

NETWORK RAIL
Anglia

Engineering Access Statement 2024
Rules Proposal
Section 5 - Midweek Night Possession Plan Summary

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ANGLIA ROUTE

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160	Liverpool Street Weeknight Strategy - Monday Night Part 1: Suburban and Fast Lines	37, 38, 40, 41, 42, 43, 44, 46, 47, 48, 49, 50, 52, 01, 02, 03, 04, 06, 07, 08, 09, 10, 12, 13, 14, 15, 16, 18, 19, 20, 21, 22, 24, 25, 26, 27, 28, 30, 31, 32, 33, 34, 36	WA SERVICES TO TRAVEL OVER THE DOWN AND UP FAST BETWEEN HACKNEY DOWNS L/END JN AND BETHNAL GREEN EAST JN FROM 0040 TO 0125 TUE
	Liverpool Street	Platforms 1-4 POSSESSION 0040 to 0505 Tue	
	Liverpool Street and Cambridge Heath	Down and Up Suburban POSSESSION 0040 to 0505 Tue	NO TRAINS TO BE STABLED IN PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0040 TO 0505 TUE TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 13-17 AT LIVERPOOL STREET FROM 0110 TO 0450 TUE TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 5-12 AT LIVERPOOL STREET FROM 0125 TO 0425 TUE
	Bethnal Green East Jn and Cambridge Heath	Down and Up Fast POSSESSION 0125 to 0400 Tue	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160	Liverpool Street Weeknight Strategy - Monday Night: (ODDS WEEKS)	37, 43, 49, 03, 09, 15, 21, 27, 33	<p>WA SERVICES TO TRAVEL OVER THE DOWN AND UP FAST BETWEEN HACKNEY DOWNS L/END JN AND BETHNAL GREEN EAST JN FROM 0040 TO 0120 AND 0440 TO 0505 TUE</p> <p>GE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN PLATFORMS 5-12 AT LIVERPOOL STREET AND BOW JN FROM 0110 TO 0125 AND 0425 TO 0450 TUE</p> <p>TOCS TO BID FOR LINE CHANGES ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI-DIRECTIONAL LINE</p> <p>NO TRAINS TO BE STABLED IN PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0040 TO 0505 TUE</p> <p>TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 13-17 AT LIVERPOOL STREET FROM 0110 TO 0450 TUE</p> <p>TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 5-12 AT LIVERPOOL STREET FROM 0125 TO 0425 TUE</p> <p>ANY ISOLATION OF PLATFORMS 5-17 AT LIVERPOOL STREET TO BE GIVEN UP AT 0405 TUE</p>
	Liverpool Street	Platforms 13-17 POSSESSION 0110 to 0450 Tue	
	Liverpool Street and Bow Jn	Down and Up Electric POSSESSION 0110 to 0450 Tue	
	Liverpool Street	Platforms 5-12 POSSESSION 0125 to 0425 Tue	
	Liverpool Street and Bow Jn	Down and Up Main POSSESSION 0125 to 0425 Tue	
	Bethnal Green East Jn and Bethnal Green North Jn	Down and Up Fast POSSESSION 0125 to 0425 Tue	

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ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160 EA1400 XR001	Liverpool Street Weeknight Strategy - Monday Night Part 2: Electrics and Mains Lines (EVEN WEEKS)	38, 40, 42, 44, 46, 48, 50, 52, 02, 04, 06, 08, 10, 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36	WA SERVICES TO TRAVEL OVER THE DOWN AND UP FAST BETWEEN HACKNEY DOWNS L/END JN TO BETHNAL GREEN EAST JN FROM 0040 TO 0125 TUE
	Liverpool Street	Platforms 13-17 POSSESSION 0110 to 0450 Tue	GE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN PLATFORMS 5-12 AT LIVERPOOL STREET TO FOREST GATE JN 0110 TO 0125 AND 0425 TO 0450 TUE
	Liverpool Street and Forest Gate Jn	Down and Up Electric POSSESSION 0110 to 0450 Tue	
	Bow Jn and Gas Factory Jn	Up Stratford Down POSSESSION 0110 to 0450 Tue	TOCS TO BID FOR LINE CHANGES ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI-DIRECTIONAL LINE
	Pudding Mill Lane	CRL Eastbound/CRL Westbound POSSESSION 0110 to 0450 Tue	
	Liverpool Street	Platforms 5-12 POSSESSION 0125 to 0425 Tue	NO TRAINS TO BE STABLED IN PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0040 TO 0505 TUE TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 13-17 AT LIVERPOOL STREET FROM 0110 TO 0450 TUE TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 5-12 AT LIVERPOOL STREET FROM 0125 TO 0425 TUE ISOLATION OF PLATFORMS 5-17 TO BE GIVEN UP AT 0405 TUE IF REQUIRED
	Liverpool Street and Stratford	Down and Up Main POSSESSION 0125 to 0425 Tue	
	Bethnal Green East Jn and Bethnal Green North Jn	Down and Up Fast POSSESSION 0125 to 0425 Tue	
	Bow Jn and Bow Midland	Down Temple Mills POSSESSION 0125 to 0425 Tue	
	Stratford Central Jn West and	Up Temple Mills POSSESSION 0125 to 0425 Tue	

	Bow Jn		
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ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160 EA1400 XR001	Liverpool Street Weeknight Strategy - Monday Night Part 2: Electrics and Mains Lines (ODDS WEEKS)	41, 47, 01, 07, 13, 19, 25, 31	WA SERVICES TO TRAVEL OVER THE DOWN AND UP FAST BETWEEN HACKNEY DOWNS L/END JN TO BETHNAL GREEN EAST JN FROM 0040 TO 0125 TUE
	Liverpool Street	Platforms 13-17 POSSESSION 0110 to 0450 Tue	GE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN PLATFORMS 5-12 AT LIVERPOOL STREET TO FOREST GATE JN FROM 0110 TO 0125 AND 0425 TO 0450 TUE
	Liverpool Street and Forest Gate Jn	Down and Up Electric POSSESSION 0110 to 0450 Tue	TOCS TO BID FOR LINE CHANGES ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI-DIRECTIONAL LINE
	Bow Jn and Gas Factory Jn	Up Stratford Down POSSESSION 0110 to 0450 Tue	NO TRAINS TO BE STABLED IN PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0040 TO 0505 TUE TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 13-17 AT LIVERPOOL STREET FROM 0110 TO 0450 TUE TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 5-12 AT LIVERPOOL STREET FROM 0125 TO 0425 TUE
	Pudding Mill Lane	CRL Eastbound/CRL Westbound POSSESSION 0110 to 0450 Tue	ISOLATION OF PLATFORMS 5-17 TO BE GIVEN UP AT 0405 TUE IF REQUIRED
	Liverpool Street	Platforms 5-12 POSSESSION 0125 to 0425 Tue	
	Liverpool Street and Stratford	Down and Up Main POSSESSION 0125 to 0425 Tue	
	Bethnal Green East Jn and Bethnal Green North Jn	Down and Up Fast POSSESSION 0125 to 0425 Tue	
	Bow Jn and Bow Midland	Down Temple Mills POSSESSION 0125 to 0425 Tue	
	Stratford Central Jn West and	Up Temple Mills POSSESSION 0125 to 0425 Tue	

	Bow Jn		
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ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160	Liverpool Street Weeknight Strategy - Tuesday Night: (ODDS WEEKS)	37, 43, 49, 03, 09, 15, 21, 27, 33	GA ECS TO/FROM ORIENT WAY TO RUN VIA HACKNEY DOWNS AND TOTTENHAM HALE (REV) WA SERVICES TO TRAVEL OVER THE DOWN AND UP FAST BETWEEN HACKNEY DOWNS L/END JN AND BETHNAL GREEN EAST JN FROM 0040 TO 0125 AND 0430 TO 0455 WED TOCS TO BID FOR LINE CHANGES ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI-DIRECTIONAL LINE NO TRAINS TO BE STABLED IN PLATFORMS 1-10 AT LIVERPOOL STREET FROM 0040 TO 0455 WED TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 11-17 AT LIVERPOOL STREET FROM 0125 TO 0430 WED ANY ISOLATION OF PLATFORMS 11-17 AT LIVERPOOL STREET TO BE GIVEN UP AT 0405 WED
	Liverpool Street	Platforms 1-10 POSSESSION 0040 to 0455 Wed	
	Liverpool Street and Cambridge Heath	Down and Up Suburban POSSESSION 0040 to 0455 Wed	
	Liverpool Street	Platforms 11-12 POSSESSION 0125 to 0430 Wed	
	Liverpool Street and Bow Jn	Down and Up Main POSSESSION 0125 to 0430 Wed	
	Bethnal Green East Jn and Cambridge Heath	Down and Up Fast POSSESSION 0125 to 0430 Wed	
	Liverpool Street	Platforms 13-17 POSSESSION 0125 to 0430 Wed	
	Liverpool Street and Bow Jn	Down and Up Electric POSSESSION 0125 to 0430 Wed	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160 EA1400 XR001	Liverpool Street Weeknight Strategy - Tuesday Night: (EVEN WEEKS)	38, 40, 42, 44, 46, 48, 50, 52, 02, 04, 06, 08, 10, 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36	WA SERVICES TO TRAVEL OVER THE DOWN AND UP FAST BETWEEN HACKNEY DOWNS L/END JN TO BETHNAL GREEN EAST JN FROM 0040 TO 0110 WED GE SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN PLATFORMS 13-17 AT LIVERPOOL STREET TO BOW JN FROM 0110 TO 0125 AND 0430 TO 0455 WED STANSTED AIRPORT SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN PLATFORMS 13-17 AT LIVERPOOL STREET AND BOW JN, AND VIA PLATFORMS 11-12 AT STRATFORD FROM 0430 TO 0455 WED TOCS TO BID FOR LINE CHANGES ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI-DIRECTIONAL LINE NO TRAINS TO BE STABLED IN PLATFORMS 1-10 AT LIVERPOOL STREET FROM 0040 TO 0455 WED TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 11-12 AT LIVERPOOL STREET FROM 0110 TO 0455 WED TRAINS TO BE STABLED AS REQUIRED
	Liverpool Street	Platforms 1-10 POSSESSION 0040 to 0455 Wed	
	Liverpool Street and Cambridge Heath	Down and Up Suburban POSSESSION 0040 to 0455 Wed	
	Liverpool Street	Platforms 11-12 POSSESSION 0110 to 0455 Wed	
	Liverpool Street and Bow Jn	Down and Up Main POSSESSION 0110 to 0455 Wed	
	Bethnal Green East Jn and Cambridge Heath	Down and Up Fast POSSESSION 0110 to 0455 Wed	
	Bow Jn and Bow Midland	Down and Up Temple Mills POSSESSION 0110 to 0455 Wed	
	Liverpool Street	Platforms 13-17 POSSESSION 0125 to 0430 Wed	
	Liverpool Street and Maryland East Crossovers	Down and Up Electric POSSESSION 0125 to 0430 Wed	

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	Bow Jn and Gas Factory Jn	Up Stratford Down POSSESSION 0125 to 0430 Wed	IN PLATFORMS 13-17 AT LIVERPOOL STREET FROM 0125 TO 0430 WED
	Pudding Mill Lane	CRL Eastbound/CRL Westbound POSSESSION 0125 to 0430 Wed	ISOLATION OF PLATFORMS 11-17 TO BE GIVEN UP AT 0405 WED IF REQUIRED

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160 EA1400 XR001	Liverpool Street Weeknight Strategy - Tuesday Night: (ODDS WEEKS)	41, 47, 01, 07, 13, 19, 25, 31	WA SERVICES TO TRAVEL OVER THE DOWN AND UP FAST BETWEEN HACKNEY DOWNS L/END JN TO BETHNAL GREEN EAST JN FROM 0040 TO 0110 WED
	Liverpool Street	Platforms 1-10 POSSESSION 0040 to 0455 Wed	
	Liverpool Street and Cambridge Heath	Down and Up Suburban POSSESSION 0040 to 0455 Wed	GE SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN PLATFORMS 13-17 AT LIVERPOOL STREET TO BOW JN FROM 0110 TO 0125 AND 0430 TO 0455 WED STANSTED AIRPORT SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN PLATFORMS AT 13-17 LIVERPOOL STREET AND BOW JN, AND VIA PLATFORMS 11-12 AT STRATFORD FROM 0430 TO 0455 WED
	Liverpool Street	Platforms 11-12 POSSESSION 0110 to 0455 Wed	
	Liverpool Street and Bow Jn	Down and Up Main POSSESSION 0110 to 0455 Wed	TOCS TO BID FOR LINE CHANGES ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI-DIRECTIONAL LINE
	Bethnal Green East Jn and Cambridge Heath	Down and Up Fast POSSESSION 0110 to 0455 Wed	
	Bow Jn and Bow Midland	Down and Up Temple Mills POSSESSION 0110 to 0455 Wed	NO TRAINS TO BE STABLED IN PLATFORMS 1-10 AT LIVERPOOL STREET FROM 0040 TO 0455 WED TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 11-12 AT LIVERPOOL STREET FROM 0110 TO 0455 WED
	Liverpool Street	Platforms 13-17 POSSESSION 0125 to 0430 Wed	
	Liverpool Street	Down and Up Electric POSSESSION	

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	and Maryland East Crossovers	0125 to 0430 Wed	TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 13-17 AT LIVERPOOL STREET FROM 0125 TO 0430 WED
	Bow Jn and Gas Factory Jn	Up Stratford Down POSSESSION 0125 to 0430 Wed	ISOLATION OF PLATFORMS 11-17 TO BE GIVEN UP AT 0405 WED IF REQUIRED
	Pudding Mill Lane	CRL Eastbound/CRL Westbound POSSESSION 0125 to 0430 Wed	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160 EA1400 XR001	Liverpool Street Weeknight Strategy - Wednesday Night: (EVEN WEEKS)	38, 40, 42, 44, 46, 48, 50, 52, 02, 04, 06, 08, 10, 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36	GE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN PLATFORMS 5-12 AT LIVERPOOL STREET AND MARYLAND EAST CROSSOVERS FROM 0005 TO 0045 THU
	Liverpool Street	Platforms 13-17 POSSESSION 0005 to 0450 Thu	GE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN PLATFORMS 5-12 AT LIVERPOOL STREET AND FOREST GATE JN FROM 0045 TO 0110 AND 0430 TO 0450 THU
	Liverpool Street and Pudding Mill Lane	Down and Up Electric POSSESSION 0005 to 0045 Thu	WA SERVICES TO TRAVEL OVER THE DOWN AND UP SUBURBAN BETWEEN HACKNEY DOWNS NORTH JN AND PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0110 TO 0125 THU
	Bow Jn and Gas Factory Jn	Up Stratford Down POSSESSION 0005 to 0450 Thu	ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI-DIRECTIONAL LINE TOCS TO BID FOR LINE CHANGES ACCESS AVAILABLE TO/FROM CENTRAL OPERATING SECTION UNTIL 0045 THU
	Liverpool Street and Forest Gate Jn	Down and Up Electric POSSESSION 0045 to 0450 Thu	
	Pudding Mill Lane	CRL Eastbound/CRL Westbound POSSESSION 0045 to 0450 Thu	
	Liverpool Street	Platforms 5-12 POSSESSION 0110 to 0430 Thu	
	Liverpool Street and Stratford	Down and Up Main POSSESSION 0110 to 0430 Thu	
	Bethnal Green East Jn and Cambridge Heath	Down and Up Fast POSSESSION 0110 to 0430 Thu	NO TRAINS TO BE STABLED IN PLATFORMS 13-17 AT LIVERPOOL STREET FROM 0005 TO 0450 THU

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	<p>Bow Jn and Bow Midland</p> <p>Stratford Central Jn West and Bow Jn</p> <p>Liverpool Street</p> <p>Liverpool Street and Cambridge Heath</p>	<p>Down Temple Mills POSSESSION 0110 to 0430 Thu</p> <p>Up Temple Mills POSSESSION 0110 to 0430 Thu</p> <p>Platforms 1-4 POSSESSION 0125 to 0430 Thu</p> <p>Down and Up Suburban POSSESSION 0125 to 0430 Thu</p>	<p>TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 5-12 AT LIVERPOOL STREET FROM 0110 TO 0430 THU TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0125 TO 0430 THU</p> <p>ISOLATION OF PLATFORMS 1-12 TO BE GIVEN UP AT 0400 THU IF REQUIRED</p>
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ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160 EA1400 XR001	Liverpool Street Weeknight Strategy - Wednesday Night: (ODDS WEEKS)	47, 01, 07, 13, 19, 25, 31 and Monday to Thursday nights in Weeks 39, 45, 51, 05, 11, 17, 23, 29, 35	GE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN PLATFORMS 5-12 AT LIVERPOOL STREET AND MARYLAND EAST CROSSOVERS FROM 0005 TO 0045 THU
	Liverpool Street	Platforms 13-17 POSSESSION 0005 to 0450 Thu	GE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN PLATFORMS 5-12 AT LIVERPOOL STREET AND FOREST GATE JN FROM 0045 TO 0110 AND 0430 TO 0450 THU
	Liverpool Street and Pudding Mill Lane	Down and Up Electric POSSESSION 0005 to 0045 Thu	
	Bow Jn and Gas Factory Jn	Up Stratford Down POSSESSION 0005 to 0450 Thu	WA SERVICES TO TRAVEL OVER THE DOWN AND UP SUBURBAN BETWEEN HACKNEY DOWNS NORTH JN AND PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0110 TO 0125 THU
	Liverpool Street and Forest Gate Jn*	Down and Up Electric POSSESSION 0045 to 0450 Thu	ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI-DIRECTIONAL LINE TOCS TO BID FOR LINE CHANGES ACCESS AVAILABLE TO/FROM CENTRAL OPERATING SECTION UNTIL 0045 THU
	Pudding Mill Lane	CRL Eastbound/CRL Westbound POSSESSION 0045 to 0450 Thu	
	Liverpool Street	Platforms 5-12 POSSESSION*** 0110 to 0430 Thu	NO TRAINS TO BE STABLED IN PLATFORMS 13-17 AT LIVERPOOL STREET FROM 0005 TO 0450 THU TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 5-12 AT LIVERPOOL STREET FROM 0110 TO 0430 THU
	Liverpool Street and Stratford	Down and Up Main POSSESSION*** 0110 to 0430 Thu	TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0125 TO 0430 THU
	Bethnal Green East Jn and Cambridge Heath	Down and Up Fast POSSESSION*** 0110 to 0430 Thu	
	Bow Jn and Bow Midland	Down Temple Mills POSSESSION*** 0110 to 0430 Thu	ISOLATION OF PLATFORMS 1-12 TO BE GIVEN UP AT 0400 THU IF REQUIRED
	Stratford Central Jn West and Bow Jn	Up Temple Mills POSSESSION*** 0110 to 0430 Thu	*Possession to be to Maryland East Crossovers on the Tuesday and Thursday nights in Weeks 39, 45, 51, 05, 11, 17, 23, 29, 35
	Liverpool Street	Platforms 1-4 POSSESSION** 0125 to 0430 Thu	**Platforms 1-4 and Down and Up Suburban to finish at 0310 Fri in Weeks 39, 45, 51, 05, 11, 17, 23, 29, 35 ***Platforms 5-12, Down and Up Main/Fast/Temple Mills to finish at 0400 Fri in Weeks 39, 45, 51, 05, 11, 17, 23,

	Liverpool Street and Cambridge Heath	Down and Up Suburban POSSESSION** 0125 to 0430 Thu	29, 35
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ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160	Liverpool Street Weeknight Strategy - Wednesday Night: (ODDS WEEKS)	37, 40 , 41, 43, 49, 03, 09, 15, 21, 27, 33	GE SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC FROM PLATFORMS 13-17 AT LIVERPOOL STREET TO ILFORD DEPOT L/END FROM 0055 TO 0110 AND 0430 TO 0450 THU WA SERVICES TO TRAVEL OVER THE DOWN AND UP SUBURBAN BETWEEN HACKNEY DOWNS NORTH JN AND PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0055 TO 0125 AND 0430 TO 0450 THU
	Liverpool Street	Platforms 5-12 POSSESSION 0055 to 0450 Thu	
	Liverpool Street and Bow Jn	Down and Up Main POSSESSION 0055 to 0450 Thu	
	Bethnal Green East Jn and Bethnal Green North Jn	Down and Up Fast POSSESSION 0055 to 0450 Thu	ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI-DIRECTIONAL LINE TOCS TO BID FOR LINE CHANGES
	Liverpool Street	Platforms 13-17 POSSESSION 0125 to 0430 Thu	
	Liverpool Street and Bow Jn	Down and Up Electric POSSESSION 0125 to 0430 Thu	TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 5-12 AT LIVERPOOL STREET FROM 0055 TO 0450 THU NO TRAINS TO BE STABLED IN PLATFORMS 13-17 AT LIVERPOOL STREET WITH THE EXCEPTION OF STOCK TO FORM 1K50 AND 2W02, WHICH IS TO BE STABLED IN ANY OF PLATFORMS 13-17 AT LIVERPOOL STREET FROM 0125 TO 0430 THU IN WEEKS 37, 43, 49, 03, 09, 15, 21, 27, 33 ICW GE-3A
	Liverpool Street	Platforms 1-4 POSSESSION 0125 to 0430 Thu	TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0125 TO 0430 THU
	Liverpool Street and Bethnal Green North Jn	Down and Up Suburban POSSESSION 0125 to 0430 Thu	ANY ISOLATION OF PLATFORMS 1-12 AT LIVERPOOL STREET TO BE GIVEN UP AT 0405 THU

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ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160	Liverpool Street Weeknight Strategy - Thursday Night: (ODDS WEEKS)	37, 43, 49, 03, 09, 15, 21, 27, 33	<p>GE SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC FROM PLATFORMS 13-17 AT LIVERPOOL STREET TO ILFORD DEPOT L/END FROM 0030 TO 0105 AND 0430 TO 0500 FRI</p> <p>WA SERVICES TO TRAVEL OVER THE DOWN AND UP SUBURBAN BETWEEN HACKNEY DOWNS NORTH JN AND PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0030 TO 0125 AND 0315 TO 0500 FRI</p> <p>ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI-DIRECTIONAL LINE</p> <p>TOCS TO BID FOR LINE CHANGES</p> <p>NO TRAINS TO BE STABLED IN PLATFORMS 5-12 AT LIVERPOOL STREET FROM 0030 TO 0500 FRI</p> <p>TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 13-17 AT LIVERPOOL STREET FROM 0105 TO 0430 FRI</p> <p>TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0125 TO 0315 FRI</p> <p>ANY ISOLATION OF PLATFORMS 13-17 AT LIVERPOOL STREET TO BE GIVEN UP AT 0405 FRI. NO ISOLATION TO AFFECT PLATFORMS 1-</p>
	Liverpool Street	Platforms 5-12 POSSESSION 0030 to 0500 Fri	
	Liverpool Street and Bow Jn	Down and Up Main POSSESSION 0030 to 0500 Fri	
	Bethnal Green East Jn and Cambridge Heath	Down and Up Fast POSSESSION 0030 to 0500 Fri	
	Liverpool Street	Platforms 13-17 POSSESSION 0105 to 0430 Fri	
	Liverpool Street and Bow Jn	Down and Up Electric POSSESSION 0105 to 0430 Fri	
	Liverpool Street	Platforms 1-4 POSSESSION 0125 to 0315 Fri	
	Liverpool Street and Bethnal Green North Jn	Down and Up Suburban POSSESSION 0125 to 0315 Fri	

			4 AT LIVERPOOL STREET
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ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160 EA1400 XR001	Liverpool Street Weeknight Strategy - Thursday Night: (ODDS & EVENS WEEKS)	38, 40, 41, 42, 44, 46, 47, 48, 50, 52, 01, 02, 04, 06, 07, 08, 10, 12, 13, 14, 16, 18, 19, 20, 22, 24, 25, 26, 28, 30, 31, 32, 34, 36 Platforms 5-12 POSSESSION 0030 to 0500 Fri	GE SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN PLATFORMS 13-17 AT LIVERPOOL STREET AND FOREST GATE JN FROM 0030 TO 0105 FRI AND 0430 TO 0500 FRI
	Liverpool Street	Down and Up Main POSSESSION 0030 to 0500 Fri	WA SERVICES TO TRAVEL OVER THE DOWN AND UP SUBURBAN BETWEEN HACKNEY DOWNS NORTH JN AND PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0030 TO 0125 FRI
	Liverpool Street and Stratford	Down and Up Fast POSSESSION 0030 to 0500 Fri	TOCS TO BID FOR LINE CHANGES ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI-DIRECTIONAL LINE
	Bethnal Green East Jn and Cambridge Heath*	Down Temple Mills POSSESSION 0030 to 0500 Fri	NO TRAINS TO BE STABLED IN PLATFORMS 5-12 AT LIVERPOOL STREET FROM 0030 TO 0500 FRI
	Bow Jn and Bow Midland	Up Temple Mills POSSESSION 0030 to 0500 Fri	TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 13-17 AT LIVERPOOL STREET FROM 0105 TO 0430 FRI
	Stratford Central Jn West and Bow Jn	Platforms 13-17 POSSESSION 0105 to 0430 Fri	TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0125 TO 0315 SAT
	Liverpool Street	Down and Up Electric POSSESSION 0105 to 0430 Fri	ISOLATION OF PLATFORMS 13-17 TO BE GIVEN UP AT 0405 FRI IF REQUIRED / NO ISOLATION TO AFFECT PLATFORMS 1-4 AT
	Liverpool Street and Maryland East Crossovers		

	Pudding Mill Lane Bow Jn and Gas Factory Jn Liverpool Street Liverpool Street and Bethnal Green North Jn	CRL Eastbound/CRL Westbound POSSESSION 0105 to 0430 Fri Up Stratford Down POSSESSION 0105 to 0430 Fri Platforms 1-4 POSSESSION 0125 to 0315 Fri Down and Up Suburban POSSESSION 0125 to 0315 Fri	LIVERPOOL STREET * Possession to be to Bethnal Green North Jn exc on the Thu night of Weeks 41, 47, 01, 07, 13, 19, 25 and 31
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ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160 EA1400 XR001	Liverpool Street Weeknight Strategy - Friday Night: (ODDS & EVENS WEEKS) Liverpool Street Liverpool Street and Forest Gate Jn/ Pudding Mill Lane* Pudding Mill Lane* Bow Jn and Gas Factory Jn Liverpool Street	37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 01, 02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36 Platforms 15-17 POSSESSION 0110 to 0430 Sat Down and Up Electric POSSESSION 0110 to 0430 Sat CRL Eastbound/CRL Westbound POSSESSION 0110 to 0430 Sat Up Stratford Down POSSESSION 0110 to 0430 Sat Platforms 5-14 POSSESSION 0110 to 0430 Sat	WA SERVICES TO TRAVEL OVER THE DOWN AND UP SUBURBAN BETWEEN HACKNEY DOWNS NORTH JN AND PLATFORMS 1-4 AT LIVERPOOL STREET FROM 0110 TO 0430 SAT TOCS TO BID FOR LINE CHANGES NO TRAINS TO BE STABLED IN PLATFORMS 11-17 AT LIVERPOOL STREET FROM 0110 TO 0430 SAT TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 5-10 AT LIVERPOOL STREET FROM 0110 TO 0430 SAT *Possession to be to Pudding Mill Lane Jn on even weeks to allow for RfL infrastrure monitoring vehicle (IMV) to run to Stratford ex COS and return

	Liverpool Street and Bow Jn	Down and Up Main POSSESSION 0110 to 0430 Sat	
	Bethnal Green East Jn and Cambridge Heath	Down and Up Fast POSSESSION 0110 to 0430 Sat	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010	GE 4 Track Strategy (Monday Night)	38, 39, 40, 41, 42, 44, 45, 46, 47, 48, 50, 51, 52, 01, 02, 04, 05, 06, 07, 08, 10, 11, 12, 13, 14, 16, 17, 18, 19, 20, 22, 23, 24, 25, 26, 28, 29, 30, 31, 32, 34, 35, 36, 37	ELECTRIC LINE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN STRATFORD C/END JN AND ILFORD DEPOT L/END JN
	Forest Gate Jn and Ilford Depot L/End Jn	Down and Up Electric POSSESSION 0010 to 0425 Tue	SERVICES TO/FROM THAMESIDE TO TRAVEL OVER THE ELECTRIC LINES TO/FROM FOREST GATE JN
	Manor Park and Ilford L/End	Down Passenger Avoiding POSSESSION 0010 to 0425 Tue	ACCESS AVAILABLE TO/FROM ILFORD DEPOT AT THE L/END JN
	Ilford L/End and Forest Gate Jn	Up Passenger Avoiding POSSESSION 0010 to 0425 Tue	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1011 EA1050	GE 4 Track Strategy (Monday Night)	38*, 39, 40*, 41, 42*, 44*, 45, 46*, 47, 48*, 50*, 51, 52*, 01, 02*, 04*, 05, 06*, 07, 08*, 10*, 11, 12*, 13, 14*, 16*, 17, 18*, 19, 20*, 22*, 23, 24*, 25, 26*, 28*, 29, 30*, 31, 32*, 34*, 35, 36*, 37	ELECTRIC LINE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN STRATFORD C/END JN AND ROMFORD FROM 0025 TO 0130 TUE ELECTRIC LINE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN STRATFORD C/END JN AND SHENFIELD FROM 0130 TO 0500 TUE SOUTHEND LINE SERVICES TO TRAVEL OVER THE DOWN AND UP SOUTHEND LINES BETWEEN SHENFIELD AND MOUNTNESSING JN BETWEEN 0430 AND 0500 TUE ACCESS AVAILABLE TO/FROM ILFORD DEPOT AT L/END JN ONLY FROM 0130 TUE NO ACCESS AVAILABLE TO/FROM GIDEA PARK STABLING LINES FROM 0130 TO 0500 TUE MTREL TO STABLE TRAINS IN PLATFORM 1 AND THE UP PASSENGER LOOP AT SHENFIELD MTREL TO STABLE ONE UNIT AT LIVERPOOL STREET *Ilford Depot Inlet/Outlet Road/Siding Spur in Even Weeks only
	Seven Kings and Romford L/End Jn	Down and Up Electric POSSESSION 0025 to 0130 Tue	
	Chadwell Heath	Turnback Line POSSESSION 0025 to 0500 Tue	
	Ilford Depot L/End Jn and Shenfield C/End	Down and Up Electric POSSESSION 0130 to 0500 Tue	
	Gidea Park	Stabling Lines 1-4 POSSESSION 0130 to 0500 Tue	
		Turnback Line POSSESSION 0130 to 0500 Tue	
	Shenfield	Platforms 4-6/Bay Line POSSESSION 0130 to 0500 TUE	
		Stabling Sidings 1-3 SIDINGS POSSESSION 0130 to 0500 TUE	
	Shenfield C/End and Mountnessing Jn	Southend Loop POSSESSION 0130 to 0500 TUE	
	Ilford Depot*	Inlet/Outlet Road/Siding Spur LINE BLOCKAGE 0130 to 0500 TUE	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1011	GE 4 Track Strategy (Tuesday Night) Maryland East Crossovers and Romford L/End Jn Manor Park and Ilford L/End Ilford L/End and Forest Gate Jn	38, 39, 40, 41, 42, 44, 45, 46, 47, 48, 50, 51, 52, 01, 02, 04, 05, 06, 07, 08, 10, 11, 12, 13, 14, 16, 17, 18, 19, 20, 22, 23, 24, 25, 26, 28, 29, 30, 31, 32, 34, 35, 36 Down and Up Main POSSESSION 0035 to 0505 Wed Down Passenger Avoiding POSSESSION 0035 to 0505 Wed Up Passenger Avoiding POSSESSION 0035 to 0505 Wed	MAIN LINE SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN MARYLAND EAST CROSSOVERS AND GIDEA PARK C/END JN ACCESS AVAILABLE TO/FROM ROMFORD SIDINGS

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1011 EA1040 EA1050	GE 4 Track Strategy (Tuesday Night)	38, 39, 40, 41, 42, 44, 45, 46, 47, 48, 50, 51, 52, 01, 02, 04, 05, 06, 07, 08, 10, 11, 12, 13, 14, 16, 17, 18, 19, 20, 22, 23, 24, 25, 26, 28, 29, 30, 31, 32, 34, 35, 36	MAIN LINE SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN ROMFORD L/END JN AND SHENFIELD
	Romford L/End Jn and Shenfield Jn	Down and Up Main POSSESSION 0040 to 0505 Wed	SOUTHEND LINE SERVICES TO TRAVEL OVER THE SOUTHEND LOOP BETWEEN SHENFIELD AND MOUNTNESSING JN
	Romford and Upminster	Single POSSESSION 0040 to 0505 Wed	ACCESS AVAILABLE TO/FROM ROMFORD SIDINGS
	Shenfield Jn and Mountnessing Jn	Down and Up Southend POSSESSION 0040 to 0505 Wed	MTREL TO STABLE TRAINS IN PLATFORMS 5-6 AT SHENFIELD
	Shenfield	Platforms 1-3 and Up Passenger Loop POSSESSION 0040 to 0505 Wed	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010	GE 4 Track Strategy (Wednesday Night)	38*, 39, 40*, 41, 42*, 44*, 45, 46*, 47, 48*, 50*, 51, 52*, 01, 02*, 04*, 05, 06*, 07, 08*, 10*, 11, 12*, 13, 14*, 16*, 17, 18*, 19, 20*, 22*, 23, 24*, 25, 26*, 28*, 29, 30*, 31, 32*, 34*, 35, 36*	ELECTRIC LINE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN STRATFORD C/END JN AND ROMFORD L/END JN
	Forest Gate Jn and Ilford Depot C/End Jn	Down and Up Electric POSSESSION 0040 to 0425 Thu	SERVICES TO/FROM THAMESIDE TO TRAVEL OVER THE ELECTRIC LINES TO/FROM FOREST GATE JN
	Manor Park and Ilford L/End	Down Passenger Avoiding POSSESSION 0040 to 0425 Thu	NO ACCESS TO ILFORD DEPOT VIA L/END JN FROM 0040 TO 0425 THU, TRAINS TO DIVERT VIA COUNTRY END
	Ilford L/End and Forest Gate Jn	Up Passenger Avoiding POSSESSION 0040 to 0425 Thu	*Ilford Depot Inlet/Outlet Road/Siding Spur in Even Weeks only
	Ilford Depot*	Inlet/Outlet Road/Goods Line/Carriage Shed Lines/No.1 & No.2 Sidings LINE BLOCKAGE 0040 to 0425 Thu	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1011	GE 4 Track Strategy (Wednesday Night)	38, 39, 40, 41, 42, 44, 45, 46, 47, 48, 50, 51, 52, 01, 02, 04, 05, 06, 07, 08, 10, 11, 12, 13, 14, 16, 17, 18, 19, 20, 22, 23, 24, 25, 26, 28, 29, 30, 31, 32, 34, 35, 36	ELECTRIC LINE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN STRATFORD C/END JN AND ROMFORD FROM 0025 TO 0130 THU
	Seven Kings and Romford L/End Jn	Down and Up Electric POSSESSION 0025 to 0130 Thu	ELECTRIC LINE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN STRATFORD C/END JN AND SHENFIELD L/END JN FROM 0130 TO 0500 THU
	Chadwell Heath	Turnback Line POSSESSION 0025 to 0500 Thu	
	Seven Kings and Harold Wood	Down and Up Electric POSSESSION 0130 to 0500 Thu	ACCESS AVAILABLE TO/FROM ILFORD DEPOT AT C/END JN NO ACCESS AVAILABLE TO/FROM GIDEA PARK STABLING LINES FROM 0130 TO 0500 THU
	Gidea Park	Stabling Lines 1-4/Turnback Line POSSESSION 0130 to 0500 Thu	MTREL TO STABLE ONE UNIT AT LIVERPOOL STREET

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1011 EA1050	GE 4 Track Strategy (Wednesday Night)	38, 39, 40, 41, 42, 44, 45, 46, 47, 48, 50, 51, 52, 01, 02, 04, 05, 06, 07, 08, 10, 11, 12, 13, 14, 16, 17, 18, 19, 20, 22, 23, 24, 25, 26, 28, 29, 30, 31, 32, 34, 35, 36	ELECTRIC LINE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN GIDEA PARK C/END JN AND SHENFIELD L/END FROM 0025 TO 0115 THU
	Harold Wood and Shenfield L/End Jn	Down and Up Electric POSSESSION 0025 to 0115 Thu	ELECTRIC LINE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN GIDEA PARK C/END JN AND SHENFIELD FROM 0115 TO 0500 THU
	Harold Wood and Shenfield C/End	Down and Up Electric POSSESSION 0115 to 0500 Thu	
	Shenfield	Platforms 4-5/Bay Line/Platform 6 POSSESSION 0115 to 0500 Thu	SOUTHEND LINE SERVICES TO TRAVEL OVER THE DOWN AND UP SOUTHEND LINES BETWEEN SHENFIELD AND MOUNTNESSING JN FROM 0115 TO 0500 THU
		Stabling Sidings 1-3 SIDINGS POSSESSION 0115 to 0500 Thu	
	Shenfield C/End and Mountnessing Jn	Southend Loop POSSESSION 0115 to 0500 Thu	MTREL TO STABLE TRAINS IN PLATFORM 1 AND THE UP PASSENGER LOOP AT SHENFIELD
			ISOLATION OF SHENFIELD PLATFORMS 4-6 PERMITTED 0115 TO 0430 ONLY

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1011	<p>GE 4 Track Strategy (Thursday Night)</p> <p>Maryland East Crossovers and Romford L/End Jn</p> <p>Manor Park and Ilford L/End</p> <p>Ilford L/End and Forest Gate Jn</p>	<p>38, 39, 40, 41, 42, 44, 45, 46, 47, 48, 50, 51, 52, 01, 02, 04, 05, 06, 07, 08, 10, 11, 12, 13, 14, 16, 17, 18, 19, 20, 22, 23, 24, 25, 26, 28, 29, 30, 31, 32, 34, 35, 36</p> <p>Down and Up Main POSSESSION 0035 to 0505 Fri</p> <p>Down Passenger Avoiding POSSESSION 0035 to 0505 Fri</p> <p>Up Passenger Avoiding POSSESSION 0035 to 0505 Fri</p>	<p>MAIN LINE SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN MARYLAND EAST CROSSOVERS AND GIDEA PARK C/END JN</p> <p>ACCESS AVAILABLE TO/FROM ROMFORD SIDINGS</p>
EA1011 EA1040 EA1050	<p>GE 4 Track Strategy (Thursday Night)</p> <p>Romford L/End Jn and Shenfield Jn</p> <p>Romford and Upminster</p> <p>Shenfield Jn and Mountnessing Jn</p> <p>Shenfield</p>	<p>38, 39, 40, 41, 42, 44, 45, 46, 47, 48, 50, 51, 52, 01, 02, 04, 05, 06, 07, 08, 10, 11, 12, 13, 14, 16, 17, 18, 19, 20, 22, 23, 24, 25, 26, 28, 29, 30, 31, 32, 34, 35, 36</p> <p>Down and Up Main POSSESSION 0040 to 0505 Fri</p> <p>Single POSSESSION 0040 to 0505 Fri</p> <p>Down and Up Southend POSSESSION 0040 to 0505 Fri</p> <p>Platforms 1-3 and Up Passenger Loop POSSESSION 0040 to 0505 Fri</p>	<p>MAIN LINE SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN ROMFORD L/END JN AND SHENFIELD</p> <p>SOUTHEND LINE SERVICES TO TRAVEL OVER THE SOUTHEND LOOP BETWEEN SHENFIELD AND MOUNTNESSING JN</p> <p>ACCESS AVAILABLE TO/FROM ROMFORD SIDINGS</p> <p>MTREL TO STABLE TRAINS IN PLATFORMS 5-6 AT SHENFIELD</p>

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ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1011	GE 4 Track Strategy (Friday Night) Ilford L/End and Shenfield L/End Jn Shenfield L/End Jn and Ilford L/End	37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 01, 02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36 Down Main POSSESSION 0445 0130 to 0430 Sat Up Electric POSSESSION 0445 0130 to 0430 Sat	DOWN MAIN LINE SERVICES TO TRAVEL OVER THE DOWN AVOIDING/DOWN ELECTRIC BETWEEN ILFORD AND SHENFIELD L/END JN UP ELECTRIC LINE SERVICES TO TRAVEL OVER THE UP MAIN/UP PASSENGER AVOIDING BETWEEN SHENFIELD L/END JN AND FOREST GATE JN

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010	<p>GE 4 Track Strategy (Monday Night)</p> <p>Manor Park and Ilford Depot L/End Jn</p> <p>Manor Park and Ilford L/End</p> <p>Ilford L/End and Forest Gate Jn</p>	<p>37, 43, 49, 03, 09, 15, 21, 27, 33</p> <p>Down and Up Electric POSSESSION 0125 to 0425 Tue</p> <p>Down Passenger Avoiding POSSESSION 0125 to 0425 Tue</p> <p>Up Passenger Avoiding POSSESSION 0125 to 0425 Tue</p>	<p>ELECTRIC LINE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN STRATFORD C/END JN AND ILFORD DEPOT L/END JN SERVICES TO/FROM THAMESIDE TO TRAVEL OVER THE ELECTRIC LINES TO/FROM FOREST GATE JN</p> <p>ACCESS TO ILFORD DEPOT AVAILABLE VIA L/END JN</p>
EA1010 EA1011	<p>GE 4 Track Strategy (Monday Night)</p> <p>Seven Kings and Romford L/End Jn</p> <p>Chadwell Heath</p> <p>Ilford Depot L/End Jn and Gidea Park C/End Jn</p> <p>Gidea Park</p>	<p>37, 43, 49, 03, 09, 15, 21, 27, 33</p> <p>Down and Up Electric POSSESSION 0025 to 0130 Tue</p> <p>Turnback Line POSSESSION 0025 to 0130 Tue</p> <p>Down and Up Electric POSSESSION 0130 to 0500 Tue</p> <p>Stabling Lines 1-4 POSSESSION 0130 to 0500 Tue</p> <p>Turnback Line POSSESSION 0130 to 0500 Tue</p>	<p>ELECTRIC LINE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN ILFORD DEPOT C/END JN AND ROMFORD FROM 0025 TO 0130 TUE</p> <p>ELECTRIC LINE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN STRATFORD C/END JN AND SHENFIELD FROM 0430 TO 0500 TUE</p> <p>ACCESS AVAILABLE TO/FROM ILFORD DEPOT AT L/END JN ONLY FROM 0130 TUE</p> <p>NO ACCESS AVAILABLE TO/FROM GIDEA PARK STABLING LINES FROM 0130 TO 0500 TUE</p> <p>MTREL TO STABLE ONE UNIT AT LIVERPOOL STREET</p>

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ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1011	<p>GE 4 Track Strategy (Tuesday Night)</p> <p>Manor Park and Romford L/End Jn</p> <p>Manor Park and Ilford L/End</p> <p>Ilford L/End and Forest Gate Jn</p>	<p>37, 43, 49, 03, 09, 15, 21, 27, 33</p> <p>Down and Up Main POSSESSION 0025 to 0505 Wed</p> <p>Down Passenger Avoiding POSSESSION 0025 to 0505 Wed</p> <p>Up Passenger Avoiding POSSESSION 0025 to 0505 Wed</p>	<p>MAIN LINE SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN BETHNAL GREEN WEST JN AND GIDEA PARK C/END JN</p> <p>ACCESS AVAILABLE TO/FROM ROMFORD SIDINGS</p>
EA1011 EA1040	<p>GE 4 Track Strategy (Tuesday Night)</p> <p>Romford L/End Jn and Gidea Park C/End Jn</p> <p>Romford and Upminster</p>	<p>37, 43, 49, 03, 09, 15, 21, 27, 33</p> <p>Down and Up Main POSSESSION 0030 to 0505 Wed</p> <p>Single POSSESSION 0030 to 0505 Wed</p>	<p>MAIN LINE SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN ROMFORD L/END JN AND SHENFIELD L/END JN</p> <p>ACCESS AVAILABLE TO/FROM ROMFORD SIDINGS</p>

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010	GE 4 Track Strategy (Wednesday Night) Manor Park and Ilford Depot C/End Jn Manor Park and Ilford L/End Ilford L/End and Forest Gate Jn	37, 43, 49, 03, 09, 15, 21, 27, 33 Down and Up Electric POSSESSION 0125 to 0425 Thu Down Passenger Avoiding POSSESSION 0125 to 0425 Thu Up Passenger Avoiding POSSESSION 0125 to 0425 Thu	ELECTRIC LINE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN STRATFORD C/END JN AND ROMFORD L/END JN SERVICES TO/FROM THAMESIDE TO TRAVEL OVER THE ELECTRIC LINES TO/FROM FOREST GATE JN NO ACCESS TO ILFORD DEPOT VIA L/END JN FROM 0125 TO 0425 THU TRAINS TO DIVERT VIA ILFORD DEPOT COUNTRY END
EA1010 EA1011	GE 4 Track Strategy (Wednesday Night) Seven Kings and Romford L/End Jn Chadwell Heath Seven Kings and Gidea Park C/End Jn Gidea Park	37, 43, 49, 03, 09, 15, 21, 27, 33 Down and Up Electric POSSESSION 0025 to 0130 Thu Turnback Line POSSESSION 0025 to 0130 Thu Down and Up Electric POSSESSION 0130 to 0500 Thu Stabling Lines 1-4 POSSESSION 0130 to 0500 Thu Turnback Line POSSESSION 0130 to 0500 Thu	ELECTRIC LINE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN ILFORD DEPOT C/END JN AND ROMFORD FROM 0025 TO 0130 THU ELECTRIC LINE SERVICES TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN STRATFORD C/END JN AND SHENFIELD L/END JN FROM 0430 TO 0500 THU ACCESS AVAILABLE TO/FROM ILFORD DEPOT AT L/END JN ONLY FROM 0130 THU NO ACCESS AVAILABLE TO/FROM GIDEA PARK STABLING LINES 0130 TO 0500 THU

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1011	<p>GE 4 Track Strategy (Thursday Night)</p> <p>Manor Park and Romford L/End Jn</p> <p>Manor Park and Ilford L/End</p> <p>Ilford L/End and Forest Gate Jn</p>	<p>37, 43, 49, 03, 09, 15, 21, 27, 33</p> <p>Down and Up Main POSSESSION 0025 to 0505 Fri</p> <p>Down Passenger Avoiding POSSESSION 0025 to 0505 Fri</p> <p>Up Passenger Avoiding POSSESSION 0025 to 0505 Fri</p>	<p>MAIN LINE SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN BETHNAL GREEN WEST JN AND GIDEA PARK C/END JN</p> <p>ACCESS AVAILABLE TO/FROM ROMFORD SIDINGS</p>
EA1011 EA1040	<p>GE 4 Track Strategy (Thursday Night)</p> <p>Romford L/End Jn and Gidea Park C/End Jn</p> <p>Romford and Upminster</p>	<p>37, 43, 49, 03, 09, 15, 21, 27, 33</p> <p>Down and Up Main POSSESSION 0030 to 0505 Fri</p> <p>Single POSSESSION 0030 to 0505 Fri</p>	<p>MAIN LINE SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN ROMFORD L/END JN AND SHENFIELD L/END JN</p> <p>ACCESS AVAILABLE TO/FROM ROMFORD SIDINGS</p>

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1020	GE CYCLIC TYPE 4 Bow Jn and Stratford Central Jn West Carpenters Road South Jn and Carpenters Road North Jn Bow Midland	37, 43, 49, 03, 09, 15, 21, 27, 33 Down and Up Temple Mills LINE BLOCKAGE +DETONATORS 1135 to 1455 Mon-Fri (Line Blockage Between Trains +Detonators 1455 to 1550 Mon-Fri) Carpenters Road Curve LINE BLOCKAGE +DETONATORS 1135 to 1455 Mon-Fri (Line Blockage Between Trains +Detonators 1455 to 1550 Mon-Fri) Bow Yard SIDINGS POSSESSION 1135 to 1455 Mon-Fri	NO ACCESS TO/FROM BOW YARD 1135 TO 1455 MON-FRI 6M51 TO BE RETIMED TO THE UP CHANNELSEA LOOP AND AWAIT BOOKED PATH GE CYCLIC TYPE 4

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1020 EA1030 EA1150 EA1280 EA1320 EA1350 EA1400 XR001	GE CYCLIC TYPE 3A	37, 43, 49, 03, 09, 15, 21, 27, 33	THAMESIDE FREIGHT DIVERTED VIA THE T&H
	Bow Jn and Manor Park	Down and Up POSSESSION 0050 to 0435 Tue-Fri	IPSWICH / FELIXSTOWE FREIGHT SERVICES TO BE DIVERTED VIA BACON FACTORY CURVE / HAUGHLEY JN / BURY ST EDMUNDS / ELY / PETERBOROUGH / STAMFORD / LEICESTER AND NUNEATON
	Stratford and Maryland	Platform 10A/Avoiding Line POSSESSION 0050 to 0435 Tue-Fri	4V37 TO BE RETIMED AND RUN EARLIER AS 4V36 IN THE PATH OF 4V59
	Bow Jn and Temple Mills East Jn	Down and Up Temple Mills POSSESSION 0050 to 0435 Tue-Fri	4L80 TO BE DIVERTED VIA T&H
	Carpenters Road South Jn and Carpenters Road North Jn	Carpenters Road Curve POSSESSION 0050 to 0435 Tue-Fri	6V53 TO BE RETIMED AND RUN LATER TO WILLESSEN SWS
	Channelsea North Jn and Lea Jn	Up Channelsea Loop POSSESSION 0050 to 0435 Tue-Fri	TRAINS TO BE STABLED IN PLATFORMS 1-2 AT STRATFORD ON MONDAY AND TUESDAY NIGHT NO TRAINS TO BE STABLED IN PLATFORMS 1-2 AT STRATFORD ON WEDNESDAY AND THURSDAY NIGHT
	Lea Jn and Stratford	Down and Up North London POSSESSION 0050 to 0435 Tue-Fri	ARL TO STABLE ADDITIONALLY AT LONDON EUSTON ON WEDNESDAY AND THURSDAY NIGHT
	Stratford	Platforms 1-2 POSSESSION 0050 to 0435 Thu-Fri	ACCESS AVAILABLE TO ORIENT WAY CS VIA TEMPLE MILLS WEST JN, HACKNEY DOWNS AND TOTTENHAM HALE (REVERSE)
	Channelsea South Jn and Stratford Central Jn West	Down and Up Channelsea Curve POSSESSION 0050 to 0435 Tue-Fri	0125 START FOR ANY EL POSSESSIONS BETWEEN MANOR PARK AND SEVEN KINGS
	High Meads Jn and	Down and Up High Meads Curve POSSESSION 0050 to 0435 Tue-Fri	GE CYCLIC TYPE 3A

	Channelsea North Jn		
	Bow Jn and Manor Park	Down and Up Electric POSSESSION 0110 to 0435 Tue-Fri	
	Bow Jn and Gas Factory Jn	Up Stratford Down POSSESSION 0110 to 0435 Tue-Fri	
	Pudding Mill Lane	CRL Eastbound/CRL Westbound POSSESSION 0110 to 0435 Tue-Fri	
	Forest Gate Jn and Woodgrange Park Jn	Down and Up POSSESSION 0110 to 0435 Tue-Fri	
	Manor Park and Forest Gate Jn	Up Passenger Avoiding POSSESSION 0110 to 0435 Tue-Fri	

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Route	At or Between	Week Numbers	Traffic Remarks
EA1011 EA1080 EA1090	GE CYCLIC TYPE 126 SOUTH “GEM1 1 in 6”	37, 43, 49, 03, 09, 15, 21, 27, 33	2348, 0018 & 0046 LIVERPOOL STREET TO COLCHESTER TO TERMINATE AT WITHAM 2302 LIVERPOOL STREET TO IPSWICH SERVICE TO TERMINATE AT COLCHESTER 0443 COLCHESTER TO LIVERPOOL STREET TO START FROM WITHAM
	Witham C/End and Ardleigh	Down and Up Main POSSESSION 0030 to 0500 Tue-Thu	
	Colchester L/End and Colchester	Down and Up Goods/Up & Down Goods POSSESSION 0030 to 0500 Tue-Thu	RAIL REPLACEMENT ROAD SERVICE BETWEEN WITHAM & COLCHESTER
	Colchester	Down Passenger Loop/Platforms 1-6 POSSESSION 0030 to 0500 Tue-Thu	FELIXSTOWE / IPSWICH FREIGHT SERVICES TO BE DIVERTED VIA BACON FACTORY CURVE / HAUGHLEY JN / BURY ST EDMUNDS / ELY / PETERBOROUGH / STAMFORD / LEICESTER AND NUNEATON
	Marks Tey C/End and Marks Tey Jn	Up Passenger Loop POSSESSION 0030 to 0500 Tue-Thu	6L58, 4L60, 4M45 AND 4L77 TO BE RETIMED 4V37 TO BE RETIMED AND RUN EARLIER AS 4V36 IN THE PATH OF 4V59
	Marks Tey Jn and Sudbury	Down & Up Sudbury POSSESSION 0030 to 0500 Tue-Thu	
	Colchester and Colchester L/End	Up Passenger Loop POSSESSION 0030 to 0500 Tue-Thu	GA TO STABLE TRAINS IN PLATFORMS 1, 4 AND THE UP PASSENGER LOOP AT WITHAM GA TO STABLE TRAINS IN PLATFORMS 5-6 AT COLCHESTER, BRIDGE ROAD AND SUDBURY DOCK
	Colchester Jn and Hunwick Jn	Up and Down Avoiding POSSESSION 0030 to 0500 Tue-Thu	ISOLATION OF COLCHESTER CS NOT PERMITTED
	Colchester and Colchester Jn	Up and Down Clacton POSSESSION 0030 to 0500 Tue-Thu	GE CYCLIC TYPE 126 SOUTH

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1011 EA1012 EA1080 EA1090 EA1120	GE CYCLIC TYPE 126 "GEM1 1 in 6"	37, 43, 49, 03, 09, 15, 21, 27, 33	2302 LIVERPOOL STREET TO IPSWICH SERVICE TO TERMINATE AT COLCHESTER
	Witham C/End and Ipswich Goods Jn	Down and Up Main POSSESSION 0200 to 0440 Fri	FELIXSTOWE / IPSWICH FREIGHT SERVICES TO BE DIVERTED VIA BACON FACTORY CURVE / HAUGHLEY JN / BURY ST EDMUNDS/ ELY/ PETERBOROUGH/ STAMFORD/ LEICESTER AND NUNEATON
	Colchester L/End and Colchester	Platforms 1-6/Down and Up Goods/Up & Down Goods/Up Passenger Loop/Down Passenger Loop POSSESSION 0200 to 0440 Fri	
	Manningtree East Jn and Manningtree North Jn	North Curve POSSESSION 0200 to 0440 Fri	6L58, 4L60, 4M45 AND 4L77 TO BE RETIMED 4V37 TO BE RETIMED AND RUN EARLIER AS 4V36 IN THE PATH OF 4V59
	Marks Tey C/End and Marks Tey Jn	Up Passenger Loop POSSESSION 0200 to 0440 Fri	GA TO STABLE TRAINS IN PLATFORMS 1, 4 AND THE UP PASSENGER LOOP AT WITHAM GA TO STABLE TRAINS IN PLATFORMS 5-6 AT COLCHESTER, BRIDGE ROAD AND SUDBURY DOCK GA TO STABLE TRAINS IN PLATFORMS 1 AND 4 AT IPSWICH NO TRAINS TO BE STABLED IN PLATFORM 2 AT IPSWICH
	Marks Tey Jn and Sudbury	Down & Up Sudbury POSSESSION 0200 to 0440 Fri	
	Colchester Jn and Hunwick Jn	Up and Down Avoiding POSSESSION 0200 to 0440 Fri	
	Colchester and Colchester Jn	Up and Down Clacton POSSESSION 0200 to 0440 Fri	ACCESS AVAILABLE TO/FROM IPSWICH YARD VIA EAST SUFFOLK JN ONLY ACCESS AVAILABLE TO/FROM IPSWICH FUELLING POINT
	Manningtree South Jn and Mistley L/End	Down Harwich POSSESSION 0200 to 0440 Fri	ISOLATION OF COLCHESTER CS NOT PERMITTED ISOLATION OF IPSWICH STATION, IPSWICH CS/LHS AND IPSWICH TOP YARD TO BE WITHDRAWN BY 0405 PANTOGRAPHS TO BE LOWERED ON ANY STABLED TRAINS
	Mistley L/End and Manningtree	Up Harwich POSSESSION 0200 to 0440 Fri	
	Manningtree	Platform 1 POSSESSION 0200 to 0440 Fri	
	Ipswich and East Suffolk Jn	Down & Up Lowestoft POSSESSION 0200 to 0440 Fri	GE CYCLIC TYPE 126

	Ipswich	Platforms 1-4 POSSESSION 0200 to 0440 Fri	
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ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1011 EA1012 EA1120	GE CYCLIC TYPE 126 NORTH “GEM1 1 in 6” Ardleigh and Ipswich Goods Jn Manningtree East Jn and Manningtree North Jn Manningtree South Jn and Mistley L/End Mistley L/End and Manningtree Manningtree Ipswich and East Suffolk Jn Ipswich	37, 43, 49, 03, 09, 15, 21, 27, 33 Down and Up Main POSSESSION 0050 to 0445 Tue-Thu North Curve POSSESSION 0050 to 0445 Tue-Thu Down Harwich POSSESSION 0050 to 0445 Tue-Thu Up Harwich POSSESSION 0050 to 0445 Tue-Thu Platform 1 POSSESSION 0050 to 0445 Tue-Thu Down & Up Lowestoft POSSESSION 0050 to 0445 Tue-Thu Platforms 1-4 POSSESSION 0050 to 0445 Tue-Thu	2302 LIVERPOOL STREET TO IPSWICH SERVICE TO TERMINATE AT COLCHESTER FELIXSTOWE / IPSWICH FREIGHT SERVICES TO BE DIVERTED VIA BACON FACTORY CURVE / HAUGHLEY JN / BURY ST EDMUNDS / ELY / PETERBOROUGH / STAMFORD / LEICESTER AND NUNEATON 6L58, 4L60, 4M45 AND 4L77 TO BE RE-TIMED TO BE RETIMED 4V37 TO BE RETIMED AND RUN EARLIER AS 4V36 IN THE PATH OF 4V59 GA TO STABLE TRAINS IN PLATFORMS 1 AND 4 AT IPSWICH NO TRAINS TO BE STABLED IN PLATFORM 2 AT IPSWICH ACCESS AVAILABLE TO/FROM IPSWICH YARD VIA EAST SUFFOLK JN ONLY ACCESS AVAILABLE TO/FROM IPSWICH FUELLING POINT ISOLATION OF IPSWICH STATION, IPSWICH CS/LHS AND IPSWICH TOP YARD TO BE WITHDRAWN BY 0405 PANTOGRAPHS TO BE LOWERED ON ANY STABLED TRAINS GE CYCLIC TYPE 126 NORTH

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1011 EA1050	GE CYCLIC TYPE 126B	37, 43, 49, 03, 09, 15, 21, 27, 33	<p>MAIN LINE SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN GIDEA PARK C/END JN AND SHENFIELD FROM 0045 TO 0140 AND 0430 TO 0500 TUE-FRI</p> <p>SOUTHEND SERVICES TO TRAVEL OVER THE SOUTHEND LOOP BETWEEN MOUNTNESSING JN AND SHENFIELD FROM 0045 TO 0500 TUE-FRI</p> <p>FELIXSTOWE/IPSWICH FREIGHT SERVICES TO BE DIVERTED VIA BACON FACTORY CURVE / HAUGHLEY JN/ BURY ST EDMUNDS / ELY / PETERBOROUGH / STAMFORD / LEICESTER AND NUNEATON 6L58, 4L60, 4M45 AND 4L77 TO BE RE-TIMED 4V37 TO BE RETIMED AND RUN EARLIER AS 4V36 IN THE PATH OF 4V59</p> <p>MTREL TO STABLE TRAINS IN PLATFORMS 4 AND 6 AT SHENFIELD</p> <p>GE CYCLIC TYPE 126B</p>
	Chelmsford C/End and Gidea Park C/End Jn	Up Main POSSESSION 0045 to 0500 Tue-Fri	
	Shenfield and Mountnessing Jn	Down and Up Southend POSSESSION 0045 to 0500 Tue-Fri	
	Shenfield	Platforms 1-2/Up Passenger Loop POSSESSION 0045 to 0500 Tue-Fri	
	Gidea Park C/End Jn and Chelmsford C/End	Down Main POSSESSION 0140 to 0430 Tue-Fri	
	Gidea Park C/End Jn and Shenfield	Down and Up Electric POSSESSION 0140 to 0430 Tue-Fri	
	Shenfield	Platform 3, Platforms 5-6/Bay Line POSSESSION 0140 to 0430 Tue-Fri	
	Shenfield C/End and Mountnessing Jn	Southend Loop POSSESSION 0140 to 0430 Tue-Fri	
	Shenfield	Stabling Sidings 1-3 SIDINGS POSSESSION 0140 to 0430 Tue-Fri	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1011	GE CYCLIC TYPE 126C Chelmsford and Witham L/End	37, 43, 49, 03, 09, 15, 21, 27, 33 Down Main POSSESSION 0145 to 0445 Tue-Fri Up Main POSSESSION 0030 to 0445 Tue-Fri	FELIXSTOWE/IPSWICH FREIGHT SERVICES TO BE DIVERTED VIA BACON FACTORY CURVE / HAUGHLEY JN / BURY ST EDMUNDS / ELY / PETERBOROUGH / STAMFORD / LEICESTER AND NUNEATON 6L58, 4L60, 4M45 AND 4L77 TO BE RE- TIMED 4V37 TO BE RETIMED AND RUN EARLIER AS 4V36 IN THE PATH OF 4V59 GE CYCLIC TYPE 126C

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1011	GE CYCLIC TYPE 126D Shenfield C/End and Chelmsford L/End	41, 47, 01, 07, 13, 19, 25, 31 Down Main POSSESSION 0005 to 0525 Tue-Wed If the possession on the Down line imports any kind of delay to Up services, this must finish by 0510. No impact to Up service beyond 0510 Tue and Wed	TRAINS TO TRAVEL OVER THE UP MAIN BI-DIRECTIONAL LINE BETWEEN SHENFIELD C/END AND CHELMSFORD L/END STRUCTURE FOR THE AMENDED TRAIN PLAN NETWORK RAIL TO OFFER REVISED TRAIN SCHEDULE PATHS TO OPERATORS DOWN TRAINS TO BE RETIMED WITH THE ENGINEERING ALLOWANCE OF 6 MINS TO BE USED AS REQUIRED FOR TPR COMPLIANCE UP TRAINS TO BE RETIMED IF NECESSARY WITH THE ENGINEERING ALLOWANCE OF 6 MINS (SHOWN IN THE WTT APPROACHING SHENFIELD) TO BE USED AS PATHING TIME AS REQUIRED GE CYCLIC TYPE 126D
EA1011	GE CYCLIC TYPE 126E Arbour Lane Crossover and Shenfield C/End	41, 47, 01, 07, 13, 19, 25, 31 Up Main POSSESSION 2355 Wed-Thu to 0510 Thu-Fri If the possession on the Up line imports any kind of delay to Down services, this must not commence until 0005. No impact to down service until 0005 Thu and Fri	TRAINS TO TRAVEL OVER THE DOWN MAIN BI-DIRECTIONAL LINE BETWEEN ARBOUR LANE CROSSOVER AND SHENFIELD C/END STRUCTURE FOR THE AMENDED TRAIN PLAN NETWORK RAIL TO OFFER REVISED TRAIN SCHEDULE PATHS TO OPERATORS UP TRAINS TO BE RETIMED WITH THE ENGINEERING ALLOWANCE OF 6 MINS TO BE USED AS REQUIRED FOR TPR COMPLIANCE DOWN TRAINS TO BE RETIMED IF NECESSARY WITH THE ENGINEERING ALLOWANCE OF 6 MINS (SHOWN IN THE WTT AS APPROACHING COLCHESTER) TO BE USED AS PATHING TIME AS REQUIRED.

			GE CYCLIC TYPE 126E
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ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1011	GE CYCLIC TYPE 114 Witham L/End and Chelmsford L/End	42, 48, 02, 08, 14, 20, 26, 32 Up Main POSSESSION 2355 Wed-Thu to 0455 Thu-Fri If the possession on the Up line imports any kind of delay to Down services, this must not commence until 0015 Thu and Fri No impact to down service until 0015 Thu and Fri	TRAINS TO TRAVEL OVER THE DOWN MAIN BI-DIRECTIONAL LINE BETWEEN WITHAM AND CHELMSFORD L/END STRUCTURE FOR THE AMENDED TRAIN PLAN NETWORK RAIL TO OFFER REVISED TRAIN SCHEDULE PATHS TO OPERATORS UP TRAINS TO BE RETIMED WITH THE ENGINEERING ALLOWANCE OF 6 MINS TO BE USED AS REQUIRED FOR TPR COMPLIANCE DOWN TRAINS TO BE RETIMED IF NECESSARY WITH THE ENGINEERING ALLOWANCE OF 6 MINS (SHOWN IN THE WTT AS APPROACHING COLCHESTER) TO BE USED AS PATHING TIME AS REQUIRED GE CYCLIC TYPE 114
EA1011	GE CYCLIC TYPE 114 Arbour Lane Crossover and Witham L/End	42, 48, 02, 08, 14, 20, 26, 32 Down Main POSSESSION 0015 to 0525 Tue-Wed If the possession on the Down line imports any kind of delay to Up services, this must finish by 0455 Tue and Wed No impact to Up service beyond 0455 Tue and Wed	TRAINS TO TRAVEL OVER THE UP MAIN DI-DIRECTIONAL LINE BETWEEN ARBOUR LANE CROSSOVERS AND WITHAM L/END STRUCTURE FOR THE AMENDED TRAIN PLAN NETWORK RAIL TO OFFER REVISED TRAIN SCHEDULE PATHS TO OPERATORS DOWN TRAINS TO BE RETIMED WITH THE ENGINEERING ALLOWANCE OF 6 MINS TO BE USED AS REQUIRED FOR TPR COMPLIANCE UP TRAINS TO BE RETIMED IF NECESSARY WITH THE ENGINEERING ALLOWANCE OF 6 MINS (SHOWN IN THE WTT APPROACHING SHENFIELD) TO BE USED AS PATHING TIME AS REQUIRED GE CYCLIC TYPE 114

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1011	<p>GE CYCLIC TYPE 112</p> <p>Colchester L/End and Kelvedon</p> <p>Marks Tey C/End and Marks Tey Jn</p> <p>Colchester L/End</p>	<p>38, 44, 50, 04, 10, 16, 22, 28, 34</p> <p>Up Main POSSESSION 2345 Mon-Tue to 0440 Tue-Wed</p> <p>Up Passenger Loop POSSESSION 2345 Mon-Tue to 0440 Tue-Wed</p> <p>Up Passenger Loop POSSESSION 2345 Mon-Tue to 0440 Tue-Wed</p> <p>If the possession on the Up Main imports any kind of delay to Down services, this must not commence until 0025. No impact to down service until 0025 Tue and Wed</p>	<p>TRAINS TO TRAVEL OVER THE DOWN MAIN BI-DIRECTIONAL LINE BETWEEN COLCHESTER AND KELVEDON</p> <p>STRUCTURE FOR THE AMENDED TRAIN PLAN: NETWORK RAIL TO OFFER REVISED TRAIN SCHEDULE PATHS TO OPERATORS UP TRAINS TO BE RETIMED WITH THE ENGINEERING ALLOWANCE OF 6 MINS TO BE USED AS REQUIRED FOR TPR COMPLIANCE DOWN TRAINS TO BE RETIMED IF NECESSARY WITH THE ENGINEERING ALLOWANCE OF 6 MINS (SHOWN IN THE WTT APPROACHING COLCHESTER) TO BE USED AS PATHING TIME AS REQUIRED</p> <p>GA TO STABLE TRAINS IN THE UP PASSENGER LOOP AT COLCHESTER</p> <p>GE CYCLIC TYPE 112</p>
EA1011 EA1080	<p>GE CYCLIC TYPE 112</p> <p>Kelvedon and Colchester L/End</p> <p>Marks Tey Jn and Sudbury</p>	<p>38, 44, 50, 04, 10, 16, 22, 28, 34</p> <p>Down Main POSSESSION 0025 to 0505 Thu-Fri</p> <p>Down & Up Sudbury POSSESSION 0025 to 0505 Thu-Fri</p> <p>If the possession on the Down Main imports any kind of delay to Up services, this must finish by 0440. No impact to Up service beyond 0440 Thu and Fri</p>	<p>TRAINS TO TRAVEL OVER THE UP MAIN BI-DIRECTIONAL LINE BETWEEN KELVEDON AND COLCHESTER L/END</p> <p>STRUCTURE FOR THE AMENDED TRAIN PLAN: NETWORK RAIL TO OFFER REVISED TRAIN SCHEDULE PATHS TO OPERATORS DOWN TRAINS TO BE RETIMED WITH THE ENGINEERING ALLOWANCE OF 6 MINS TO BE USED AS REQUIRED FOR TPR COMPLIANCE UP TRAINS TO BE RETIMED IF NECESSARY WITH THE ENGINEERING ALLOWANCE OF 6 MINS (SHOWN IN THE WTT APPROACHING SHENFIELD) TO BE USED AS PATHING TIME AS REQUIRED</p>

			GE CYCLIC TYPE 112
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ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1011	GE CYCLIC TYPE 113 Kelvedon and Witham L/End Witham C/End and Witham	40*, 46, 52, 06, 12, 18, 24, 30, 36 Up Main POSSESSION 2320 Mon-Tue to 0445 Tue-Wed Up Passenger Loop/Platform 1 POSSESSION 2320 Mon-Tue to 0445 Tue-Wed *Week 40 MN to start 0200 Tue vice 2320 Mon	TRAINS TO TRAVEL OVER THE DOWN MAIN BI-DIRECTIONAL LINE BETWEEN KELVEDON AND WITHAM L/END STRUCTURE FOR THE AMENDED TRAIN PLAN NETWORK RAIL TO OFFER REVISED TRAIN SCHEDULE PATHS TO OPERATORS UP TRAINS TO BE RETIMED WITH THE ENGINEERING ALLOWANCE OF 6 MINS TO BE USED AS REQUIRED FOR TPR COMPLIANCE DOWN TRAINS TO BE RETIMED IF NECESSARY WITH THE ENGINEERING ALLOWANCE OF 6 MINS (SHOWN IN THE WTT APPROACHING COLCHESTER) GE CYCLIC TYPE 113
EA1011 EA1070	GE CYCLIC TYPE 113 Witham L/End and Kelvedon Witham and Witham C/End Witham Jn and Braintree	40, 46, 52, 06, 12, 18, 24, 30, 36 Down Main POSSESSION 0100 to 0450 Thu-Fri Down Passenger Loop/Platform 4 POSSESSION 0100 to 0450 Thu-Fri Up & Down Braintree POSSESSION 0100 to 0450 Thu-Fri	TRAINS TO TRAVEL OVER THE UP MAIN BI-DIRECTIONAL LINE BETWEEN WITHAM L/END AND KELVEDON STRUCTURE FOR THE AMENDED TRAIN PLAN NETWORK RAIL TO OFFER REVISED TRAIN SCHEDULE PATHS TO OPERATORS DOWN TRAINS TO BE RETIMED WITH THE ENGINEERING ALLOWANCE OF 6 MINS TO BE USED AS REQUIRED FOR TPR COMPLIANCE UP TRAINS TO BE RETIMED IF NECESSARY WITH THE ENGINEERING ALLOWANCE OF 6 MINS (SHOWN IN THE WTT APPROACHING SHENFIELD) TO BE USED AS PATHING TIME AS REQUIRED GE CYCLIC TYPE 113

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1012 EA1530 EA1744	GE CYCLIC TYPE 125 “IPS-PBO 1in6” East Suffolk Jn and Trowse Jn Claydon GF Stowmarket L/End and Stowmarket Europa Jn and Boss Hall Jn Bury St. Edmunds and Haughley Jn Haughley Jn and Bury St. Edmunds Barham & Diss East Suffolk Jn and Diss Barham	39*, 45, 51, 05, 11, 17, 23, 29, 35 Down and Up Main POSSESSION 0040 to 0450 Tue-Thu Down Goods Loop POSSESSION 0040 to 0450 Tue-Thu 0110 to 0450 Fri Down & Up Goods Loop POSSESSION 0040 to 0450 Tue-Thu 0110 to 0450 Fri Down and Up Bacon Factory Curve POSSESSION 0040 to 0450 Tue-Thu 0110 to 0450 Fri Down Main/Down Bury POSSESSION 0040 to 0450 Tue-Thu 0110 to 0450 Fri Up Bury/Up Main POSSESSION 0040 to 0450 Tue-Thu 0110 to 0450 Fri Sidings SIDINGS POSSESSION 0040 to 0450 Tue-Thu Down and Up Main POSSESSION 0110 to 0450 Fri Sidings SIDINGS POSSESSION 0110 to 0450 Fri	*2330 ex LIVERPOOL STREET TO NORWICH, TO BE REPLACED BY ROAD TRANSPORT BETWEEN IPSWICH AND NORWICH. (Tue-Thu) *4L73 TO BE RETIMED FROM WEMBLEY TO AVOID CLASH WITH 4L96 (Tue-Fri) *CROSS COUNTRY FREIGHT SERVICES TO BE DIVERTED VIA THE GREAT EASTERN MAIN LINE / NORTH LONDON LINE (Tue-Fri) *POSSESSION TO BE TAKEN AFTER PASSAGE OF 4E45 (Tue-Thu) FREIGHT SERVICES TO USE PLATFORM 3 AND THE UP MAIN (MIDDLE ROAD) AT IPSWICH AS REQUIRED GA TO STABLE IN PLATFORMS 1,2 AND 4 AT IPSWICH (Tue-Thu) GA TO STABLE IN PLATFORMS 1 AND 4 AT IPSWICH (Fri) GE CYCLIC TYPE 125 *Not in Week 39

		*Week 39 Haughley Jn to Trowse Jn only icw P/3770052/3280217 and 0210 Thu and Fri start	
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Route	At or Between	Week Numbers	Traffic Remarks
EA1012 EA1013 EA1580	GE CYCLIC TYPE G NORWICH STATION AREA	42, 48, 02, 08, 14, 20, 26, 32	
	Trowse Swing Bridge and Lakenham	Up Main POSSESSION 0015 to 0530 Wed-Thu	FROM 0015 TO 0145 AND FROM 0445 TO 0530 WED / THU TRAINS TO TRAVEL OVER DOWN BI-DIRECTIONAL LINE BETWEEN TROWSE SWING BRIDGE AND LAKENHAM
	Trowse Swing Bridge and Trowse Jn	Down & Up Passenger Loop POSSESSION 0015 to 0530 Wed-Thu	ACCESS AVAILABLE TO/FROM CROWN POINT THROUGH SIDINGS VIA CO2849 PTS UNTIL 0145 WED / THU
	Hethersett GF and Trowse Jn	Down and Up Thetford POSSESSION 0015 to 0530 Wed-Thu	GE CYCLIC TYPE G
	Lakenham and Thorpe Jn	Down Main/Single/Line D POSSESSION 0145 to 0445 Wed-Thu	
	Thorpe Jn and Trowse Swing Bridge	Line C POSSESSION 0145 to 0445 Wed-Thu	
	Crown Point	Wensum Curve SIDINGS POSSESSION 0145 to 0445 Wed-Thu	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1090 EA1100 EA1110	GE CYCLIC TYPE 120 (Disruptive)	41, 01*, 13, 25	*2256 COLCHESTER TO WALTON-ON-NAZE IS DIVERTED TO CLACTON WITH A BUS FROM CLACTON TO WALTON-ON-NAZE
	Hunwick Jn and Clacton-on-Sea	Down and Up Clacton POSSESSION 0001 to 0455 Tue-Thu 0110 to 0455 Fri	*2318 LIVERPOOL STREET TO CLACTON- ON-SEA TO TERMINATE AT COLCHESTER WITH A BUS TO CLACTON-ON-SEA
	Clacton-on-Sea	Platforms 1-4 POSSESSION 0001 to 0455 Tue-Thu 0110 to 0455 Fri	GA TO STABLE TRAINS IN PLATFORMS 1-4 AT CLACTON-ON-SEA ECS MOVES AT CLACTON-ON-SEA TO BE RETIMED
	Colchester Jn and Hunwick Jn	Up and Down Avoiding POSSESSION 0001 to 0455 Tue-Thu 0110 to 0455 Fri	POSSESSION TO ALLOW FOR ECS TO REVERSE BEHIND CO1072 ON UP AND DOWN CLACTON
	East Gate Jn and Colchester Town	Down and Up Colchester Town POSSESSION 0001 to 0455 Tue-Thu 0110 to 0455 Fri	CLACTON DEPOT TO REMAIN LIVE
	Hythe Jn and Colne Jn	Down and Up Hythe Curve POSSESSION 0001 to 0455 Tue-Thu 0110 to 0455 Fri	ROAD TO BE OPEN AT THE FOLLOWING LC'S: EAST GATES LC, HYTHE LC, ALRESFORD LC, THORRINGTON LC, GREAT BENTLEY LC & FRINTON LC
	Thorpe-le-Soken Jn and Walton-on-the Naze	Walton Single POSSESSION 0001 to 0455 Tue-Thu 0110 to 0455 Fri	GE CYCLIC TYPE 120 (DISRUPTIVE)
	Kirby Cross	Down and Up Walton POSSESSION 0001 to 0455 Tue-Thu 0110 to 0455 Fri	* Not applicable in Week 01 MN
		* Week 01 MN 0205 Tue start vice 0001	

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ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1090 EA1100 EA1110	GE CYCLIC TYPE 120 (NON-DISRUPTIVE)	47, 07, 19, 31	GA TO STABLE TRAINS IN PLATFORMS 1-4 AT CLACTON AS REQUIRED
	Hunwick Jn and Clacton-on-Sea L/End	Down and Up Clacton POSSESSION 0110 to 0500 Tue-Fri	POSSESSION TO ALLOW FOR ECS TO REVERSE BEHIND CO1072 ON THE UP AND DOWN CLACTON
	Colchester and Hunwick Jn	Up and Down Avoiding POSSESSION 0110 to 0500 Tue-Fri	CLACTON DEPOT TO REMAIN LIVE
	East Gate Jn and Colchester Town	Down and Up Colchester Town POSSESSION 0110 to 0500 Tue-Fri	GE CYCLIC TYPE 120 (NON-DISRUPTIVE)
	Hythe Jn and Colne Jn	Down and Up Hythe Curve POSSESSION 0110 to 0500 Tue-Fri	
	Thorpe-le-Soken Jn and Walton-on-the Naze	Walton Single POSSESSION 0110 to 0500 Tue-Fri	
	Kirby Cross	Down and Up Walton POSSESSION 0110 to 0500 Tue-Fri	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1120	GE CYCLIC TYPE 117B	40, 42, 46, 48, 52, 02, 06, 08, 12, 14, 18, 20, 24, 26, 30, 32, 36	NO ACCESS TO / FROM PARKESTON YARD / CARLESS SIDINGS
	Manningtree East Jn and Harwich International	Down Harwich POSSESSION 0045 to 0435 Tue-Fri	AT HARWICH INTERNATIONAL TRAINS TO BE OUTSTABLED FROM PLATFORMS 2 & 3 ON MONDAY AND TUESDAY NIGHTS AND OUTSTABLED FROM PLATFORMS 1 & 2 ON WEDNESDAY AND THURSDAY NIGHTS
	Harwich Town and Manningtree	Single/Up Harwich POSSESSION 0045 to 0435 Tue-Fri	TRAINS TO BE OUTSTABLED IN IPSWICH PLATFORM 2 AND COLCHESTER UP PASSENGER LOOP
	Manningtree North Jn and Manningtree East Jn	North Curve POSSESSION 0045 to 0435 Tue-Fri	5A61 & 5A75 TO BE RETIMED
	Manningtree	Platform 1 POSSESSION 0045 to 0435 Tue-Fri	PANTOGRAPHS TO BE LOWERED ON TRAINS STABLED AT HARWICH INTERNATIONAL AND IN PARKESTON CARRIAGE SIDINGS / YARD (391 AND 392 SECTIONS COMPLETE)
	Harwich International	Platforms 2-3 POSSESSION 0045 to 0435 Tue-Wed	POSSESSIONS TO 548 POINTS ON THE MONDAY AND TUESDAY NIGHTS AND TO INCLUDE PLATFORM 1 ON THE WEDNESDAY AND THURSDAY NIGHT
		Platforms 1-3 POSSESSION 0045 to 0435 Thu-Fri	GE CYCLIC TYPE 117B
	Mistley	Down Siding SIDINGS POSSESSION 0045 to 0435 Tue-Fri	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1050	GE CYCLIC PATROLLING- TYPE 20B	38, 40, 42, 44, 46, 48, 50, 52, 02, 04, 06, 08, 10, 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36	TRAINS TO TRAVEL OVER THE DOWN- SOUTHEND BI-DIRECTIONAL LINE /- SOUTHEND LOOP BETWEEN WICKFORD- L/END AND MOUNTNESSING JN AND- SHENFIELD
	Wickford L/End and Mounthessing Jn	Up Southend POSSESSION 0020 to 0510 Tue	GE CYCLIC PATROLLING TYPE 20B
		Down Southend Line Blockage Between Trains +Detonators- 0020 to 0510 Tue	
EA1050 EA1060	GE CYCLIC PATROLLING- TYPE 20C	38, 40, 42, 44, 46, 48, 50, 52, 02, 04, 06, 08, 10, 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36	TRAINS TO TRAVEL OVER THE UP- SOUTHEND BI-DIRECTIONAL LINE- BETWEEN BILLERICAY C/END AND- HOCKLEY C/END
	Billericay C/End and Hockley C/End	Down Southend POSSESSION 0015 to 0445 Wed	GE CYCLIC PATROLLING TYPE 20C
	Wickford Jn	Up & Down Southminster POSSESSION 0015 to 0445 Wed	
		Up Southend Line Blockage Between Trains +Detonators- 0015 to 0445 Wed	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1050 EA1060	GE CYCLIC PATROLLING- TYPE 20D Hockley C/End and Billericay C/End Wickford Jn	38, 40, 42, 44, 46, 48, 50, 52, 02, 04, 06, 08, 10, 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36 Up Southend POSSESSION 0015 to 0445 Thu- Down Southend Line Blockage Between Trains +Detonators- 0015 to 0445 Thu Up & Down Southminster Line Blockage Between Trains- +Detonators 0015 to 0445 Thu-	TRAINS TO TRAVEL OVER THE DOWN- SOUTHEND BI-DIRECTIONAL LINE- BETWEEN HOCKLEY C/END AND- BILLERICAY C/END GE CYCLIC PATROLLING TYPE 20D
EA1050	GE CYCLIC PATROLLING- TYPE 20E Wickford Jn and Southend Victoria L/End	38, 40, 42, 44, 46, 48, 50, 52, 02, 04, 06, 08, 10, 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36 Down Southend POSSESSION 0020 to 0440 Fri Up Southend Line Blockage Between Trains +Detonators- 0020 to 0440 Fri	TRAINS TO TRAVEL OVER THE UP- SOUTHEND BI-DIRECTIONAL LINE- BETWEEN WICKFORD L/END AND- SOUTHEND VICTORIA L/END GE CYCLIC PATROLLING TYPE 20E
EA1050	GE CYCLIC PATROLLING- TYPE 20F Southend Victoria L/End and Wickford C/End	39, 41, 43, 45, 47, 49, 51, 01, 03, 05, 07, 09, 11, 13, 15, 17, 19, 21, 23, 25, 27, 29, 32, 33, 35, 37 Up Southend POSSESSION 0020 to 0440 Sat Down Southend Line Blockage Between Trains +Detonators- 0020 to 0440 Sat	TRAINS TO TRAVEL OVER THE DOWN- SOUTHEND BI-DIRECTIONAL LINE- BETWEEN SOUTHEND VICTORIA L/END- AND WICKFORD C/END GE CYCLIC PATROLLING TYPE 20F

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1161	PATROLLING TYPE N	37, 39, 41, 43, 45, 47, 49, 51, 01, 03, 05, 07, 09, 11, 13, 15, 17, 19, 21, 23, 25, 27, 29, 31, 33, 35	NO TRAINS TO BE STABLED IN PLATFORM 3 AT BISHOPS STORTFORD
	Bishops Stortford L/End and Bishops Stortford C/End	Down and Up Cambridge Line Blockage (Between Trains) 0100 to 0445 Fri	PATROLLING TYPE N
	Bishops Stortford and Bishops Stortford L/End	Up Passenger Loop/Platform 3 Line Blockage (Between Trains) 0100 to 0445 Fri	
	Bishops Stortford	Down and Up Sidings Sidings Possession 0100 to 0445 Fri	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1161 EA1220 EA1230 LN125	WA CYCLIC TYPE J	40, 46, 52, 06*, 12, 18, 24, 30, 36	AMENDED TRAIN PLAN STRUCTURE: ROAD TRANSPORT FOR GA/GREAT NORTHERN SERVICES BETWEEN BISHOPS STORTFORD/ ROYSTON AND CAMBRIDGE FROM 0015 UNTIL END OF SERVICE
	Stansted South Jn and Cambridge C/End	Down and Up POSSESSION 0015 to 0430 Tue-Fri	ISOLATIONS THAT AFFECT BISHOPS STORTFORD OR CAMBRIDGE CARRIAGE SIDINGS ARE NOT PERMITTED
	Royston and Shepreth Branch Jn	Down and Up Royston POSSESSION 0015 to 0430 Tue-Fri	TRAINS MAY BE STABLED IN PLATFORMS 2, 3, 5 AND 6 AT CAMBRIDGE NO TRAINS TO BE STABLED IN PLATFORMS 1, 4, 7 AND 8 AT CAMBRIDGE NO TRAINS TO BE STABLED AT FOXTON SIDINGS
	Stansted North Jn and Stansted East Jn	Up & Down Cambridge Chord POSSESSION 0015 to 0430 Tue-Fri	ROAD TO BE OPEN AT THE FOLLOWING LC'S: MELDRETH LC & SHELFORD LC
	Cambridge	Platforms 1-4/Through Line/Platform Line POSSESSION 0015 to 0430 Tue-Fri	These cyclics must align with LNE cyclical maintenance possessions between Hitchin (Cambridge Jn) & Meldreth. These WA-J possessions are back-to-back with East Coast Type E Section 5.
	Cambridge and Cambridge L/End	Down Slow/No.7 Platform Line/No.8 Platform Line POSSESSION 0015 to 0430 Tue-Fri	WA CYCLIC TYPE J
	Foxton	Siding SIDINGS POSSESSION 0015 to 0430 Tue-Fri * Week 06 MN to cut back to Audley End vice Stansted South Jn	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1161 EA1530 LN125	WA CYCLIC TYPE M	41, 47, 01, 07, 13, 19, 25, 31	GA TO STABLE TRAINS AT BISHOPS STORTFORD AND BISHOPS STORTFORD SIDINGS AS REQUIRED
	Cambridge and Ely Dock Jn	Down and Up POSSESSION 0025 to 0205 Tue-Fri	TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 2 AND 3 AT CAMBRIDGE NO TRAINS TO BE STABLED IN PLATFORMS 1, 4, 5, 6, 7 AND 8 AT CAMBRIDGE
	Cambridge	Platform 1/Platforms 4-6/Platform Line/Through Line POSSESSION 0025 to 0205 Tue-Fri	GA TO STABLE TRAINS IN PLATFORM 3 AT CAMBRIDGE NORTH
	Cambridge	Down Goods Loop POSSESSION 0025 to 0420 Tue-Fri	FROM 0205 TO 0420 MOVEMENTS WITHIN THE YARD VIA BYPASS LINE UNAFFECTED / NO ACCESS TO/FROM MAIN LINES / THROUGH ROAD 5H05 TO BE AMENDED VIA STP
	Coldham Lane Jn and Dullingham	Up & Down Newmarket POSSESSION 0025 to 0420 Tue-Fri	ISOLATIONS THAT AFFECT CAMBRIDGE CARRIAGE SIDINGS NOT PERMITTED
	Cambridge North	Platform 3 POSSESSION 0025 to 0420 Tue-Fri	SIDINGS POSSESSION TO BE GIVEN UP TO PERMIT THE MOVEMENT OF TRAINS AS REQUIRED
	Shepreth Branch Jn and Ely Dock Jn	Down and Up POSSESSION 0205 to 0420 Tue-Fri	WA CYCLIC TYPE M
	Cambridge L/End and Cambridge	Down Slow POSSESSION 0205 to 0420 Tue-Fri	
	Cambridge	Platforms 1-8 POSSESSION 0205 to 0420 Tue-Fri	
	Cambridge C/End and Cambridge L/End	No.7 Platform Line/No.8 Platform Line POSSESSION 0205 to 0420 Tue-Fri	

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Route	At or Between	Week Numbers	Traffic Remarks
EA1280 EA1340 EA1350	WA CYCLIC TYPE K	38, 44, 50, 04, 10, 16, 22, 28, 34	FREIGHT SERVICES DIVERTED VIA SOUTH TOTTENHAM AND SEVEN SISTERS
	Stratford Central Jn East and Temple Mills West Jn	Down and Up Temple Mills POSSESSION 0045 to 0420 Thu / 0040 to 0450 Fri	ACCESS AVAILABLE TO ORIENT WAY CS VIA TOTTENHAM HALE (REVERSE) AND TEMPLE MILLS WEST JN FOR ECS
	Lea Jn and High Meads Jn	Down and Up Lea Curve POSSESSION 0045 to 0420 Thu / 0040 to 0450 Fri	ROUTE VIA DUDDING HILL, KEW EAST, NEW KEW JN, BARNES AND CLAPHAM JN TO BE AVAILABLE
	High Meads Jn and Temple Mills East Jn	Down and Up High Meads Loop POSSESSION 0045 to 0420 Thu / 0040 to 0450 Fri	WA CYCLIC TYPE K
	High Meads Jn and Channelsea North Jn	Down and Up High Meads Curve POSSESSION 0045 to 0420 Thu / 0040 to 0450 Fri	
	Temple Mills West Jn and Ruckholt Road Jn	Temple Mills Loop POSSESSION 0045 to 0420 Thu / 0040 to 0450 Fri	
	Ruckholt Road Jn	Reception Line POSSESSION 0045 to 0420 Thu / 0040 to 0450 Fri	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1160 EA1170 EA1180 EA1200 EA1280 EA1290	WA CYCLIC TYPE D	39*, 45, 51, 05, 11, 17, 23, 29, 35	<p>FREIGHT SERVICES DIVERTED VIA SOUTH TOTTENHAM AND SEVEN SISTERS. PASSENGER SERVICES DIVERTED VIA RECTORY ROAD AND SEVEN SISTERS. ACCESS AVAILABLE TO ORIENT WAY CS VIA TEMPLE MILLS EAST JN FOR ECS ROUTE VIA DUDDING HILL, KEW EAST, NEW KEW JN, BARNES AND CLAPHAM JN TO BE AVAILABLE.</p> <p>AMENDED TRAIN PLAN STRUCTURE: RAIL REPLACEMENT BUS SERVICE IN OPERATION ACCESS AVAILABLE TO/FROM TEMPLE MILLS LOOP VIA RUCKHOLT ROAD JN</p> <p>Isolations affecting Chingford Carriage Sidings and Chingford station to be-2350 M-Th to 0400 T-F, Pantographs to be lowered on all trains stabled in Platforms 1-3 Chingford. Shunting around Chingford Station permitted until 2320 M-Th, and shunting around Chingford Sidings area permitted until 2350 M-Th and from 0400 T-F'.</p> <p>3 platforms to be available at Liverpool St for outstabling from Chingford CS</p> <p>NO MOVEMENTS WITHIN CHINGFORD SIDINGS 2350 TO 0400, TRAINS TO BE STABLED AS REQUIRED</p> <p>WA CYCLIC TYPE D</p>
	Cambridge Heath and Cheshunt Jn	Down Fast/Down Cambridge POSSESSION 2320 Mon-Thu to 0500 Tue-Fri	
	Cheshunt Jn and Cambridge Heath	Up Cambridge/Up Fast POSSESSION 2320 Mon-Thu to 0500 Tue-Fri	
	Clapton Jn and Chingford	Down and Up Chingford POSSESSION 2320 Mon-Thu to 0400 Tue-Fri	
	Chingford	Platforms 1-3 POSSESSION 2320 Mon-Thu to 0400 Tue-Fri	
	Ruckholt Road Jn and Coppermill Jn	Down and Up Temple Mills POSSESSION 2320 Mon-Thu to 0500 Tue-Fri	
	Temple Mills West Jn and Ruckholt Rd Jn	Reception Line/Temple Mills Loop POSSESSION 2320 Mon-Thu to 0500 Tue-Fri	
	Lea Bridge Jn and Meridian Water	Lea Valley Reversible POSSESSION 2320 Mon-Thu to 0500 Tue-Fri	
	Tottenham South Jn and South Tottenham East Jn	Down and Up Tottenham South Curve POSSESSION 2320 Mon-Thu to 0500 Tue-Fri	
	Clapton Jn and Chingford L/End	Down and Up Chingford POSSESSION 0400 to 0500 Tue-Fri	

	<p>London Fields and Rectory Road</p> <p>Rectory Road and London Fields</p> <p>Reading Lane Jn and Navarino Road Jn</p> <p>Chingford</p>	<p>Down Suburban/Down Southbury POSSESSION 0200 Tue-Wed to 0400 Tue-Wed</p> <p>Up Southbury/Up Suburban POSSESSION 0200 Tue-Wed to 0400 Tue-Wed</p> <p>Graham Road Curve POSSESSION 0200 Tue-Wed to 0400 Tue-Wed</p> <p>Carriage Sidings SIDINGS POSSESSION 2350 Mon-Thu to 0400 Tue-Fri</p> <p>* In Week 39, Monday night is cancelled and Tuesday night starts 0120 Wed</p>	
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ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1200	PATROLLING TYPE D1	49, 10, 23, 36	NO TRAINS TO BE STABLED IN PLATFORMS 2-3 AT CHINGFORD TUE AND WED TRAINS TO BE STABLED IN PLATFORM 1 AT CHINGFORD AS REQUIRED TUE AND WED
	Wood Street and Chingford	Down and Up Chingford LINE BLOCKAGE 0150 to 0400 Tue-Fri	
	Chingford	Platforms 1-3 LINE BLOCKAGE 0150 to 0400 Tue-Fri	NO TRAINS TO BE STABLED IN PLATFORM 1 AT CHINGFORD THU AND FRI TRAINS TO BE STABLED IN PLATFORMS 2-3 AT CHINGFORD AS REQUIRED THU AND FRI
		Sidings SIDINGS POSSESSION 0150 to 0400 Tue-Fri	PATROLLING TYPE D1
		*No outstabling in Weeks 49 and 23, Patrolling Type D1 links into WA Cyclic Type D in week 49	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1162	WA CYCLIC TYPE O Ely North Jn and Kings Lynn Kings Lynn	38, 44, 50, 04, 10, 16, 22, 28, 34 Down and Up/Up & Down POSSESSION 2245 Mon-Thu to 0440 Tue-Fri Platforms 1-2 POSSESSION 2245 Mon-Thu to 0440 Tue-Fri	2139 / 2239 / 2309, 1T66 / 1T70 / 1T72, KINGS CROSS TO KINGS LYNN TO TERMINATE AT ELY 2258 & 2T73, KINGS LYNN TO CAMBRIDGE WILL NOT RUN 6L31 TO BE RETIMED RAIL REPLACEMENT ROAD TRANSPORT BETWEEN ELY AND KINGS LYNN NO TRAINS TO BE STABLED IN PLATFORM 1 AT KINGS LYNN ON MON AND TUE NIGHT TRAINS TO BE STABLED IN PLATFORM 2 AT KINGS LYNN ON MON AND TUE NIGHT NO TRAINS TO BE STABLED IN PLATFORM 2 AT KINGS LYNN ON WED AND THU NIGHT TRAINS TO BE STABLED IN PLATFORM 1 AT KINGS LYNN ON WED AND THU NIGHT (EAST ANGLIA SECTIONAL APPENDIX, SECTION 1 REFERS) GTR TO ADDITIONALLY STABLE ONE UNIT IN PLATFORMS 7 OR 8 AT CAMBRIDGE (NO ISOLATION) ANY ISOLATION THAT AFFECTS KINGS LYNN CS TO BE WITHDRAWN AT 0405 (PANTOGRAPHS TO BE LOWERED) ROAD TO BE OPEN AT THE FOLLOWING LC'S: LITTLEPORT LC, MAGDELAN ROAD LC & WATLINGTON ROAD LC WA CYCLIC TYPE O

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1162 EA1270	Patrolling Type O	45, 06, 19, 32	NO TRAINS TO BE STABLED IN PLATFORM 1 AT KING LYNN ON MON NIGHT
	Watlington and Kings Lynn	Down and Up/Up & Down LINE BLOCKAGE (Between Trains) 2300 Mon-Fri to 0600 Tue-Sat	TRAINS TO BE STABLED IN PLATFORM 2 AND CARRIAGE SIDING NO. 1-2 AT KING LYNN ON MON NIGHT (EAST ANGLIA SECTIONAL APPENDIX, SECTION 1 REFERS) 1T72 TO SHUNT TO KINGS LYNN CARRIAGE SIDINGS AND BACK TO FORM 1T01
	Kings Lynn	Platforms 1-2 LINE BLOCKAGE (Between Trains) 2300 Mon-Fri to 0600 Tue-Sat	NO TRAINS TO BE STABLED IN PLATFORM 2 AT KING LYNN ON TUE AND WED NIGHT
	Kings Lynn Jn and Middleton Towers LC No.6 (TMO) (NR Boundary)	Down & Up LINE BLOCKAGE (Between Trains) 2300 Mon-Fri to 0600 Tue-Fri	TRAINS TO BE STABLED IN PLATFORM 1 AND CARRIAGE SIDING NO. 1-2 AT KING LYNN ON TUE AND WED NIGHT (EAST ANGLIA SECTIONAL APPENDIX, SECTION 1 REFERS) 1T72 TO SHUNT TO KINGS LYNN CARRIAGE SIDINGS AND BACK TO FORM 1T01 1T70/1T05 AMENDED TO PLATFORM 1
	Kings Lynn L/End and Kings Lynn	Carriage Siding No. 1-2 (SIDINGS POSSESSION) 0125 Tue-Sat to 0410 Tue-Sat	NO TRAINS TO BE STABLED IN CARRIAGE SIDING NO. 1 AT KING LYNN ON THU NIGHT TRAINS TO BE STABLED IN PLATFORMS 1-2 AND CARRIAGE SIDING NO. 2 AT KING LYNN ON THU NIGHT (EAST ANGLIA SECTIONAL APPENDIX, SECTION 1 REFERS) 5T54/5T07 TO/FROM ROAD 2 NO TRAINS TO BE STABLED IN CARRIAGE SIDING NO. 2 AT KING LYNN ON FRI NIGHT TRAINS TO BE STABLED IN PLATFORMS 1-2 AND CARRIAGE SIDING NO. 1 AT KING LYNN ON FRI NIGHT (EAST ANGLIA SECTIONAL APPENDIX, SECTION 1 REFERS) 5T54/5T83 TO/FROM ROAD 1

			PATROLLING TYPE O
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Route	At or Between	Week Numbers	Traffic Remarks
EA1160 EA1170 EA1180 EA1190 EA1300	WA CYCLIC TYPE B Cambridge Heath and Cheshunt Jn Reading Lane Jn and Navarino Road Jn South Tottenham West Jn and Seven Sisters Jn Bury Street Jn and Enfield Town Enfield Town Cambridge Heath and Clapton Tunnel	41, 47, 01, 07, 13, 19, 25, 31 Down and Up Suburban/Down and Up Southbury POSSESSION 2335 Mon-Thu to 0515 Tue, Wed, Fri / 0445 Thu Graham Road Curve POSSESSION 2335 Mon-Thu to 0515 Tue, Wed, Fri / 0445 Thu Up/Down Seven Sisters Chord POSSESSION 2335 Mon-Thu to 0515 Tue, Wed, Fri / 0445 Thu Down and Up Enfield POSSESSION 2335 Mon-Thu to 0515 Tue, Wed, Fri / 0445 Thu Platforms 1-3 POSSESSION 2335 Mon-Thu to 0515 Tue, Wed, Fri / 0445 Thu Down and Up Fast/Down and Up Cambridge POSSESSION 0200 to 0400 Tue-Wed	TRAINS TO TRAVEL OVER FAST LINES BETWEEN BETHNAL GREEN NORTH JN AND HACKNEY DOWNS AMENDED TRAIN PLAN STRUCTURE: RAIL REPLACEMENT BUS SERVICE IN OPERATION OTHER SERVICES DIVERTED VIA LEA VALLEY BAY PLATFORM/PLATFORM 3 AT CHESHUNT TO BE KEPT CLEAR ICW PATROLLING TYPE B1 ON WED NIGHT TRAINS TO BE STABLED IN PLATFORMS 1-3 AT ENFIELD TOWN AND IN THE BAY PLATFORM AT CHESHUNT AS REQUIRED ISOLATION OF CHESHUNT BAY PLATFORM TO BE WITHDRAWN AT 0430 WA CYCLIC TYPE B
EA1190	PATROLLING TYPE B1 Cheshunt	37, 38, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 01, 02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37 Bay Platform POSSESSION 0105 to 0500 Thu	NO TRAINS TO BE STABLED IN THE BAY PLATFORM AT CHESHUNT PATROLLING TYPE B1

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1210	WA CYCLIC TYPE I Broxbourne Jn and Hertford East Hertford East	37, 43, 49, 03, 09, 15, 21, 27, 33 Down and Up Hertford POSSESSION 0035 to 0515 Tue-Fri Platforms 1-2 POSSESSION 0035 to 0515 Tue-Fri	GA TO STABLE TRAINS IN PLATFORMS 1-2 AT HERTFORD EAST ISOLATION TO BE WITHDRAWN AT 0440 (Tue- Fri) WA CYCLIC TYPE I
EA1220	INSPECTIONS TYPE L Stansted East Jn and Stansted Airport Stansted East Jn and Stansted Airport Stansted Airport	39, 52, 13, 26 Down Airport/Up & Down Airport/Up Arrival Down LINE BLOCKAGE 0035 to 0420 Sat / 0035 to 0455 Tue-Thu / 0035 to 0420 Fri Up Departure Down/Up & Down Airport/Up Airport LINE BLOCKAGE 0035 to 0420 Sat / 0035 to 0455 Tue-Thu / 0035 to 0420 Fri Platforms 1-3 LINE BLOCKAGE 0035 to 0420 Sat / 0035 to 0455 Tue-Thu / 0035 to 0420 Fri	GA TO STABLE TRAINS AS REQUIRED IN PLATFORMS 2-3 AT STANSTED AIRPORT ON TUE AND WED NO TRAINS TO BE STABLED IN PLATFORM 1 AT STANSTED AIRPORT ON TUE AND WED GA TO STABLE TRAINS AS REQUIRED IN PLATFORMS 1-2 AT STANSTED AIRPORT ON THU AND FRI NO TRAINS TO BE STABLED IN PLATFORM 3 AT STANSTED AIRPORT ON THU AND FRI GA TO STABLE TRAINS AS REQUIRED IN PLATFORMS 1 AND 3 AT STANSTED AIRPORT ON SAT NO TRAINS TO BE STABLED IN PLATFORM 2 AT STANSTED AIRPORT ON SAT IN WEEK 39 MN/TN/WN/HN/FN, GA TO STABLE TRAINS AS REQUIRED IN PLATFORMS 1-3 AT STANSTED AIRPORT ANY ISOLATION OF STANSTED AIRPORT TO BE WITHDRAWN AT 0420 TUE, WED AND THU INSPECTIONS TYPE L

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ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1310 EA1320 MD155 MD150 MD160	NLL CYCLIC TYPE 1	38, 44, 50, 04, 10, 16, 22, 28, 34	FREIGHT SERVICES DIVERTED VIA PRIMROSE HILL, WCML AND SOUTH WEST SIDINGS
	Camden Road West Jn and Acton Wells Jn*	Down and Up North London POSSESSION 0040 to 0530 Tue-Fri	ROUTE VIA DUDDING HILL, KEW EAST, NEW KEW JN, BARNES AND CLAPHAM JN TO BE AVAILABLE GBRF / FCC ECS MOVES TO BE DIVERTED AND RETIMED
	Gospel Oak and Junction Road Jn	Down and Up T&H POSSESSION 0040 to 0530 Tue-Fri	ACCESS TO BE MAINTAINED TO WeFOC AT HARLESDEN JN
	Gospel Oak	Platform 3 POSSESSION 0040 to 0530 Tue-Fri	ARL TO STABLE TRAINS IN PLATFORM 1 AT BARKING NO TRAINS TO BE STABLED IN PLATFORM 3 AT GOSPEL OAK NO TRAINS TO STABLE IN KENSAL GREEN TURNBACK SIDING
	Kensal Green Jn and Willesden Suburban Jn	Down and Up New Line POSSESSION 0040 to 0530 Tue-Fri	NLL CYCLIC TYPE 1
	Kensal Green Jn and Harlesden Jn	Down and Up City Line POSSESSION 0040 to 0530 Tue-Fri	*To Gospel Oak on Wednesday nights only to allow patrols
	Willesden High Level Jn and Mitre Bridge Jn	Down and Up High Level POSSESSION 0040 to 0530 Tue-Fri	
	Kensal Green Jn	Kensal Green Reverse Siding SIDINGS POSSESSION 0040 to 0530 Tue-Fri	
	Kensal Green Jn and Willesden High Level	Willesden Turnback Siding SIDINGS POSSESSION 0040 to 0530 Tue-Fri	

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Route	At or Between	Week Numbers	Traffic Remarks
EA1180 EA1320 EA1340 EA1350 LN110	NLL CYCLIC TYPE 2	37, 43, 49, 03, 09, 15, 21, 27, 33	THAMESIDE FREIGHT DIVERTED VIA THE T&H
	Camden Road East Jn and Canonbury West Jn	Down and Up North London POSSESSION 0010 to 0105 Tue-Fri	ROUTE VIA DUDDING HILL, KEW EAST, NEW KEW JN, BARNES AND CLAPHAM JN TO BE AVAILABLE
	Camden Road East Jn and Caledonian Road and Barnsbury	Down North London Relief/Up North London Reversible POSSESSION 0010 to 0450 Tue-Fri	ACCESS TO THE INCLINE AT CAMDEN JN TO BE MAINTAINED ACCESS AVAILABLE TO/FROM CANONBURY WEST JN UNTIL 0105 TUE-FRI
	Camden Road East Jn and Channelsea North Jn	Down and Up North London POSSESSION 0010 to 0450 Tue-Fri	4V37 TO BE RETIMED AND RUN EARLIER AS 4V36 IN THE PATH OF 4V59 6M85 KETTON TO CRICKLEWOOD TO BE RETIMED 6O26/6X36 TO BE RE-TIMED
	Canonbury West Jn and Highbury Vale Jn	Up/Down Canonbury POSSESSION 0105 to 0450 Tue-Fri	POSSESSION TO BE TAKEN AFTER PASSAGE OF 4L00
	Navarino Road Jn and Reading Lane Jn	Graham Road Curve POSSESSION 0105 to 0450 Tue-Fri	NLL CYCLIC TYPE 2
	Channelsea North Jn and Lea Jn	Up Channelsea Loop POSSESSION 0105 to 0450 Tue-Fri	
	Channelsea North Jn and High Meads Jn	Down and Up High Meads Curve POSSESSION 0105 to 0450 Tue-Fri	
	Lea Jn and High Meads Jn	Down and Up Lea Curve POSSESSION 0105 to 0450 Tue-Fri	
	High Meads Jn and Temple Mills East Jn	Down and Up High Meads Loop POSSESSION 0105 to 0450 Tue-Fri	

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Route	At or Between	Week Numbers	Traffic Remarks
EA1310 EA1330 SW240	NLL CYCLIC TYPE 3	40, 46, 52, 06, 12, 18, 24, 30, 36	MIDLAND MAIN LINE-SOUTHERN FREIGHT SERVICES DIVERTED VIA CARLTON ROAD JN, JUNCTION ROAD JN, SOUTH TOTT', STRATFORD, GOSPEL OAK, WILLESSEN HIGH LEVEL JN AND WEST LONDON LINE
	Acton Wells Jn and South Acton Jn	Down and Up POSSESSION 0030 to 0510 Tue-Fri	
	South Acton Jn and Gunnersbury Jn	Down and Up Richmond POSSESSION 0030 to 0115 Tue-Fri	ALL PLATFORMS AVAILABLE FOR STABLING AT RICHMOND UNLESS SPECIFICALLY REQUESTED AT DPPP (2 PLATFORMS MAXIMUM)
	South Acton and Kew East Jn	Down and Up Kew POSSESSION 0030 to 0510 Tue-Fri	IN THE EVENT THAT ARL UNITS ARE REQUIRED TO OUTSTABLE, A ROUTE TO/FROM LONDON EUSTON MUST BE AVAILABLE AND PROVISION FOR ADDITIONAL STABLING MADE WITHIN THE PLATFORMS THERE
	Kew East Jn and Old Kew Jn	Down and Up Kew Branch POSSESSION 0030 to 0510 Tue-Fri	
	Kew East Jn and New Kew Jn	Down and Up Kew Spur POSSESSION 0030 to 0510 Tue-Fri	NLL CYCLIC TYPE 3
	South Acton Jn and Richmond	Down and Up Richmond POSSESSION 0115 to 0510 Tue-Fri	
	Richmond	Platforms 3-7 POSSESSION 0115 to 0510 Tue-Fri	
	Gunnersbury Jn and Network Rail / LUL (District Line) Boundary	Eastbound District Line POSSESSION 0115 to 0510 Tue-Fri	
	Gunnersbury Jn	Westbound District Line POSSESSION	

	and Network Rail / LUL (District Line) Boundary	0115 to 0510 Tue-Fri	
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Route	At or Between	Week Numbers	Traffic Remarks
EA1360 LN3219 LN3222 MD170 MD715	NLL CYCLIC TYPE 4	41, 47, 01, 07, 13, 19, 25, 31	MIDLAND MAIN LINE-SOUTHERN FREIGHT SERVICES DIVERTED VIA CARLTON ROAD JN, JUNCTION ROAD JN, SOUTH TOTTENHAM, STRATFORD, GOSPEL OAK, WILLESDEN HIGH LEVEL JN AND THE WEST LONDON LINE
	Cricklewood Curve Jn and Dudding Hill Jn	Down and Up Cricklewood Curve POSSESSION 2300 Mon-Thu to 0500 Tue-Fri	
	Dudding Hill Jn and Acton Wells Jn	Down and Up/Down and Up Goods POSSESSION 2300 Mon-Thu to 0500 Tue-Fri	GBRf 6M02 / 6M43 TO RUN VIA NEASDEN WHEN GW103 ACTON WEST TO SOUTHALL RELIEFS ARE BLOCKED 6M93 TO BE RETIMED TO RUN TO BRENT CURVE JN THEN RUN AS BOOKED ON THE SLOW LINES
	Brent Curve Jn and Dudding Hill Jn	Down and Up Brent Curve POSSESSION 2300 Mon-Thu to 0500 Tue-Fri	
	Neasden Jn	Up & Down Branch POSSESSION 2300 Mon-Thu to 0500 Tue-Fri	NEASDEN SIGNAL BOX TO BE OPEN
	Acton Canal Wharf Jn and Territory Boundary (MD170 with Anglia)	Up & Down Acton Branch POSSESSION 2300 Mon-Thu to 0500 Tue-Fri	NLL CYCLIC TYPE 4

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Route	At or Between	Week Numbers	Traffic Remarks
EA1290 EA1300 EA1370 LN165 LN3210	NLL CYCLIC TYPE 5	42, 48, 02, 08, 14, 20, 26, 32	FREIGHT SERVICES DIVERTED VIA FOREST GATE JN, STRATFORD AND CAMDEN ROAD
	Gospel Oak Jn and Woodgrange Park Jn	Down and Up T&H POSSESSION 0050 to 0520 Tue-Sat	ROUTE VIA DUDDING HILL, KEW EAST, NEW KEW JN, BARNES AND CLAPHAM JN TO BE AVAILABLE
	Upper Holloway and Junction Road Jn	Up Reception POSSESSION 0050 to 0520 Tue-Sat	FREIGHT SERVICES FROM FERME PARK TO RUN VIA THE INCLINE
	Gospel Oak	Platform 3 (Gospel Oak) POSSESSION 0050 to 0520 Tue-Fri	NO TRAINS TO BE STABLED IN PLATFORM 3 AT GOSPEL OAK (TUE-FRI)
	Carlton Road Jn and Junction Road Jn	Down and Up Tottenham POSSESSION 0050 to 0520 Tue-Sat	TRAINS TO BE STABLED IN PLATFORM 3 AT GOSPEL OAK (SAT)
	Harringay Jn and Harringay Park Jn	Harringay Curve POSSESSION 0050 to 0520 Tue-Sat	TRAINS TO BE STABLED IN PLATFORM 1 AT BARKING (TUE-SAT)
	Seven Sisters Jn and South Tottenham West Jn	Up/Down Seven Sisters Chord POSSESSION 0050 to 0520 Tue-Sat	ISOLATION OF PLATFORM 1 AT BARKING TO BE WITHDRAWN AT 0450 (TUE-SAT)
	South Tottenham East Jn and Tottenham South Jn	Down and Up Tottenham Curve POSSESSION 0050 to 0520 Tue-Sat	NLL CYCLIC TYPE 5
	Upper Holloway	Cripple Sidings SIDINGS POSSESSION 0050 to 0520 Tue-Sat	

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EA1380 EA1400	LTS CYCLIC TYPE 1	37, 41*, 43, 49, 03, 09, 15, 21, 27, 33	AMENDED TRAIN PLAN STRUCTURE: c2c SERVICES DIVERTED TO LIVERPOOL STREET
	Fenchurch Street and Christian Street Jn	Platforms 1-4/Down and Up Fast/Down and Up Slow POSSESSION 2045 to 0425 Tue-Fri	ARL TO STABLE TRAINS IN PLATFORM 1 AT BARKING
	Christian Street Jn and East Ham Depot L/End	Down and Up Main POSSESSION 2045 Mon-Thu to 2245 Mon-Thu	ARL TO STABLE TRAINS IN PLATFORM 3 AT GOSPEL OAK
	Gas Factory Jn	Up Passenger Loop POSSESSION 2045 to 2245 Mon-Thu	ACCESS AVAILABLE AT EAST HAM DEPOT C/END UNTIL 2245 ACCESS TO/FROM EAST HAM DEPOT UNAVAILABLE FROM 2245
	Bow Jn and Gas Factory Jn	Up Stratford Down POSSESSION 2045 Mon-Thu to 0425 Tue-Fri	LTS CYCLIC TYPE 1
	Christian Street Jn and Upminster L/End	Down and Up Main POSSESSION 2245 Mon-Thu to 0425 Tue-Fri	
	Barking Tilbury Line Jn West and Barking	Down Fenchurch Street/Tilbury POSSESSION 2245 Mon-Thu to 0425 Tue-Fri	
	Barking Tilbury Line Jn and Barking Tilbury Line Jn West	Up Tilbury/Fenchurch Street POSSESSION 2245 Mon-Thu to 0425 Tue-Fri	
	Barking Tilbury Line Jn East and Upney Jn	Down and Up Connecting Line POSSESSION 2245 Mon-Thu to 0425 Tue-Fri	
		* Weeks 41 for Track Barking S&C Follow Up	

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Route	At or Between	Week Numbers	Traffic Remarks
EA1380 EA1400	LTS CYCLIC TYPE 1A Fenchurch Street and East Ham Depot L/End Bow Jn and Gas Factory Jn Gas Factory Jn	40, 46, 52, 06, 12, 18, 24, 30, 36 Platforms 1-4/Down and Up Fast/Down and Up Slow/Down and Up Main POSSESSION 2330 Mon-Thu to 0440 Tue-Fri Up Stratford Down POSSESSION 2330 Mon-Thu to 0440 Tue-Fri Up Passenger Loop POSSESSION 2330 Mon-Thu to 0440 Tue-Fri	c2c SERVICES TO TERMINATE AT BARKING OR UPMINSTER EXCEPT IN WEEK 38 SERVICES TO RUN THROUGH TO LIVERPOOL STREET ACCESS AVAILABLE TO/FROM EAST HAM DEPOT AT C/END LTS CYCLIC TYPE 1A
EA1380	LTS CYCLIC TYPE 1B Barking and Upminster L/End Barking Tilbury Line Jn East and Upney Jn	40*, 46, 52, 06, 12, 18, 24, 30, 36 Down and Up Main POSSESSION 2335 Mon-Thu to 0425 0445 Tue-Fri Down and Up Connecting Line POSSESSION 2335 Mon-Thu to 0425 0445 Tue-Fri * 0110 vice 2335 start in Week 40	TRAINS TO BE DIVERTED VIA RAINHAM AND OCKENDON ACCESS TO BE AVAILABLE TO / FROM DOWN PLATFORM AT UPMINSTER FOR C2C SERVICES No easement to Section 4 times between Upminster and Shoeburyness LTS CYCLIC TYPE 1B

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EA1380 EA1410	LTS CYCLIC TYPE 2	45, 05, 17, 29	c2c SERVICES DIVERTED VIA RAINHAM. ROAD TRANSPORT BETWEEN UPMINSTER AND GRAYS VIA OCKENDON AND UPMINSTER TO PITSEA VIA LAINDON. NO ACCESS TO MAIN LINE PLATFORMS AT PITSEA LTS CYCLIC TYPE 2
	Barking Tilbury Line Jn West and Pitsea	Down and Up Main POSSESSION 2245 Mon-Thu to 0425 Tue-Fri	
	Laindon	Reversing Line POSSESSION 2245 Mon-Thu to 0425 Tue-Fri	
	Barking Tilbury Line Jn East and Upney Jn	Down and Up Connecting Line POSSESSION 2245 Mon-Thu to 0425 Tue-Fri	
	Upminster and Grays	Up & Down Ockendon/Third Line POSSESSION 2245 Mon-Thu to 0425 Tue-Fri	
	Ockendon L/End and Ockendon C/End	Up & Down Loop POSSESSION 2245 Mon-Thu to 0425 Tue-Fri	
	Grays	Platform 3 POSSESSION 2245 Mon-Thu to 0425 Tue-Fri	

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Route	At or Between	Week Numbers	Traffic Remarks
EA1380 EA1410	LTS CYCLIC TYPE B (DOWN MAIN)	39, 51, 11, 23, 35	TRAINS TO TRAVEL OVER THE UP MAIN BI-DIRECTIONAL LINE BETWEEN BARKING AND UPMINSTER
	Barking and Upminster C/End	Down Main POSSESSION 0015 to 0110 Tue-Wed	2B44, 2B48 AND 2D88 TO BE MANUALLY DISPATCHED FROM UPMINSTER PLATFORM 1
	Barking and Upminster C/End	Down and Up Main POSSESSION 0110 to 0445 Tue-Wed	LTS CYCLIC TYPE B (DOWN MAIN)
	Barking Tilbury Line Jn East and Upney Jn	Down and Up Connecting Line POSSESSION 0110 to 0445 Tue-Wed	
	Upminster	Platform 1A POSSESSION 0110 to 0445 Tue-Wed	
	Upminster and Grays	Up & Down Ockendon/Third Line POSSESSION 0110 to 0445 Tue-Wed	
	Ockendon L/End and Ockendon C/End	Up & Down Loop POSSESSION 0110 to 0445 Tue-Wed	
	Grays	Platform 3 POSSESSION 0110 to 0445 Tue-Wed	
	Barking and Upminster C/End	Down Main POSSESSION 0445 to 0525 Tue-Wed	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1380 EA1410	LTS CYCLIC TYPE B (UP MAIN)	39, 51, 11, 23, 35	LTS CYCLIC TYPE B (UP MAIN)
	Upminster C/End and Barking	Up Main POSSESSION 0015 to 0110 Thu-Fri	
	Barking Tilbury Line Jn East and Upney Jn	Down and Up Connecting Line POSSESSION 0015 to 0445 Thu-Fri	
	Barking and Upminster C/End	Down and Up Main POSSESSION 0110 to 0445 Thu-Fri	
	Upminster	Platform 1A POSSESSION 0110 to 0445 Thu-Fri	
	Upminster and Grays	Up & Down Ockendon/Third Line POSSESSION 0110 to 0445 Thu-Fri	
	Ockendon L/End and Ockendon C/End	Up & Down Loop POSSESSION 0110 to 0445 Thu-Fri	
	Grays	Platform 3 POSSESSION 0110 to 0445 Thu-Fri	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1380	LTS CYCLIC TYPE F Southend Central and Shoeburyness Shoeburyness	44 42, 01, 13, 25 Down and Up Main POSSESSION 2355 Mon-Thu to 0355 Tue-Fri Platforms 1-3 POSSESSION 2355 Mon-Thu to 0355 Tue-Fri	RAIL REPLACEMENT ROAD SERVICE BETWEEN SOUTHEND CENTRAL AND SHOEBURYNESSE TRAINS TO TERMINATE IN PLATFORMS 1 AND 4 AT SOUTHEND CENTRAL 12 CAR 357 TO STABLE ON THE REVERSING LINE AT LEIGH-ON-SEA 8 CAR 357 TO STABLE IN THE UP SIDING AT PITSEA 12 CAR 357 TO STABLE IN PLATFORMS 1 AND 4 AT SOUTHEND CENTRAL NETWORK RAIL TO STABLE IN THE DOWN SIDING AT PITSEA ISOLATION NOT PERMITTED c2c TO SUPPLY MANUAL DESPATCH STAFF FOR PLATFORMS 1 AND 4 AT SOUTHEND CENTRAL LTS CYCLIC TYPE F

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1380 EA1390	LTS CYCLIC TYPE G Laindon and Leigh-on-Sea Thames Haven Jn and Pitsea Jn Pitsea Jn and Stanford-le-Hope C/End Pitsea	44, 04, 16, 28 Down and Up Main POSSESSION 0010 to 0430 Tue-Fri Down Tilbury POSSESSION 0010 to 0430 Tue-Fri Up Tilbury POSSESSION 0010 to 0430 Tue-Fri Down Sidings SIDINGS POSSESSION 0010 to 0430 Tue-Fri Up Sidings SIDINGS POSSESSION 0010 to 0430 Tue-Fri	RAIL REPLACEMENT ROAD SERVICE TO OPERATE BETWEEN LAINDON AND LEIGH- ON-SEA, AND STANFORD-LE-HOPE AND PITSEA TRAINS TO TERMINATE / START FROM THE REVERSING LINES AT LAINDON AND LEIGH- ON-SEA AND STANFORD-LE-HOPE PLATFORM 1 ECS OFF 2D84, 2D86 AND 2D88 TO RUN TO EAST HAM DEPOT VIA RAINHAM ECS OFF 2B42, 2B44, 2B45 AND 2B48 TO RUN TO EAST HAM DEPOT VIA UPMINSTER 2D01 AND 2B40 TO BE RETIMED 2B42 TO RUN 10 MINS EARLIER AT 2319 ECS TO RUN EAST HAM DEPOT TO STANFORD-LE-HOPE TO FORM 2D01 ROAD TO BE OPEN AT THE FOLLOWING LC'S: PITSEA HALL LC AND STANFORD-LE- HOPE LC LTS CYCLIC TYPE G

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1390	LTS CYCLIC TYPE 4A Thames Haven Jn and Pitsea Jn	47, 07, 19, 31 Down and Up Tilbury POSSESSION 2220 Mon-Thu to 0420 Tue-Fri	c2c SERVICES TO TERMINATE AT GRAYS ROAD TRANSPORT BETWEEN GRAYS AND PITSEA ROAD TO BE OPEN AT THE FOLLOWING LC'S: PITSEA HALL LC AND STANFORD-LE- HOPE LC LTS CYCLIC TYPE 4A
EA1390	LTS CYCLIC TYPE 4B Stanford-Le-Hope and Pitsea Jn	38, 50, 10, 22, 34 Down and Up Tilbury POSSESSION 2220 Mon-Thu to 0420 Tue-Fri	c2c SERVICES TO TERMINATE AT STANFORD-LE-HOPE ROAD SERVICE TO OPERATE BETWEEN STANFORD-LE-HOPE AND PITSEA 8 CAR CLASS 357 FORMATIONS TO BE RE- TIMED TO PASS AT GRAYS DUE TO A/C FEED ISSUES. DOWN SERVICE TO DEPART 1 MINUTE AFTER THE ARRIVAL OF THE UP SERVICE AT GRAYS ROAD TO BE OPEN AT THE FOLLOWING LC'S: PITSEA HALL LC AND STANFORD-LE- HOPE LC LTS CYCLIC TYPE 4B

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Route	At or Between	Week Numbers	Traffic Remarks
EA1430	GE CYCLIC TYPE ESK 1 Westerfield Jn and Saxmundham	41, 47, 01, 07, 13, 19, 25, 31 Down and East Suffolk/Up & Down East Suffolk POSSESSION 2310 Mon-Wed to 0610 Tue-Thu	GE CYCLIC TYPE ESK 1
EA1430	GE CYCLIC TYPE ESK 2 Saxmundham and Oulton Broad South Beccles	42, 48, 02, 08, 14, 20, 26, 32 Down and Up East Suffolk/Up & Down East Suffolk POSSESSION 2355 Mon-Wed to 0525 Tue-Thu Up Platform POSSESSION 2355 Mon-Wed to 0525 Tue-Thu	GE CYCLIC TYPE ESK 2

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1430 EA1470 EA1510	GE CYCLIC TYPE 129A Reedham and Lowestoft Church Dam LC (UWC) and Reedham Jn Oulton Broad Swing Bridge and Oulton Broad North Jn Lowestoft	38, 44, 50, 04, 10, 16, 22, 28, 34 Down and Up Lowestoft POSSESSION 0015 to 0450 Tue-Thu Reedham Single POSSESSION 0015 to 0450 Tue-Thu Up & Down East Suffolk POSSESSION 0015 to 0450 Tue-Thu Platforms 2-4 POSSESSION 0015 to 0450 Tue-Thu	NO TRAINS TO BE STABLED IN PLATFORMS 2-4 AT LOWESTOFT GE CYCLIC TYPE 129A
EA1470 EA1500 EA1510	GE CYCLIC TYPE 129 Bungalow Lane LC (R/G-X) and Somerleyton Swing Bridge Brundall Jn and Yarmouth Acle Reedham Jn and Yarmouth Yarmouth	37, 43, 49, 03, 09, 15, 21, 27, 33 Down and Up Lowestoft POSSESSION 0020 to 0440 Tue-Thu Acle Single POSSESSION 0020 to 0440 Tue-Thu Up Platform POSSESSION 0020 to 0440 Tue-Thu Reedham Single POSSESSION 0020 to 0440 Tue-Thu Platforms 2-4 POSSESSION 0020 to 0440 Tue-Thu	NO TRAINS TO BE STABLED IN PLATFORMS 2-4 AT YARMOUTH GE CYCLIC TYPE 129

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Route	At or Between	Week Numbers	Traffic Remarks
EA1470 EA1480 EA1490	GE CYCLIC TYPE 132	46, 06, 18, 30	ACCESS TO CROWN POINT VIA RECEPTION ROADS ONLY
	Wensum Jn and Bungalow Lane LC (R/G-X)	Down and Up Lowestoft POSSESSION 0040 to 0440 Tue-Thu	GE CYCLIC TYPE 132
	Whitlingham Jn and Cromer	Down and Up Branch/Up & Down Branch POSSESSION 0040 to 0440 Tue-Thu	
	North Walsham	Down Platform POSSESSION 0040 to 0440 Tue-Thu	
	Cromer	Platforms 1-2 POSSESSION 0040 to 0440 Tue-Thu	
	Cromer and Sheringham	Up & Down Sheringham POSSESSION 0040 to 0440 Tue-Thu	

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Route	At or Between	Week Numbers	Traffic Remarks
EA1530 EA1540	WA CYCLIC TYPE U “IPS-PBO 1in6” Ambroses LC and Chippenham Jn Chippenham Jn and Bury St Edmunds exc' - (BY48/BY2 Signals) Chippenham Jn	39 , 45, 51, 05, 11, 17, 23, 29, 35 Up & Down/Down and Up Bury POSSESSION 2330 Mon-Thu to 0530 Tue-Fri Down and Up Main POSSESSION 2330 Mon-Thu to 0530 Tue-Fri Up Newmarket Down POSSESSION 2330 Mon-Thu to 0530 Tue-Fri	CROSS COUNTRY FREIGHT SERVICES TO BE DIVERTED VIA THE GREAT EASTERN MAIN LINE / NORTH LONDON LINE AND EAST COAST MAIN LINE 4L73 TO BE RETIMED FROM WEMBLEY TO AVOID CLASH WITH 4L96 WA CYCLIC TYPE U

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1161 EA1162 EA1540 EA1550 EA1560 EA1570 EA1580	WA CYCLIC TYPE V "IPS-PBO 1in6"	39 , 45, 51, 05, 11, 17, 23, 29, 35	CROSS COUNTRY FREIGHT SERVICES TO BE DIVERTED VIA THE GREAT EASTERN MAIN LINE / NORTH LONDON LINE AND EAST COAST MAIN LINE 6L31 RETIMED TO DEPART PETERBOROUGH AT 0403 EAST JN 0405 MARCH 0426, ELY WEST CURVE 0444 AND RUN VIA ELY WEST CURVE. ARRIVE MIDDLETON TOWERS AT 0838 6E84 RETIMED TO DEPART MIDDLETON TOWERS AT 0838 6L38 TO BE RETIMED 4L73 TO BE RETIMED FROM WEMBLEY TO AVOID CLASH WITH 4L96 WA CYCLIC TYPE V
	Ely North Jn and Norwood Road AHB Mon/Tue night March East Jn Wed/Thu night	Down Peterborough/Down Main/Up & Down Ely West Curve/Down Goods No. 1 and 2 POSSESSION 2240 Mon-Thu to 0420 Tue-Fri	
	March	Down Sidings SIDINGS POSSESSION 2240 Mon-Thu to 0420 Tue-Fri	
	Norwood Road AHB Mon/Tue night March East Jn Wed/Thu night and Ely North Jn	Up Main/Up Peterborough/Up Reception/Up Goods No.1 POSSESSION 2315 Mon-Thu to 0420 Tue-Fri	
	March East Jn / March West Jn and Whitemoor Jn	East Curve/West Curve POSSESSION 2315 Mon-Tue to 0420 Tue-Wed	
	March	Up Sidings SIDINGS POSSESSION 2315 Mon-Thu to 0420 Tue-Fri	
	Ely Dock Jn and Queen Adelaide LC (AHBC-X) (ELR:BGK/LOR:EA1162)	Down and Up POSSESSION 0035 to 0420 Tue-Fri	
	Ely	Down Goods Loop/Up Platform Loop/Up Goods Loop POSSESSION 0035 to 0420 Tue-Fri	
	Ely Dock Jn and Ambroses LC	Up & Down POSSESSION 0035 to 0420 Tue-Fri	
	Ely North Jn and Queen Adelaide LC (AHBC-X) (ELR:ETN/LOR:EA1580)	Down and Up Norwich POSSESSION 0035 to 0420 Tue-Fri	

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Route	At or Between	Week Numbers	Traffic Remarks
EA1560 EA1570 LN135	WA CYCLIC TYPE W “IPS-PBO 1in6” Spital Jn and March East Jn March West Jn and Whitemoor Jn Peterborough March East Jn and Spital Jn Peterborough Station Peterborough	39 , 45, 51, 05, 11, 17, 23, 29, 35 Up March/Up POSSESSION 2250 Mon-Tue to 0405 Tue-Wed West Curve POSSESSION 2250 Mon-Tue to 0405 Tue-Wed Platform 6 POSSESSION 2250 Mon-Tue to 0405 Tue-Wed Down/Down March POSSESSION 2330 Mon-Tue to 0500 Tue-Wed Two Way Goods Line POSSESSION 2330 Mon-Tue to 0500 Tue-Wed Platform 7 POSSESSION 2330 Mon-Tue to 0500 Tue-Wed	CROSS COUNTRY FREIGHT SERVICES TO BE DIVERTED VIA THE GREAT EASTERN MAIN LINE / NORTH LONDON LINE AND EAST COAST MAIN LINE. 6L31 RETIMED TO DEPART PETERBOROUGH AT 0403 EAST JN 0405 MARCH 0426, ELY WEST CURVE 0444 AND RUN VIA ELY WEST CURVE. ARRIVE MIDDLETON TOWERS AT 0838 6E84 RETIMED TO DEPART MIDDLETON TOWERS AT 0838 6L38 TO BE RETIMED 4L73 TO BE RETIMED FROM WEMBLEY TO AVOID CLASH WITH 4L96 WA CYCLIC TYPE W