS 1 AND 6 AT NORWICH TO BE KEPT CLEAR OF STABLED ROLLING STOCK TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 2-5 AND JUBILEE SIDINGS AT NORWICH
	Norwich	Thorpe Yard/Middle Road/Engine Neck POSSESSION* 0200 to 0400 Wed-Fri	ON THU NIGHT, PLATFORMS 3 AND 4 AT NORWICH TO BE KEPT CLEAR OF STABLED ROLLING STOCK TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 1, 2, 5, 6 AND JUBILEE SIDINGS AT NORWICH
	Thorpe Jn and Norwich	Jubilee Sidings POSSESSION* 0200 to 0400 Wed-Fri	TRACK MAINTENANCE AND BASIC VISUAL INSPECTIONS NO WORK IS TO BE LINKED TO THIS POSSESSION WITHOUT PRIOR DECONFLICTION WITH IMDM COLCHESTER
	Thorpe Jn and Wensum Jn	Down and Up POSSESSION* 0200 to 0400 Wed-Fri	
	Crown Point Depot	Wensum Curve/Reception Lines 1-2 POSSESSION* 0200 to 0400 Wed-Fri	
		* Tue and Wed night to be Line Blockage Between Trains icw GE-G, Thu night to be a possession	

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EA1050 EA1060	SSV Inspections Type 2	02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26	TRAINS TO TRAVEL OVER THE DOWN SOUTHEND BI-DIRECTIONAL LINE BETWEEN BILLERICAY C/END AND HOCKLEY C/END
	Hockley and Billericay C/End	Up Southend POSSESSION 2345 Mon to 0440 Tue	STRUCTURE FOR AMENDED TRAIN PLAN NETWORK RAIL TO OFFER REVISED TRAIN SCHEDULE PATHS TO OPERATORS. UP TRAINS TO BE RETIMED WITH THE ENGINEERING ALLOWANCE OF [4] TO BE MOVED TO APPROACHING BILLERICAY
	Wickford	Platform 4 POSSESSION 2345 Mon to 0440 Tue	
	Billericay C/End and Hockley	Down Southend Line Blockage Between Trains 2345 Mon to 0145 Tue and 0410 to 0440 Tue	SSV INSPECTIONS TYPE 2
	Billericay C/End and Hockley	Down Southend POSSESSION 0145 to 0410 Tue	
	Wickford	Platform 1 POSSESSION 0145 to 0410 Tue	
	Wickford Jn	Up & Down Southminster POSSESSION 0145 to 0410 Tue	

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Route	At or Between	Week Numbers	Traffic Remarks
EA1050	SSV Inspections Type 3  Southend Victoria L/End and Wickford C/End  Wickford L/End and Southend Victoria L/End  Wickford L/End and Southend Victoria L/End	02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26  Up Southend POSSESSION 0010 to 0455 Wed  Down Southend Line Blockage Between Trains 0010 to 0200 Wed and 0400 to 0455 Wed  Down Southend Line POSSESSION 0200 to 0400 Wed	TRAINS TO TRAVEL OVER THE DOWN SOUTHEND BI-DIRECTIONAL LINE BETWEEN SOUTHEND VICTORIA L/END AND WICKFORD L/END  GA TO STABLE TRAINS IN PLATFORM 1 AT WICKFORD  STRUCTURE FOR AMENDED TRAIN PLAN NETWORK RAIL TO OFFER REVISED TRAIN SCHEDULE PATHS TO OPERATORS. UP TRAINS TO BE RETIMED WITH THE ENGINEERING ALLOWANCE OF [4] TO BE MOVED TO APPROACHING WICKFORD  SSV INSPECTIONS TYPE 3
EA1050	SSV Inspections Type 4  Wickford Jn and Southend Victoria L/End  Southend Victoria L/End and Wickford Jn  Southend Victoria L/End and Wickford Jn	02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26  Down Southend POSSESSION 0010 to 0455 Thu  Up Southend Line Blockage Between Trains 0010 to 0200 Thu and 0400 to 0455 Thu  Up Southend Line POSSESSION 0200 to 0400 Thu	TRAINS TO TRAVEL OVER THE UP SOUTHEND BI-DIRECTIONAL LINE BETWEEN WICKFORD L/END AND SOUTHEND VICTORIA L/END  STRUCTURE FOR AMENDED TRAIN PLAN NETWORK RAIL TO OFFER REVISED TRAIN SCHEDULE PATHS TO OPERATORS. DOWN TRAINS TO BE RETIMED IF REQUIRED WITH THE ENGINEERING ALLOWANCE OF [4] TO REMAIN APPROACHING SOUTHEND VICTORIA  SSV INSPECTIONS TYPE 4

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EA1050	SSV Inspections Type 5  Wickford L/End and Mountnessing Jn  Mountnessing Jn and Wickford L/End  Mountnessing Jn and Wickford L/End	02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26  Up Southend POSSESSION 2335 Thu to 0440 Fri  Down Southend Line Blockage Between Trains 2335 Thu to 0130 Fri and 0420 to 0440 Fri  Down Southend POSSESSION 0130 to 0420 Fri	TRAINS TO TRAVEL OVER THE DOWN SOUTHEND BI-DIRECTIONAL LINE BETWEEN WICKFORD JN L/END AND MOUNTNESSING JN  STRUCTURE FOR AMENDED TRAIN PLAN NETWORK RAIL TO OFFER REVISED TRAIN SCHEDULE PATHS TO OPERATORS. UP TRAINS TO BE RETIMED IF REQUIRED WITH THE ENGINEERING ALLOWANCE OF [4] TO REMAIN APPROACHING MOUNTNESSING JN  SSV INSPECTIONS TYPE 5
EA1050	SSV Inspections Type 6  Mountnessing Jn and Wickford C/End  Wickford C/End and Mountnessing Jn  Wickford C/End and Mountnessing Jn	02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26  Down Southend POSSESSION 0020 to 0455 Sat  Up Southend Line Blockage Between Trains 0020 to 0130 Sat and 0420 to 0455 Sat  Up Southend POSSESSION 0130 to 0420 Sat	TRAINS TO TRAVEL OVER THE UP SOUTHEND BI-DIRECTIONAL LINE BETWEEN MOUNTNESSING JN AND WICKFORD JN  STRUCTURE FOR AMENDED TRAIN PLAN NETWORK RAIL TO OFFER REVISED TRAIN SCHEDULE PATHS TO OPERATORS. DOWN TRAINS TO BE RETIMED WITH THE ENGINEERING ALLOWANCE OF [4] TO BE MOVED TO APPROACHING WICKFORD  SSV INSPECTIONS TYPE 6

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Route	At or Between	Week Numbers	Traffic Remarks
EA1090 EA1100 EA1110	GE CYCLIC TYPE 120 (DISRUPTIVE)  Colchester Jn and Hunwick Jn  Hunwick Jn and Clacton-on-Sea  Clacton-on-Sea  Colchester Jn and Hunwick Jn  East Gate Jn and Colchester Town  Hythe Jn and Colne Jn  Thorpe-le-Soken Jn and Walton-on-the Naze  Kirby Cross	4, 16  Up and Down Clacton POSSESSION 0001 to 0455 Tue  Down and Up Clacton POSSESSION 0001 to 0455 Tue-Thu 0110 to 0455 Fri  Platforms 1-4 POSSESSION 0001 to 0455 Tue-Thu 0110 to 0455 Fri  Up and Down Avoiding POSSESSION 0001 to 0455 Tue-Thu 0110 to 0455 Fri  Down and Up Colchester Town POSSESSION 0001 to 0455 Tue-Thu 0110 to 0455 Fri  Down and Up Hythe Curve POSSESSION 0001 to 0455 Tue-Thu 0110 to 0455 Fri  Walton Single POSSESSION 0001 to 0455 Tue-Thu 0110 to 0455 Fri  Down and Up Walton POSSESSION 0001 to 0455 Tue-Thu 0110 to 0455 Fri	2256 MTW COLCHESTER TO WALTON-ON-NAZE IS DIVERTED TO CLACTON WITH A BUS FROM CLACTON TO WALTON-ON-NAZE  2318 MTW LIVERPOOL STREET TO CLACTON-ON-SEA TO TERMINATE AT COLCHESTER WITH A BUS TO CLACTON-ON-SEA  GA TO STABLE TRAINS IN PLATFORMS 1-4 AT CLACTON-ON-SEA ECS MOVES AT CLACTON-ON-SEA TO BE RETIMED  CLACTON DEPOT TO REMAIN LIVE  ROAD TO BE OPEN AT THE FOLLOWING LC'S: EAST GATES LC, HYTHE LC, ALRESFORD LC, THORRINGTON LC, GREAT BENTLEY LC & FRINTON LC  GE CYCLIC TYPE 120 (DISRUPTIVE)

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EA1090 EA1100 EA1110	GE CYCLIC TYPE 120 (NON-DISRUPTIVE)	10, 22	GA TO STABLE TRAINS IN PLATFORMS 1-4 AT CLACTON AS REQUIRED
	Colchester Jn and Hunwick Jn	Up and Down Clacton POSSESSION 0110 to 0500 Tue	CLACTON DEPOT TO REMAIN LIVE
	Hunwick Jn and Clacton-on-Sea L/End	Down and Up Clacton POSSESSION 0110 to 0500 Tue-Fri	GE CYCLIC TYPE 120 (NON-DISRUPTIVE)
	Colchester and Hunwick Jn	Up and Down Avoiding POSSESSION 0110 to 0500 Tue-Fri	
	East Gate Jn and Colchester Town	Down and Up Colchester Town POSSESSION 0110 to 0500 Tue-Fri	
	Hythe Jn and Colne Jn	Down and Up Hythe Curve POSSESSION 0110 to 0500 Tue-Fri	
	Thorpe-le-Soken Jn and Walton-on-the Naze	Walton Single POSSESSION 0110 to 0500 Tue-Fri	
	Kirby Cross	Down and Up Walton POSSESSION 0110 to 0500 Tue-Fri	

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Route	At or Between	Week Numbers	Traffic Remarks
EA1120	GE CYCLIC TYPE 117B	02, 05, 08, 11, 14, 17, 20, 23, 26	NO ACCESS TO / FROM PARKESTON YARD / CARLESS SIDINGS
	Manningtree South Jn and Harwich International	Down Harwich POSSESSION 0045 to 0435 Tue-Fri	AT HARWICH INTERNATIONAL TRAINS TO BE OUTSTABLED FROM PLATFORMS 2 & 3 ON MONDAY AND TUESDAY NIGHTS AND OUTSTABLED FROM PLATFORMS 1 & 2 ON WEDNESDAY AND THURSDAY NIGHTS
	Harwich Town and Manningtree	Single/Up Harwich POSSESSION 0045 to 0435 Tue-Fri	TRAINS TO BE OUTSTABLED IN IPSWICH PLATFORM 2 AND COLCHESTER UP PASSENGER LOOP
	Manningtree	Platform 1 POSSESSION 0045 to 0435 Tue-Fri	5A61 & 5A75 TO BE RETIMED
	Manningtree North Jn and Manningtree East Jn	North Curve POSSESSION 0045 to 0435 Tue-Fri	PANTOGRAPHS TO BE LOWERED ON TRAINS STABLED AT HARWICH INTERNATIONAL AND IN PARKESTON CARRIAGE SIDINGS / YARD (391 AND 392 SECTIONS COMPLETE)
	Harwich International	Platforms 2-3 POSSESSION 0045 to 0435 Tue-Wed	POSSESSIONS TO 548 POINTS ON THE MONDAY AND TUESDAY NIGHTS AND TO INCLUDE PLATFORM 1 ON THE WEDNESDAY AND THURSDAY NIGHT
		Platforms 1-3 POSSESSION 0045 to 0435 Thu-Fri	
	Mistley	Down Siding SIDINGS POSSESSION 0045 to 0435 Tue-Fri	GE CYCLIC TYPE 117B

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Route	At or Between	Week Numbers	Traffic Remarks
EA1161	PATROLLING TYPE N  Bishops Stortford L/End and Bishops Stortford C/End  Bishops Stortford and Bishops Stortford L/End  Bishops Stortford	02, 04, 06, 08, 10, 12, 14, 16, 18, 20, 22, 24, 26  Down and Up Cambridge Line Blockage (Between Trains) 0100 to 0445 Fri  Up Passenger Loop/Platform 3 Line Blockage (Between Trains) 0100 to 0445 Fri  Down and Up Sidings Sidings Possession 0100 to 0445 Fri	NO TRAINS TO BE STABLED IN PLATFORM 3 AT BISHOPS STORTFORD  TRAINS TO BE STABLED AT STANSTED AIRPORT  PATROLLING TYPE N

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EA1161 EA1230 LN125	WA CYCLIC TYPE J  Sawston and Cambridge C/End  Cambridge  Cambirdge South  Royston and Shepreth Branch Jn  Cambridge and Cambridge L/End  Foxton	02, 08, 14, 20, 26  Down and Up POSSESSION 0015 to 0430 Tue-Fri  Platform Line/Through Line/Platforms 1 and 4 POSSESSION 0015 to 0430 Tue-Fri  Down and Up Addenbrooke's Loop POSSESSION 0015 to 0430 Tue-Fri  Down and Up Royston POSSESSION 0015 to 0430 Tue-Fri  Down Slow/No.7 Platform Line/No.8 Platform Line POSSESSION 0015 to 0430 Tue-Fri  Siding SIDINGS POSSESSION 0015 to 0430 Tue-Fri	AMENDED TRAIN PLAN STRUCTURE: ROAD TRANSPORT FOR GA/GREAT NORTHERN SERVICES BETWEEN BISHOPS STORTFORD/ ROYSTON AND CAMBRIDGE FROM 0015 UNTIL END OF SERVICE  ISOLATIONS THAT AFFECT BISHOPS STORTFORD OR CAMBRIDGE CARRIAGE SIDINGS ARE NOT PERMITTED  TRAINS MAY BE STABLED IN PLATFORMS 2, 3 AND 6 AT CAMBRIDGE NO TRAINS TO BE STABLED IN PLATFORMS 1, 4, 5, 7 AND 8 AT CAMBRIDGE NO TRAINS TO BE STABLED AT FOXTON SIDINGS  ROAD TO BE OPEN AT THE FOLLOWING LC'S: MELDRETH LC & SHELFORD LC  These cyclics must align with LNE cyclical maintenance possessions between Hitchin (Cambridge Jn) & Meldreth. These WA-J possessions are back-to-back with East Coast Type E Section 5.  WA CYCLIC TYPE J

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EA1161 EA1530 LN125	WA CYCLIC TYPE M	04, 10, 16, 22, 26	GA TO STABLE TRAINS AT BISHOPS STORTFORD AND BISHOPS STORTFORD SIDINGS AS REQUIRED
	Cambridge and Ely Dock Jn	Down and Up POSSESSION 0030 to 0205 Tue-Fri	GBRf 6X34 & 6L17 TO BE RETIMED/DIVERTED
	Cambridge	Platform 1/Platforms 4 and 5/Platform Line/Through Line POSSESSION 0030 to 0205 Tue-Fri	TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 2, 3 AND 6 AT CAMBRIDGE NO TRAINS TO BE STABLED IN PLATFORMS 1, 4, 5, 7 AND 8 AT CAMBRIDGE
	Cambridge	Down Goods Loop POSSESSION 0030 to 0510 Tue-Fri	
	Coldham Lane Jn and Dullingham	Up & Down Newmarket POSSESSION 0030 to 0510 Tue-Fri	GA TO STABLE TRAINS IN PLATFORM 3 AT CAMBRIDGE NORTH
	Shepreth Branch Jn and Ely Dock Jn	Down and Up POSSESSION 0205 to 0425 Tue-Fri	FROM 0205 TO 0425 MOVEMENTS WITHIN THE YARD VIA BYPASS LINE UNAFFECTED / NO ACCESS TO/FROM MAIN LINES / THROUGH ROAD 5H05 TO BE AMENDED VIA STP
	Cambridge South	Down and Up Addenbrookes Loop POSSESSION 0205 to 0425 Tue-Fri	
	Cambridge L/End and Cambridge	Down Slow POSSESSION 0205 to 0425 Tue-Fri	ACCESS AVAILABLE TO/FROM COLDHAM LANE DEPOT VIA MAIN LINES FROM 0425 TUE-FRI
	Cambridge	Platform 1/Platforms 4 and 5/Platforms 7 and 8/Platform Line/Through Line/Hills Road Spur POSSESSION 0205 to 0425 Tue-Fri	ISOLATIONS THAT AFFECT CAMBRIDGE CARRIAGE SIDINGS NOT PERMITTED
	Cambridge C/End and Cambridge L/End	No.7 Platform Line/No.8 Platform Line POSSESSION 0205 to 0425 Tue-Fri	WA CYCLIC TYPE M
	Cambridge C/End (CA1093/1094 pts) and Ely Dock Jn	Down and Up POSSESSION 0425 to 0510 Tue-Fri	

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EA1280 EA1340 EA1350	WA CYCLIC TYPE K	07, 13, 19, 25	FREIGHT SERVICES DIVERTED VIA SOUTH TOTTENHAM AND SEVEN SISTERS
	Stratford Central Jn East and Temple Mills West Jn	Down Temple Mills POSSESSION 0045 to 0420 Thu / 0040 to 0450 Fri	ACCESS AVAILABLE TO ORIENT WAY CS VIA TOTTENHAM HALE (REVERSE) AND TEMPLE MILLS WEST JN FOR ECS
	Temple Mills West Jn and Stratford	Up Temple Mills POSSESSION 0045 to 0420 Thu / 0040 to 0450 Fri	ROUTE VIA DUDDING HILL, KEW EAST, NEW KEW JN, BARNES AND CLAPHAM JN TO BE AVAILABLE
	Lea Jn and High Meads Jn	Down and Up Lea Curve POSSESSION 0045 to 0420 Thu / 0040 to 0450 Fri	WA CYCLIC TYPE K
	High Meads Jn and Temple Mills East Jn	Down and Up High Meads Loop POSSESSION 0045 to 0420 Thu / 0040 to 0450 Fri	
	High Meads Jn and Channelsea North Jn	Down and Up High Meads Curve POSSESSION 0045 to 0420 Thu / 0040 to 0450 Fri	
	Temple Mills West Jn and Ruckholt Road Jn	Temple Mills Loop POSSESSION 0045 to 0420 Thu / 0040 to 0450 Fri	
	Ruckholt Road Jn	Reception Line POSSESSION 0045 to 0420 Thu / 0040 to 0450 Fri	

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EA1160 EA1170 EA1180 EA1200 EA1280 EA1290	WA CYCLIC TYPE D  Cambridge Heath and Cheshunt Jn  Cheshunt Jn and Cambridge Heath  Clapton Jn and Chingford  Chingford  Ruckholt Road Jn and Coppermill Jn  Temple Mills West Jn  Lea Bridge Jn and Meridian Water  Tottenham South Jn and South Tottenham East Jn  Clapton Jn and Chingford L/End	02, 08, 14, 20, 26  Down Fast/Down Cambridge POSSESSION 2320 Mon-Thu to 0500 Tue-Fri  Up Cambridge/Up Fast POSSESSION 2320 Mon-Thu to 0500 Tue-Fri  Down and Up Chingford POSSESSION 2320 Mon-Thu to 0400 Tue-Fri  Platforms 1-3 POSSESSION 2320 Mon-Thu to 0400 Tue-Fri  Down and Up Temple Mills POSSESSION 2320 Mon-Thu to 0500 Tue-Fri  Reception Line/Temple Mills Loop POSSESSION 2320 Mon-Thu to 0500 Tue-Fri  Lea Valley Reversible POSSESSION 2320 Mon-Thu to 0500 Tue-Fri  Down and Up Tottenham South Curve POSSESSION 2320 Mon-Thu to 0500 Tue-Fri  Down and Up Chingford POSSESSION 0400 to 0500 Tue-Fri	FREIGHT SERVICES DIVERTED VIA SOUTH TOTTENHAM AND SEVEN SISTERS. PASSENGER SERVICES DIVERTED VIA RECTORY ROAD AND SEVEN SISTERS. ACCESS AVAILABLE TO ORIENT WAY CS VIA TEMPLE MILLS EAST JN FOR ECS ROUTE VIA DUDDING HILL, KEW EAST, NEW KEW JN, BARNES AND CLAPHAM JN TO BE AVAILABLE. AMENDED TRAIN PLAN STRUCTURE: RAIL REPLACEMENT BUS SERVICE IN OPERATION ACCESS AVAILABLE TO/FROM TEMPLE MILLS LOOP VIA RUCKHOLT ROAD JN  ISOLATIONS AFFECTING CHINGFORD CARRIAGE SIDINGS AND CHINGFORD STATION TO BE-2350 M-TH TO 0400 T-F, PANTOGRAPHS TO BE LOWERED AS REQUIRED ON ALL TRAINS STABLED IN PLATFORMS 1-3 CHINGFORD. SHUNTING AROUND CHINGFORD STATION PERMITTED UNTIL 2320 M-TH, AND SHUNTING AROUND CHINGFORD SIDINGS AREA PERMITTED UNTIL 2350 M-TH AND FROM 0400 T-F. 3 PLATFORMS TO BE AVAILABLE AT LIVERPOOL ST FOR OUTSTABLING FROM CHINGFORD CS UNIT TO FORM 1B98 TO STABLE AS REQUIRED IN PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0125 TO 0335 FRI  NO MOVEMENTS WITHIN CHINGFORD SIDINGS 2350 TO 0400, TRAINS TO BE STABLED AS REQUIRED

	<p>London Fields and Rectory Road</p> <p>Rectory Road and London Fields</p> <p>Reading Lane Jn and Navarino Road Jn</p> <p>Chingford</p>	<p>Down Suburban/Down Southbury POSSESSION 0200 Tue-Wed to 0400 Tue-Wed</p> <p>Up Southbury/Up Suburban POSSESSION 0200 Tue-Wed to 0400 Tue-Wed</p> <p>Graham Road Curve POSSESSION 0200 Tue-Wed to 0400 Tue-Wed</p> <p>Carriage Sidings SIDINGS POSSESSION 2350 Mon-Thu to 0400 Tue-Fri</p>	<p>NO TRAINS TO STABLE IN PLATFORMS 1-2 AT CHINGFORD ON MON AND TUE NIGHTS TRAINS TO BE STABLED IN PLATFORM 3 AT CHINGFORD ON MON AND TUE NIGHTS</p> <p>NO TRAINS TO STABLE IN PLATFORMS 2-3 AT CHINGFORD ON WED AND THU NIGHTS TRAINS TO STABLE IN PLATFORM 1 AT CHINGFORD ON WED AND THU NIGHTS</p> <p>WA CYCLIC TYPE D</p>
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EA1200	PATROLLING TYPE D1  Walthomstow Central and Chingford  Chingford	09, 22  Down and Up Chingford LINE BLOCKAGE 0150 to 0400 Tue-Fri  Platforms 1-3 LINE BLOCKAGE 0150 to 0400 Tue-Fri  Sidings SIDINGS POSSESSION 0150 to 0400 Tue-Fri	NO TRAINS TO BE STABLED IN PLATFORMS 2-3 AT CHINGFORD TUE AND WED TRAINS TO BE STABLED IN PLATFORM 1 AT CHINGFORD AS REQUIRED TUE AND WED  NO TRAINS TO BE STABLED IN PLATFORM 1 AT CHINGFORD THU AND FRI TRAINS TO BE STABLED IN PLATFORMS 2-3 AT CHINGFORD AS REQUIRED THU AND FRI  PATROLLING TYPE D1

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EA1162	WA CYCLIC TYPE O  Queen Adelaide LC (AHBC-X) and Kings Lynn  Kings Lynn  Kings Lynn Yard and Middleton Towers LC No.6 (TMO) (NR Boundary)  Kings Lynn L/End and Kings Lynn  Kings Lynn Yard	07, 13, 19, 25 <sup>1</sup>  Down and Up/Up & Down POSSESSION 2245 Mon-Thu to 0440 Tue-Fri  Platforms 1-2 POSSESSION 2245 Mon-Thu to 0440 Tue-Fri  Down & Up POSSESSION 2245 Mon-Thu to 0440 Tue-Fri  Carriage Siding No. 1-2 (SIDINGS POSSESSION) 2245 Mon-Thu to 0440 Tue-Fri  All Sidings (SIDINGS POSSESSION) 2245 Mon-Thu to 0440 Tue-Fri  <sup>1</sup> Week 25 to be 2135 Mon-Thu to 0440 Tue-Fri (extra time due to post summer soil moisture)	2139 / 2239 / 2309, 1T66 / 1T70 / 1T72, KINGS CROSS TO KINGS LYNN TO TERMINATE AT ELY 2258 & 2T73, KINGS LYNN TO CAMBRIDGE WILL NOT RUN  RAIL REPLACEMENT ROAD TRANSPORT BETWEEN ELY AND KINGS LYNN  4H83 TO BE RETIMED  NO TRAINS TO BE STABLED IN PLATFORM 1 AT KINGS LYNN ON MON AND TUE NIGHT TRAINS TO BE STABLED IN PLATFORM 2 AT KINGS LYNN ON MON AND TUE NIGHT NO TRAINS TO BE STABLED IN PLATFORM 2 AT KINGS LYNN ON WED AND THU NIGHT TRAINS TO BE STABLED IN PLATFORM 1 AT KINGS LYNN ON WED AND THU NIGHT (EAST ANGLIA SECTIONAL APPENDIX, SECTION 1 REFERS)  GTR TO ADDITIONALLY STABLE ONE UNIT IN PLATFORMS 7 OR 8 AT CAMBRIDGE (NO ISOLATION)  ANY ISOLATION THAT AFFECTS KINGS LYNN CS TO BE WITHDRAWN AT 0405 (PANTOGRAPHS TO BE LOWERED)  ROAD TO BE OPEN AT THE FOLLOWING LC'S: LITTLEPORT LC, MAGDELAN ROAD LC & WATLINGTON ROAD LC  WA CYCLIC TYPE O

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EA1162 EA1270	Patrolling Type O	05, 18	NO TRAINS TO BE STABLED IN PLATFORM 1 AT KING LYNN ON MON NIGHT
	Watlington and Kings Lynn	Down and Up/Up & Down LINE BLOCKAGE 0125 to 0410 Tue-Sat	TRAINS TO BE STABLED IN PLATFORM 2 AND CARRIAGE SIDING NO. 1-2 AT KING LYNN ON MON NIGHT (EAST ANGLIA SECTIONAL APPENDIX, SECTION 1 REFERS)  1T72 TO SHUNT TO KINGS LYNN CARRIAGE SIDINGS AND BACK TO FORM 1T01
	Kings Lynn	Platforms 1-2 LINE BLOCKAGE 0125 to 0410 Tue-Sat	NO TRAINS TO BE STABLED IN PLATFORM 2 AT KING LYNN ON TUE AND WED NIGHT  TRAINS TO BE STABLED IN PLATFORM 1 AND CARRIAGE SIDING NO. 1-2 AT KING LYNN ON TUE AND WED NIGHT (EAST ANGLIA SECTIONAL APPENDIX, SECTION 1 REFERS)
	Kings Lynn Jn and Middleton Towers LC No.6 (TMO) (NR Boundary)	Down & Up LINE BLOCKAGE 0125 to 0410 Tue-Sat	1T72 TO SHUNT TO KINGS LYNN CARRIAGE SIDINGS AND BACK TO FORM 1T01  1T70/1T05 AMENDED TO PLATFORM 1
	Kings Lynn L/End and Kings Lynn	Carriage Siding No. 1-2 (SIDINGS POSSESSION) 0125 Tue-Sat to 0410 Tue-Sat	NO TRAINS TO BE STABLED IN CARRIAGE SIDING NO. 1 AT KING LYNN ON THU NIGHT  TRAINS TO BE STABLED IN PLATFORMS 1-2 AND CARRIAGE SIDING NO. 2 AT KING LYNN ON THU NIGHT (EAST ANGLIA SECTIONAL APPENDIX, SECTION 1 REFERS)  5T54/5T07 TO/FROM ROAD 2

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<b>Route</b>	<b>At or Between</b>	<b>Week Numbers</b>	<b>Traffic Remarks</b>
EA1160 EA1170 EA1180 EA1190 EA1300	WA CYCLIC TYPE B  Cambridge Heath and Cheshunt Jn  Reading Lane Jn and Navarino Road Jn  South Tottenham West Jn and Seven Sisters Jn  Bury Street Jn and Enfield Town  Enfield Town  Cambridge Heath and Clapton Tunnel	04, 10, 16, 22  Down and Up Suburban/Down and Up Southbury POSSESSION 2335 Mon-Thu to 0515 Tue, Wed, Fri / 0445 Thu  Graham Road Curve POSSESSION 2335 Mon-Thu to 0515 Tue, Wed, Fri / 0445 Thu  Up/Down Seven Sisters Chord POSSESSION 2335 Mon-Thu to 0515 Tue, Wed, Fri / 0445 Thu  Down and Up Enfield POSSESSION 2335 Mon-Thu to 0515 Tue, Wed, Fri / 0445 Thu  Platforms 1-3 POSSESSION 2335 Mon-Thu to 0515 Tue, Wed, Fri / 0445 Thu  Down and Up Fast/Down and Up Cambridge POSSESSION 0200 to 0400 Tue-Wed	TRAINS TO TRAVEL OVER FAST LINES BETWEEN BETHNAL GREEN NORTH JN AND HACKNEY DOWNS (2335 M TO 0145 T & 0425 TO 0515 T, 2335 T TO 0110 W & 0455 TO 0515 W, 2335 W TO 0110 H & 0430 TO 0515 H AND 2335 H TO 0030 FRI AND 0500 TO 0515 F)  AMENDED TRAIN PLAN STRUCTURE: RAIL REPLACEMENT BUS SERVICE IN OPERATION OTHER SERVICES DIVERTED VIA LEA VALLEY  TRAINS TO BE STABLED IN PLATFORMS 1-3 AT ENFIELD TOWN AND IN THE BAY PLATFORM AT CHESHUNT AS REQUIRED. NO TRAINS TO BE STABLED IN CHESHUNT BAY/PLATFORM 3 ON WED NIGHT FOR PATROLLING-B1  ISOLATION OF CHESHUNT BAY PLATFORM TO BE WITHDRAWN AT 0430  ISOLATION OF ENFIELD TOWN PLATFORMS TO BE WITHDRAWN AT 0500  WA CYCLIC TYPE B
EA1190	PATROLLING TYPE B1  Cheshunt	02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26  Bay Platform POSSESSION 0105 to 0500 Thu	NO TRAINS TO BE STABLED IN THE BAY PLATFORM/PLATFORM 3 AT CHESHUNT  PATROLLING TYPE B1

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Route	At or Between	Week Numbers	Traffic Remarks
EA1210	WA CYCLIC TYPE I  Broxbourne Jn and Hertford East  Hertford East	06, 12, 18, 24  Down and Up Hertford POSSESSION 0035 to 0515 Tue-Fri  Platforms 1-2 POSSESSION 0035 to 0515 Tue-Fri	GA TO STABLE TRAINS IN PLATFORMS 1-2 AT HERTFORD EAST  ISOLATION TO BE WITHDRAWN AT 0440 (Tue- Fri)  WA CYCLIC TYPE I
EA1220	INSPECTIONS TYPE L  Stansted East Jn and Stansted Airport  Stansted East Jn and Stansted Airport  Stansted Airport	12, 25  Down Airport/Up & Down Airport/Up Arrival Down LINE BLOCKAGE 0035 to 0420 Sat / 0035 to 0455 Tue-Thu / 0035 to 0420 Fri  Up Departure Down/Up & Down Airport/Up Airport LINE BLOCKAGE 0035 to 0420 Sat / 0035 to 0455 Tue-Thu / 0035 to 0420 Fri  Platforms 1-3 LINE BLOCKAGE 0035 to 0420 Sat / 0035 to 0455 Tue-Thu / 0035 to 0420 Fri	GA TO STABLE TRAINS AS REQUIRED IN PLATFORMS 2-3 AT STANSTED AIRPORT ON TUE AND WED NO TRAINS TO BE STABLED IN PLATFORM 1 AT STANSTED AIRPORT ON TUE AND WED  GA TO STABLE TRAINS AS REQUIRED IN PLATFORMS 1-2 AT STANSTED AIRPORT ON THU AND FRI NO TRAINS TO BE STABLED IN PLATFORM 3 AT STANSTED AIRPORT ON THU AND FRI  GA TO STABLE TRAINS AS REQUIRED IN PLATFORMS 1 AND 3 AT STANSTED AIRPORT ON SAT NO TRAINS TO BE STABLED IN PLATFORM 2 AT STANSTED AIRPORT ON SAT  IN WEEK 39 MN/TN/WN/HN/FN, GA TO STABLE TRAINS AS REQUIRED IN PLATFORMS 1-3 AT STANSTED AIRPORT  ANY ISOLATION OF STANSTED AIRPORT TO BE WITHDRAWN AT 0420 TUE, WED AND THU  INSPECTIONS TYPE L

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<b>Route</b>	<b>At or Between</b>	<b>Week Numbers</b>	<b>Traffic Remarks</b>
EA1310 EA1320 MD155 MD150 MD160	NLL CYCLIC TYPE 1  Camden Road West Jn* and Acton Wells Jn  Gospel Oak and Junction Road Jn  Gospel Oak  Kensal Green Jn and Willesden Suburban Jn  Kensal Green Jn and Harlesden Jn  Willesden High Level Jn and Mitre Bridge Jn  Kensal Green Jn  Kensal Green Jn and Willesden High Level	07, 13, 19, 25  Down and Up North London POSSESSION 0040 to 0530 Tue-Fri  Down and Up T&H POSSESSION 0040 to 0530 Tue-Fri  Platform 3 POSSESSION 0040 to 0530 Tue-Fri  Down and Up New Line POSSESSION 0040 to 0530 Tue-Fri  Down and Up City Line POSSESSION 0040 to 0530 Tue-Fri  Down and Up High Level POSSESSION 0040 to 0530 Tue-Fri  Reversing Siding SIDINGS POSSESSION 0040 to 0530 Tue-Fri  Willesden Turnback Siding SIDINGS POSSESSION 0040 to 0530 Tue-Fri	FREIGHT SERVICES DIVERTED VIA PRIMROSE HILL, WCML AND SOUTH WEST SIDINGS  ROUTE VIA DUDDING HILL, KEW EAST, NEW KEW JN, BARNES AND CLAPHAM JN TO BE AVAILABLE GBRF / GTR ECS MOVES TO BE DIVERTED AND RETIMED  ACCESS TO BE MAINTAINED TO WeFOC AT HARLESDEN JN  ARL TO STABLE TRAINS IN PLATFORM 1 AT BARKING NO TRAINS TO BE STABLED IN PLATFORM 3 AT GOSPEL OAK NO TRAINS TO STABLE IN KENSAL GREEN TURNBACK SIDING  NLL CYCLIC TYPE 1  * Gospel Oak to Acton Wells Jn on Wednesday nights only to allow patrols

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EA1180 EA1320 LN110	NLL CYCLIC TYPE 2  Camden Road East Jn and Lea Jn  Camden Road East Jn and Canonbury West Jn  Camden Road East Jn and Caledonian Road and Barnsbury  Canonbury West Jn and Highbury Vale Jn  Navarino Road Jn and Reading Lane Jn	06, 12, 18, 24  Down and Up North London POSSESSION 0010 to 0450 Tue and Thu 0050 to 0450 Wed and Fri  Down and Up North London POSSESSION 0010 to 0050 Wed and Fri  Down North London Relief/Up North London Reversible POSSESSION 0010 to 0450 Tue-Fri  Up/Down Canonbury POSSESSION 0010 to 0450 Tue and Thu 0050 to 0450 Wed and Fri  Graham Road Curve POSSESSION 0010 to 0450 Tue and Thu 0050 to 0450 Wed and Fri	THAMESIDE FREIGHT DIVERTED VIA THE T&H ACCESS TO THE NORTH LONDON INCLINE AT CAMDEN ROAD CENTRAL JN TO BE MAINTAINED FELIXSTOWE FREIGHT SERVICES TO BE DIVERTED VIA BACON FACTORY CURVE / HAUGHLEY JN / BURY ST EDMUNDS / ELY / PETERBOROUGH / STAMFORD / LEICESTER AND NUNEATON  FREIGHTLINER 4V37 TO RUN EARLIER AS 4V59 FREIGHTLINER 6V53 TO BE RE-TIMED AND RUN LATER FROM BOW DEPOT DB CARGO 6026 TO BE RE-TIMED  POSSESSION TO BE TAKEN AFTER PASSAGE OF GB RAILFREIGHT 4L00  NLL CYCLIC TYPE 2

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EA1310 EA1330 SW240	NLL CYCLIC TYPE 3	03, 09, 15, 21	MIDLAND MAIN LINE-SOUTHERN FREIGHT SERVICES DIVERTED VIA CARLTON ROAD JN, JUNCTION ROAD JN, SOUTH TOTT', STRATFORD, GOSPEL OAK, WILLESDEN HIGH LEVEL JN AND WEST LONDON LINE
	Acton Wells Jn and South Acton Jn	Down and Up POSSESSION 0030 to 0510 Tue-Fri	A ROUTE TO/FROM LONDON EUSTON MUST BE AVAILABLE FOR ARL ECS AND PROVISION FOR ADDITIONAL STABLING MADE WITHIN THE PLATFORMS THERE
	South Acton Jn and Gunnorsbury Jn	Down and Up Richmond POSSESSION 0030 to 0115 Tue-Fri	MINIMUM OF 1 OF PLATFORMS 4-7 TO BE AVAILABLE FOR LU/S7 OVERNIGHT STABLING
	South Acton and Kew East Jn	Down and Up Kew POSSESSION 0030 to 0510 Tue-Fri	MON NIGHT, NO TRAINS TO BE STABLED IN PLATFORMS 3 AND 4 AT RICHMOND TRAINS TO BE STABLED IN PLATFORMS 5, 6 AND 7 AT RICHMOND (ARL IN PLATFORMS 5 AND 7, LU IN PLATFORM 6 – 1X ARL UNIT OUTSTABLED AT EUSTON)
	Kew East Jn and Old Kew Jn	Down and Up Kew Branch POSSESSION 0030 to 0510 Tue-Fri	TUE NIGHT, NO TRAINS TO BE STABLED IN PLATFORMS 4 AND 5 AT RICHMOND TRAINS TO BE STABLED IN PLATFORMS 3, 6 AND 7 AT RICHMOND (ARL IN PLATFORMS 3 AND 7, LU IN PLATFORM 6 – 1X ARL UNIT OUTSTABLED AT EUSTON)
	Kew East Jn and New Kew Jn	Down and Up Kew Spur POSSESSION 0030 to 0510 Tue-Fri	WED NIGHT, NO TRAINS TO BE STABLED IN PLATFORMS 5 AND 6 AT RICHMOND TRAINS TO BE STABLED IN PLATFORMS 3, 4 AND 7 AT RICHMOND (ARL IN PLATFORMS 3 AND 4, LU IN PLATFORM 7 – 1X ARL UNIT OUTSTABLED AT EUSTON)
	South Acton Jn and Richmond	Down and Up Richmond POSSESSION 0115 to 0510 Tue-Fri	THU NIGHT, NO TRAINS TO BE STABLED IN PLATFORMS 6 AND 7 AT RICHMOND TRAINS TO BE STABLED IN PLATFORMS 3, 4 AND 5 AT RICHMOND (ARL IN PLATFORMS 3 AND 4, LU IN PLATFORM 5 – 1X ARL UNIT OUTSTABLED AT EUSTON)
	Richmond	Platforms 3-7 POSSESSION 0115 to 0510 Tue-Fri	NLL CYCLIC TYPE 3
	Gunnorsbury Jn and Network Rail / LUL (District Line) Boundary	Eastbound District Line POSSESSION 0115 to 0510 Tue-Fri	
	Gunnorsbury Jn and Network Rail / LUL (District Line) Boundary	Westbound District Line POSSESSION 0115 to 0510 Tue-Fri	

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EA1360 LN3219 LN3222 MD170 MD715	NLL CYCLIC TYPE 4  Cricklewood Curve Jn and Dudding Hill Jn  Dudding Hill Jn and Acton Wells Jn  Brent Curve Jn and Dudding Hill Jn  Neasden Jn  Acton Canal Wharf Jn and Territory Boundary (MD170 with Anglia)	04, 10, 16, 22  Down and Up Cricklewood Curve POSSESSION 2300 Mon-Thu to 0500 Tue-Fri  Down and Up/Down and Up Goods POSSESSION 2300 Mon-Thu to 0500 Tue-Fri  Down and Up Brent Curve POSSESSION 2300 Mon-Thu to 0500 Tue-Fri  Up & Down Branch POSSESSION 2300 Mon-Thu to 0500 Tue-Fri  Up & Down Acton Branch POSSESSION 2300 Mon-Thu to 0500 Tue-Fri	MIDLAND MAIN LINE-SOUTHERN FREIGHT SERVICES DIVERTED VIA CARLTON ROAD JN, JUNCTION ROAD JN, SOUTH TOTTENHAM, STRATFORD, GOSPEL OAK, WILLESDEN HIGH LEVEL JN AND THE WEST LONDON LINE  6M93 TO BE RETIMED TO RUN TO BRENT CURVE JN THEN RUN AS BOOKED ON THE SLOW LINES  NLL CYCLIC TYPE 4

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EA1290 EA1300 EA1370 LN165 LN3210	NLL CYCLIC TYPE 5	05, 11, 17, 23	FREIGHT SERVICES DIVERTED VIA FOREST GATE JN, STRATFORD AND CAMDEN ROAD
	Gospel Oak Jn and Woodgrange Park Jn	Down and Up T&H POSSESSION 0050 to 0520 Tue-Sat	ROUTE VIA DUDDING HILL, KEW EAST, NEW KEW JN, BARNES AND CLAPHAM JN TO BE AVAILABLE
	Upper Holloway and Junction Road Jn	Up Reception POSSESSION 0050 to 0520 Tue-Sat	FREIGHT SERVICES FROM FERME PARK TO RUN VIA THE INCLINE
	Gospel Oak	Platform 3 (Gospel Oak) POSSESSION 0050 to 0520 Tue-Fri	NO TRAINS TO BE STABLED IN PLATFORM 3 AT GOSPEL OAK (TUE-FRI)
	Carlton Road Jn and Junction Road Jn	Down and Up Tottenham POSSESSION 0050 to 0520 Tue-Sat	TRAINS TO BE STABLED IN PLATFORM 3 AT GOSPEL OAK (SAT)
	Harringay Jn and Harringay Park Jn	Harringay Curve POSSESSION 0050 to 0520 Tue-Sat	TRAINS TO BE STABLED IN PLATFORM 1 AT BARKING (TUE-SAT)
	Seven Sisters Jn and South Tottenham West Jn	Up/Down Seven Sisters Chord POSSESSION 0050 to 0520 Tue-Sat	ISOLATION OF PLATFORM 1 AT BARKING TO BE WITHDRAWN AT 0450 (TUE-SAT)
	South Tottenham East Jn and Tottenham South Jn	Down and Up Tottenham South Curve POSSESSION 0050 to 0520 Tue-Sat	NLL CYCLIC TYPE 5
	Upper Holloway	Cripple Sidings SIDINGS POSSESSION 0050 to 0520 Tue-Sat	

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EA1380 EA1400	LTS CYCLIC TYPE 1	06, 12, 18, 24	AMENDED TRAIN PLAN STRUCTURE: c2c SERVICES DIVERTED TO LIVERPOOL STREET
	Fenchurch Street and Christian Street Jn	Platforms 1-4/Down and Up Fast/Down and Up Slow POSSESSION 2045 to 0425 Tue-Fri	ARL TO STABLE A TRAIN IN PLATFORM 1 AT BARKING
	Christian Street Jn and East Ham Depot L/End	Down and Up Main POSSESSION 2045 Mon-Thu to 2245 Mon-Thu	ARL TO STABLE A TRAIN IN PLATFORM 3 AT GOSPEL OAK
	Gas Factory Jn	Up Passenger Loop POSSESSION 2045 Mon-Thu to 0425 Tue-Fri	ACCESS AVAILABLE AT EAST HAM DEPOT C/END UNTIL 2245 ACCESS TO/FROM EAST HAM DEPOT UNAVAILABLE FROM 2245
	Bow Jn and Gas Factory Jn	Up Stratford Down POSSESSION 2045 Mon-Thu to 0425 Tue-Fri	LTS CYCLIC TYPE 1
	Christian Street Jn and Upminster L/End	Down and Up Main POSSESSION 2245 Mon-Thu to 0425 Tue-Fri	
	Barking Tilbury Line Jn West and Barking	Down Fenchurch Street/Tilbury POSSESSION 2245 Mon-Thu to 0425 Tue-Fri	
	Barking Tilbury Line Jn and Barking Tilbury Line Jn West	Up Tilbury/Fenchurch Street POSSESSION 2245 Mon-Thu to 0425 Tue-Fri	
	Barking Tilbury Line Jn East and Upney Jn	Down and Up Connecting Line POSSESSION 2245 Mon-Thu to 0425 Tue-Fri	

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EA1380 EA1400	LTS CYCLIC TYPE 1A  Fenchurch Street and East Ham Depot L/End  Bow Jn and Gas Factory Jn  Gas Factory Jn	03, 09, 15, 21  Platforms 1-4/Down and Up Fast/Down and Up Slow/Down and Up Main POSSESSION 2330 Mon-Thu to 0440 Tue-Fri  Up Stratford Down POSSESSION 2330 Mon-Thu to 0440 Tue-Fri  Up Passenger Loop POSSESSION 2330 Mon-Thu to 0440 Tue-Fri	c2c SERVICES TO TERMINATE AT BARKING OR UPMINSTER  ACCESS AVAILABLE TO/FROM EAST HAM DEPOT AT C/END  LTS CYCLIC TYPE 1A
EA1380	LTS CYCLIC TYPE 1B  Barking and Upminster L/End  Barking Tilbury Line Jn East and Upney Jn	03, 09, 15, 21  Down and Up Main POSSESSION 2335 Mon-Thu to 0445 Tue-Fri  Down and Up Connecting Line POSSESSION 2335 Mon-Thu to 0445 Tue-Fri	TRAINS TO BE DIVERTED VIA RAINHAM AND OCKENDON  ACCESS TO BE AVAILABLE TO / FROM DOWN PLATFORM AT UPMINSTER FOR c2c SERVICES  NO EASEMENT TO SECTION 4 TIMES BETWEEN UPMINSTER AND SHOEBURYNESS  LTS CYCLIC TYPE 1B

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EA1380 EA1410	LTS CYCLIC TYPE 2	10, 22	c2c SERVICES DIVERTED VIA RAINHAM. RAIL REPLACEMENT ROAD TRANSPORT BETWEEN UPMINSTER AND GRAYS VIA OCKENDON AND UPMINSTER TO PITSEA VIA LAINDON. c2c TO RUN A MAXIMUM OF 6 TPH VIA THE TILBURY LINES DUE TO LCS  5R51 / 2R51 TO USE GRAYS PLATFORM 2  LTS CYCLIC TYPE 2
	Barking Tilbury Line Jn West and Pitsea	Down and Up Main POSSESSION 2245 Mon-Thu to 0440 Tue-Fri	
	Laindon	Reversing Line POSSESSION 2245 Mon-Thu to 0440 Tue-Fri	
	Barking Tilbury Line Jn East and Upney Jn	Down and Up Connecting Line POSSESSION 2245 Mon-Thu to 0440 Tue-Fri	
	Upminster and Grays	Up & Down Ockendon/Third Line POSSESSION 2245 Mon-Thu to 0440 Tue-Fri	
	Ockendon L/End and Ockendon C/End	Up & Down Loop POSSESSION 2245 Mon-Thu to 0440 Tue-Fri	
	Grays	Platform 3 POSSESSION 2245 Mon-Thu to 0440 Tue-Fri	

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EA1380 EA1410	LTS CYCLIC TYPE B (DOWN MAIN)	02, 14, 26	TRAINS TO TRAVEL OVER THE UP MAIN BI-DIRECTIONAL LINE BETWEEN BARKING AND WEST HORNDON CROSSOVERS BETWEEN 0015 TO 0110
	Barking and Upminster C/End	Down Main POSSESSION 0015 to 0110 Tue-Wed	TRAINS TO TRAVEL OVER THE UP MAIN BI-DIRECTIONAL LINE BETWEEN BARKING AND UPMINSTER L/END CROSSOVER BETWEEN 0445 AND 0525
	Barking and Upminster C/End	Down and Up Main POSSESSION 0110 to 0445 Tue-Wed	2B44, 2B48 AND 2D88 TO BE MANUALLY DISPATCHED FROM UPMINSTER PLATFORM 1
	Barking Tilbury Line Jn East and Upney Jn	Down and Up Connecting Line POSSESSION 0110 to 0445 Tue-Wed	LTS CYCLIC TYPE B (DOWN MAIN)
	Upminster	Platform 1A POSSESSION 0110 to 0445 Tue-Wed	
	Upminster and Grays	Up & Down Ockendon/Third Line POSSESSION 0110 to 0445 Tue-Wed	
	Ockendon L/End and Ockendon C/End	Up & Down Loop POSSESSION 0110 to 0445 Tue-Wed	
	Grays	Platform 3 POSSESSION 0110 to 0445 Tue-Wed	
	Barking and Upminster L/End	Down Main POSSESSION 0445 to 0525 Tue-Wed	

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EA1380 EA1410	LTS CYCLIC TYPE B (UP MAIN)	02, 14, 26	LTS CYCLIC TYPE B (UP MAIN)
	Upminster C/End and Barking	Up Main POSSESSION 0015 to 0110 Thu-Fri	
	Barking Tilbury Line Jn East and Upney Jn	Down and Up Connecting Line POSSESSION 0015 to 0445 Thu-Fri	
	Barking and Upminster C/End	Down and Up Main POSSESSION 0110 to 0445 Thu-Fri	
	Upminster	Platform 1A POSSESSION 0110 to 0445 Thu-Fri	
	Upminster and Grays	Up & Down Ockendon/Third Line POSSESSION 0110 to 0445 Thu-Fri	
	Ockendon L/End and Ockendon C/End	Up & Down Loop POSSESSION 0110 to 0445 Thu-Fri	
	Grays	Platform 3 POSSESSION 0110 to 0445 Thu-Fri	

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EA1380	LTS CYCLIC TYPE F  Southend Central and Shoeburyness  Shoeburyness	04, 16  Down and Up Main POSSESSION 2355 Mon-Thu to 0355 Tue-Fri  Platforms 1-3 POSSESSION 2355 Mon-Thu to 0355 Tue-Fri	RAIL REPLACEMENT ROAD SERVICE BETWEEN SOUTHEND CENTRAL AND SHOEBURYNNESS TRAINS TO TERMINATE IN PLATFORMS 1 AND 4 AT SOUTHEND CENTRAL  12 CAR 357 TO STABLE ON THE REVERSING LINE AT LEIGH-ON-SEA 8 CAR 357 TO STABLE IN THE UP SIDING AT PITSEA 12 CAR 357 TO STABLE IN PLATFORMS 1 AND 4 AT SOUTHEND CENTRAL NETWORK RAIL TO STABLE IN THE DOWN SIDING AT PITSEA  ISOLATION NOT PERMITTED  c2c TO SUPPLY MANUAL DISPATCH STAFF FOR PLATFORMS 1 AND 4 AT SOUTHEND CENTRAL  LTS CYCLIC TYPE F

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Route	At or Between	Week Numbers	Traffic Remarks
EA1380 EA1390	LTS CYCLIC TYPE G  Laindon and Leigh-on-Sea  Thames Haven Jn and Pitsea Jn  Pitsea Jn and Stanford-le-Hope C/End  Pitsea	07, 19  Down and Up Main POSSESSION 0010 to 0430 Tue-Fri  Down Tilbury POSSESSION 0010 to 0430 Tue-Fri  Up Tilbury POSSESSION 0010 to 0430 Tue-Fri  Down Sidings SIDINGS POSSESSION 0010 to 0430 Tue-Fri  Up Sidings SIDINGS POSSESSION 0010 to 0430 Tue-Fri	RAIL REPLACEMENT ROAD SERVICE TO OPERATE BETWEEN LAINDON AND LEIGH- ON-SEA, AND STANFORD-LE-HOPE AND PITSEA  TRAINS TO TERMINATE / START FROM THE REVERSING LINES AT LAINDON AND LEIGH- ON-SEA AND STANFORD-LE-HOPE PLATFORM 1  ECS OFF 2D84, 2D86 AND 2D88 TO RUN TO EAST HAM DEPOT VIA RAINHAM ECS OFF 2B42, 2B44, 2B45 AND 2B48 TO RUN TO EAST HAM DEPOT VIA UPMINSTER 2D01 AND 2B40 TO BE RETIMED  2B42 TO RUN 10 MINS EARLIER AT 2319  ECS TO RUN EAST HAM DEPOT TO STANFORD-LE-HOPE TO FORM 2D01  ROAD TO BE OPEN AT THE FOLLOWING LC'S: PITSEA HALL LC AND STANFORD-LE- HOPE LC  LTS CYCLIC TYPE G

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EA1390	LTS CYCLIC TYPE P  Purfleet	02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26  Purfleet Long Sidings SIDINGS POSSESSION <del>0950</del> 1005 to 1110 Fri	NO ACCESS TO/FROM PURFLEET LONG SIDINGS  LTS CYCLIC TYPE P
EA1390	LTS CYCLIC TYPE Q  Purfleet	06, 12, 18, 24  Purfleet Long Sidings SIDINGS POSSESSION 2140 Mon-Fri to 0130 Tue-Sat	NO ACCESS TO/FROM PURFLEET LONG SIDINGS  LTS CYCLIC TYPE Q

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EA1390	LTS CYCLIC TYPE 4A  Thames Haven Jn and Pitsea Jn	11, 23  Down and Up Tilbury POSSESSION 2220 Mon-Thu to 0420 Tue-Fri	c2c SERVICES TO TERMINATE AT GRAYS ROAD TRANSPORT BETWEEN GRAYS AND PITSEA  ROAD TO BE OPEN AT THE FOLLOWING LC'S: PITSEA HALL LC AND STANFORD-LE- HOPE LC  LTS CYCLIC TYPE 4A
EA1390	LTS CYCLIC TYPE 4B  Stanford-Le-Hope and Pitsea Jn	13, 25  Down and Up Tilbury POSSESSION 2220 Mon-Thu to 0420 Tue-Fri	c2c SERVICES TO TERMINATE AT STANFORD-LE-HOPE ROAD SERVICE TO OPERATE BETWEEN STANFORD-LE-HOPE AND PITSEA  8 CAR CLASS 357 FORMATIONS TO BE RE- TIMED TO PASS AT GRAYS DUE TO A/C FEED ISSUES. DOWN SERVICE TO DEPART 1 MINUTE AFTER THE ARRIVAL OF THE UP SERVICE AT GRAYS  ROAD TO BE OPEN AT THE FOLLOWING LC'S: PITSEA HALL LC AND STANFORD-LE- HOPE LC  LTS CYCLIC TYPE 4B

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Route	At or Between	Week Numbers	Traffic Remarks
EA1430	GE CYCLIC TYPE ESK 1  Westerfield Jn and Saxmundham Jn	04, 10, 16, 22  Down and East Suffolk/Up & Down East Suffolk POSSESSION <del>2310 Mon-Wed to 0610 Tue-Thu</del> 0155 to 0305 Tue-Thu	GE CYCLIC TYPE ESK 1
EA1430	GE CYCLIC TYPE ESK 2  Saxmundham Jn and Oulton Broad South  Beccles	05, 11, 17, 23  Down and Up East Suffolk/Up & Down East Suffolk POSSESSION 2355 Mon-Wed to 0525 Tue-Thu  Up Platform POSSESSION 2355 Mon-Wed to 0525 Tue-Thu	GE CYCLIC TYPE ESK 2

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Route	At or Between	Week Numbers	Traffic Remarks
EA1430 EA1470 EA1510	GE CYCLIC TYPE 129A  Reedham and Lowestoft  Lowestoft  Church Dam LC (UWC) and Reedham Jn  Oulton Broad Swing Bridge and Oulton Broad North Jn	07, 13, 19, 25  Down and Up Lowestoft POSSESSION 0015 to 0450 Tue-Thu  Platforms 2-4 POSSESSION 0015 to 0450 Tue-Thu  Reedham Single POSSESSION 0015 to 0450 Tue-Thu  Up & Down East Suffolk POSSESSION 0015 to 0450 Tue-Thu	NO TRAINS TO BE STABLED IN PLATFORMS 2-4 AT LOWESTOFT  GE CYCLIC TYPE 129A
EA1470 EA1500 EA1510	GE CYCLIC TYPE 129  Bungalow Lane LC (R/G-X) and Somerleyton Swing Bridge  Brundall Jn and Yarmouth  Acle  Reedham Jn and Yarmouth  Yarmouth	06, 12, 18, 24  Down and Up Lowestoft POSSESSION 0020 to 0440 Tue-Thu  Acle Single POSSESSION 0020 to 0440 Tue-Thu  Up Platform POSSESSION 0020 to 0440 Tue-Thu  Reedham Single POSSESSION 0020 to 0440 Tue-Thu  Platforms 2-4 POSSESSION 0020 to 0440 Tue-Thu	NO TRAINS TO BE STABLED IN PLATFORMS 2-4 AT YARMOUTH  GE CYCLIC TYPE 129

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EA1470 EA1480 EA1490	GE CYCLIC TYPE 132	02, 08, 14, 20, 26	ACCESS TO CROWN POINT VIA RECEPTION ROADS ONLY
	Wensum Jn and Bungalow Lane LC (R/G-X)	Down and Up Lowestoft POSSESSION 0040 to 0440 Tue-Thu	GE CYCLIC TYPE 132
	Whitlingham Jn and Cromer	Down and Up Branch/Up & Down Branch POSSESSION 0040 to 0440 Tue-Thu	
	North Walsham	Down Platform POSSESSION 0040 to 0440 Tue-Thu	
	Cromer	Platforms 1-2 POSSESSION 0040 to 0440 Tue-Thu	
	Cromer and Sheringham	Up & Down Sheringham POSSESSION 0040 to 0440 Tue-Thu	

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EA1530 EA1540	WA CYCLIC TYPE U "IPS-PBO 1in6"  Ambroses LC and Chippenham Jn  Chippenham Jn and Bury St Edmunds exc' - (BY48/BY2 Signals)  Chippenham Jn	03, 09, 15, 21  Up & Down/Down and Up Bury POSSESSION 2330 Mon-Thu to 0530 Tue-Fri  Down and Up Main POSSESSION 2330 Mon-Thu to 0530 Tue-Fri  Up Newmarket Down POSSESSION 2330 Mon-Thu to 0530 Tue-Fri	CROSS COUNTRY FREIGHT SERVICES TO BE DIVERTED VIA THE GREAT EASTERN MAIN LINE / NORTH LONDON LINE AND EAST COAST MAIN LINE  4L73 TO BE RETIMED FROM WEMBLEY TO AVOID CLASH WITH 4L96  WA CYCLIC TYPE U

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Route	At or Between	Week Numbers	Traffic Remarks
EA1161 EA1162 EA1540 EA1550 EA1560 EA1570 EA1580	WA CYCLIC TYPE V "IPS-PBO 1in6"	03, 09, 15, 21	FREIGHT SERVICES TO DIVERT VIA THE GEML AND NLL
	Ely North Jn and Norwood Road AHB	Down Peterborough/Down Main/Up & Down Ely West Curve/Down Goods No. 1 and 2 POSSESSION 2240 Mon-Thu to 0445 Tue-Fri	GBRf 4H83 TO DEPART PETERBOROUGH AT 0420
	March	Down Sidings SIDINGS POSSESSION 2240 Mon-Thu to 0530 Tue-Fri	NO ACCESS TO/FROM WHITEMOOR
	Norwood Road AHB and Ely North Jn	Up Main/Up Peterborough/Up Reception/Up Goods No.1 POSSESSION 2255 Mon-Thu to 0445 Tue-Fri	WA CYCLIC TYPE V
	March East Jn / March West Jn and Whitemoor Jn	East Curve/West Curve POSSESSION 2255 Mon-Thu to 0445 Tue-Fri	
	March	Up Sidings SIDINGS POSSESSION 2255 Mon-Thu to 0445 Tue-Fri	
	Ely Dock Jn and Queen Adelaide LC (AHBC-X) (ELR:BGK/LOR:EA1162)	Down and Up POSSESSION 0035 to 0445 Tue-Fri	
	Ely	Down Goods Loop/Up Platform Loop/Up Goods Loop POSSESSION 0035 to 0445 Tue-Fri	
	Ely Dock Jn and Ambroses LC	Up & Down POSSESSION 0035 to 0445 Tue-Fri	
	Ely North Jn and Queen Adelaide LC (AHBC-X) (ELR:ETN/LOR:EA1580)	Down and Up Norwich POSSESSION 0035 to 0445 Tue-Fri	
	Ely West Jn and Norwood Road AHB	Down Peterborough/Down Main/Down Goods No. 1 and 2 POSSESSION 0445 to 0530 Tue-Fri	

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EA1560 LN135	WA CYCLIC TYPE W “IPS-PBO 1in6”  Kings Dyke (KD17) Mon/Tue night Kings Dyke (KD18) Wed/Thu night and Norwood Road AHB  Norwood Road AHB and Kings Dyke (KD5) Mon/Tue night Kings Dyke (KD781) Wed/Thu night	03, 09, 15, 21  Up Main POSSESSION 2240 Mon-Thu to 0425 Tue-Fri  Down Main POSSESSION 2240 Mon-Thu to 0540 Tue-Fri	FREIGHT SERVICES TO DIVERT VIA GEML AND NLL. GBRf 4H83 TO DEPART PETERBOROUGH AFTER 0420 ON MON/TUE NIGHT AND AFTER 0425 ON WED/THU NIGHT GBRf 6E04 / 6L84 / 6O35 / 6L34 NOT TO RUN  NO ACCESS TO/FROM WHITEMOOR  WA CYCLIC TYPE W